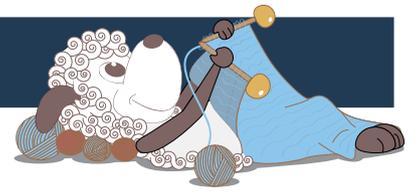


# Heidi - a feminine cardigan



Design: Hanne Pjedsted

A soft and feminine cardigan in a scrumptious combination of one strand of alpaca and one strand of lambs wool. A must have and perfect for when there's a chill in the air. The cardigan wraps itself around the body because of the waist shaping which can be worked in two ways - pronounced or light. Increases and decreases are worked in a way that emphasizes the figure flattering lines of the cardigan.

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English translation: Signe Strømgaard

## Sizes

XS/approx. 34 (S/approx. 36-38) M/approx. 38-42 (L/approx. 44)

## Measurements

Chest, sweater: 88 (92) 98 (104) cm  
Total length: 52 (54) 57 (60) cm  
Sleeve length: 42 (44) 45 (47) cm

## Materials

250 (300) 350 (400) g of Indiecita by Filcolana in color 401 (light grey melange) and 150 (200) 250 (300) g of New Zealand lammeuld by Filcolana in color 950 (light grey)  
(Note: the sweater is worked with one strand of each yarn held together throughout)  
4,5 mm straight needles and circular needle at least 60 cm long.  
7 (7) 8 (8) buttons (that fit the size of the buttonholes)



**Gauge**

19 sts on a 4,5 mm needle in stockinette stitch measures 10 cm width-wise.

**Broken rib** (for the hem, cuffs and neck edge):

Row 1 (WS): \*k1, p1\*. Repeat from \* to \*. End with k1.

Row 2 (RS): Knit all sts.

Repeat these 2 rows.

**Front edges** (8 sts):

At the beginning of each row: Slip 2 sts with the yarn in front, k6.

At the end of each row: k8.

**Abbreviations**

**M1:** Make 1. Increase one stitch by lifting the chain between sts onto the left needle and knitting it through the back loop.

**Skp:** slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit stitch.

**Sskp:** slip 1 stitch, slip 1 more stitch, knit the next stitch, pass the 2 slipped stitches over the knit stitch.

**Kfb:** Knit one stitch in the front of the stitch, then one in the back of the same stitch.

**Directions for knitting**

The cardigan is worked in stockinette stitch with garter stitch front edges and broken rib at the hem, cuffs and neckline.

It is worked as seamlessly as possible and in one piece with minimal finishing at the end.

Work starts with the sleeves.

**Sleeves**

Cast on 39 (41) 43 (45) sts on a 4,5 mm needle. Work back and forth, starting with 2 rows of stockinette stitch (the first row is a WS row). Then work 9 rows of broken rib. Continue in stockinette stitch while working the first set of increases (RS): k1, m1, knit until there is 1 st left on the needle, m1, k1. Repeat the increases every 6th row another 4 (5) 6 (7) times, then every 8th row a total of 6 (7) 8 (8)

times (61 (67) 73 (77) sts on the needle).

Work straight in stockinette stitch until the sleeve measures 42 (44) 45 (47) cm, then bind off 3 sts at the beginning of the next 2 rows. 55 (61) 67 (71) sts on the needle.

Let the sleeve rest and work a second sleeve the same way as the first.

**Body**

Cast on 175 (185) 197 (207) sts on a 4,5 mm circular needle. Work back and forth, and work the hem the same way as the cuff of the sleeve, remembering to work the first and last 8 sts of each row as described in "Front edges".

Continue in stockinette stitch (apart from the front edges) when a total of 11 rows have been worked for the hem.

Work straight in stockinette stitch until the work measures 5 (6) 6 (7) cm. Place markers for the waist decreases on a RS row:

Work 8 sts for the right front edge (all sizes), knit 19 (20) 22 (23) sts, place marker (= right front decrease), knit 19 (20) 22 (23) sts, place marker (= side seam decrease), knit 19 (20) 21 (23) sts, place marker (= right back decrease), knit 45 (49) 51 (53) sts, place marker (= left back decrease), knit 19 (20) 21 (23) sts, place marker (= side seam decrease), knit 19 (20) 22 (23) sts, place marker (= left front decrease), knit 19 (20) 22 (23) sts + 8 sts for left front edge.

**Decreases for pronounced waist shaping (RS):**

Work to 2 sts before first marker, skp, slip marker, k2tog. Repeat at all markers to end of row. (12 sts have been decreased).

**Decreases for light waist shaping (RS):**

Work to 2 sts before first marker, skp, slip marker. Repeat at the first 3 markers. At the last 3 markers (after center back): Work to marker, slip marker, k2tog. (6 sts have been decreased).

Work the decreases a total of 3 times every 8th (8th) 10th (10th) row, while AT THE SAME TIME working a buttonhole at the right front edge on the same row as the second set of decreases:

Work the first 3 sts of the front edge, bind off 4 sts, work to end of row. On the next row: Cast on 5 new sts over the bound off sts, move the last cast on st to the left needle, knit the cast on stitch together with the next stitch through the back loops to avoid having a loose, elongated stitch at the corner of the buttonhole.

Work a buttonhole every 20th (22nd) 22nd (24th) row. The final buttonhole is worked at the neck edge.

Work 15 (17) 17 (19) rows straight in stockinette stitch after all 3 decrease rows have been completed.



Now increases are worked:

**Increases for pronounced waist shaping (RS):**

Work to 1 st before first marker, kfb, slip marker, kfb. Repeat at all markers to end of row. (12 sts have been increased).

**Increases for pronounced waist shaping (RS):**

Work to 1 st before first marker, kfb, slip marker. Repeat at the first 3 markers. At the last 3 markers (after center back): Work to marker, slip marker, kfb. (6 sts have been increased).

Work the decreases a total of 3 times every 14th (16th) 16th (18th) row.

(Remember to work buttonholes along the way!). There are now again 175 (185) 197 (207) sts on the needle. (Yes: 175 (185) 197 (207))

Work 5 (5) 5 (6) cm straight in stockinette stitch or desired length to armhole. Bind off for the armholes (3sts on either side of both side seam markers): Work to 3 sts before second marker, bind off 6 sts (remove marker), work to 3 sts before the fifth marker, bind off 6 sts (remove marker). Place the sleeve sts on the needle over where sts have been bound off for the armholes.

**Decreases at the armholes**

Decrease from the RS of the work, where front and back meets the right sleeve: Work until there are 4 sts left on the right front, sskp, k2, k2tog. Work across sleeve until there are 3 sts left, skp, k2, k3tog. Work across sleeve, then work decreases in the same way at the left sleeve (12 sts have been decreased). Repeat these decreases every RS row a total of 3 (3) 3 (4) times. There are now 37 (39) 43 (43) sts on each front, 49 (55) 61 (63) sts on each sleeve and 65 (71) 75 (77) sts on the back. Work 3 rows with no decreases.

Work decreases on the next row: Work to 3 sts before first marker, skp, k2, k3tog. Work across sleeve until there are 4 sts left, sskp, k2, k2tog. Repeat at the left sleeve. (12 sts have been decreased) Repeat these decreases every 4th row another 2 times (all sizes). There are now 34 (36) 40 (40) sts on each front, 37 (43) 49 (51) sts on each sleeve and 59 (65) 69 (71) sts on the back.

Work fronts and back straight and only decrease on the sleeves:  
Work across right front to sleeve, k1, k3tog, work until there are 4 sts left on sleeve, sskp, k1. Work across back with no decreases, repeat sleeve decreases for left sleeve as described for right sleeve. Repeat these decreases every 4th row a total of 3 (4) 5 (5) times. There are now 34 (36) 38 (41) sts on each front, 25 (27) 29 (31) sts on each sleeve and 59 (65) 69 (71) sts on the back.

**Neck edge:** Place the stitches for the neck edge on stitch holders (alternatively: bind them off): Place the 8 sts for each front edge + the next 7 (7) 8 (8) sts from either front on stitch holders. Next place 4 (5) 5 (6) sts at the beginning of the next 2 rows on holders, then 2 sts at the beginning of the next 2 rows. (= 13 (14) 17 (19) sts + 8 front edge sts on each holder). Then place 1 st at the beginning of each row on the stitch holders until there are 9 (10) 11 (12) sts left on each front. Work straight.

AT THE SAME TIME as moving the stitches to stitch holders, the decreases on the sleeves continue as described above, only now on every other row until there are 13 (15) 17 (17) sts left on each sleeve.

Bind off the sleeve stitches and continue straight on each front separately. Work 4 (4) 6 (6) rows for each shoulder. Let the stitches rest.

Bind off the center 23 (25) 27 (29) of the back. Then finish each side of the back separately.

Bind off another 4, then 3 then 2 sts either side at the neck edge, then 1 st only until there are 9 (10) 11 (12) sts left on each shoulder. Work straight until the back shoulders have the same height as the front shoulders. Knit the front and back shoulders off together using a 3-needle bind-off.

**Finishing**

Lightly steam the work. Sew the sleeve seams, then sew together the bound off stitches at the armholes. Sew the top of the sleeve to the shoulders.

**Neck edge**

Knit 1 st each stitch on the stitch holders onto the needle or pick up and knit 1 st for each bound off stitch (depending on whether sts were placed on stitch holders or bound off). Then pick up and knit 1 st for every 2 rows along the side of the neck and at the same time work the last buttonhole. Work in broken rib within the 8 st for front edges in both sides. Work a total of 7 (7) 9 (9) rows in broken rib, then work 2 rows in stockinette stitch across all sts (including the front edges). Bind off.

Lightly steam all seams. Rinse the cardigan, put it through a (dry) spin cycle in the washing machine, and then lay it on a flat surface to dry.