Frida - a lovely, light circular yoke blouse

Design: Rachel Søgaard

When knitting with our wonderful wool yarn Saga it almost feels like working with an infinite skein of yarn because it is spun so light. This also means that the finished blouse is light enough to be worn even on warmer days. Frida has a circular yoke with a beautiful pattern and three-quarter length sleeves that make is perfect for the warmer months.

Materials
200 (250) 250 (250) g Saga by Filcolana in colour 257 (Mint)
2,5 mm and 3 mm circular needle, 80 cm
2,5 mm and 3 mm double-pointed needles
Stitch markers

Sizes
S (M) L (XL)

Measurements
Body, chest: 80-88 (89-96) 97-104 (105-112) cm
Body, blouse: 112 (121) 130 (139) cm
Sleeve length: 33 cm (all sizes)
Total length to shoulders: approx. 51 (52) 53 (54) cm

Gauge
27 sts and 40 rows in stockinette stitch on 3 mm needles = 10 x 10 cm.

Special abbreviations
Skp: Slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit stitch.

Special techniques
Short rows - GSR (German short rows): Work to

where the turn needs to be, turn, then slip the first stitch purl-wise with the yarn held in front. Bring the working yarn up and over the needle and down on the other side, pulling hard enough on the yarn to make the stitch on the needle look like a double stitch (the 2 legs of the stitch are visible). Continue row as pattern describes.

When working across the stitch that looks like a double stitch, work it as 1 stitch, either knitting or purling the 2 legs together, as the pattern describes.
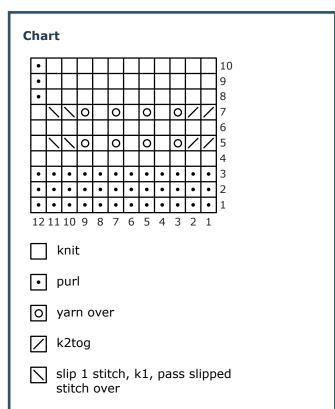
Directions for knitting

The blouse is worked from the bottom up. The sleeve and body are worked in the round to the armholes. Then the parts are joined for the yoke, the first part of which is worked with raglan decreases, after which short rows are worked to raise the back, and then the pattern. Once the pattern has been worked, decreases are worked across the top section of the yoke and then a rib edge, the same as at the hem.

Body

Cast on 304 (328) 352 (376) sts on a 2,5 mm circular needle. Join in the round and place a marker for the beginning of the round and a second marker after 152 (164) 176 (188) sts. Work 5 cm in rib (k1, p1).
Purl 1 round.
Change to a 3 mm circular needle and continue in stockinette stitch until the body measures 34 (35) 36 (37) cm.
Bind off for the armholes on the next round as follows: Bind off 8 (9) 10 (11) sts, knit to 8 (9) 10 (11) sts before next marker, bind off 16 (18) 20 (22) sts,

Chart

•												10
•												9
•												8
	\	\	O		O		O		O	/	/	7
												6
	\	\	O		O		O		O	/	/	5
												4
•	•	•	•	•	•	•	•	•	•	•	•	3
•	•	•	•	•	•	•	•	•	•	•	•	2
•	•	•	•	•	•	•	•	•	•	•	•	1

12 11 10 9 8 7 6 5 4 3 2 1

☐ knit

⊡ purl

⊡ yarn over

⊿ k2tog

⧄ slip 1 stitch, k1, pass slipped stitch over

knit to the last 8 (9) 10 (11) sts of the round, bind off these sts.
Let the work rest, while the sleeves are being worked.

Sleeves

Cast on 80 (88) 96 (104) sts on 2,5 mm double-pointed needles. Join in the round and place a marker for the beginning of the round. Work 5 cm in rib (k1, p1). Purl 1 round.
Change to 3 mm double-pointed needles and continue in stockinette stitch until the sleeve measures 33 cm or desired length to armhole.
Bind off sts for the armhole on the next round as follows: Bind off 8 (9) 10 (11) sts, knit to the last 8 (9) 10 (11) sts of the round, bind off these sts.
There are now 64 (70) 76 (82) sts on the needle.

Let the work rest and knit a second sleeve the same way as the first.

Yoke

Join the sleeve and body on the 3 mm circular needle by placing the sleeve over where sts were bound off for the armholes on either side of the body. Place markers the 4 places where sleeves and body meet to mark where decreases are worked. There are now a total of 400 (432) 464 (496) sts on the needle.
Now work raglan decreases as follows: *Skp, knit to 2 sts before next marker, k2tog*, repeat from * to * 3 more times. (8 sts have been decreased).
Work decreases as established every round 9 (8) 8 (7) more times. There are now a total of 320 (360) 392 (432) sts on the needle.
Now work short rows as follows: Knit to 10 sts before the second marker of the round (between left sleeve and front), turn (using the German Short Row technique). Purl to 10 sts before the third marker of

the round, turn.

Continue working back and forth, each time turning 10 sts after the last turn on the same side, until a total of 4 turns have been worked on either side. After the last turn, 6 (8) 10 (12) rounds are worked in stockinette stitch, knitting together the 2 "legs" of the each turning stitch on the first round.

Remove 3 markers, leaving only the marker that marks the beginning of the round.

Work decreases on the next round as follows: 0 (0) 12 (0) r, *2 r sm, 14 (13) 17 (16) r*, repeat from * to * to end of round. There are now a total of 300 (336) 372 (408) sts on the needle.

Knit 2 rounds.

Now work charted pattern, starting as indicated in the chart and repeating the pattern a total of 25 (28) 31 (34) times pr. round. Work the 10 rows of the chart a total of 3 times, then work row 1-3 once more.

Knit 1 round.

Work decreases on the next round as follows: *K2tog, k7, skp, k1*, repeat from * to * to end of round. There are now a total of 250 (280) 310 (340) sts on the needle.

Knit 1 round.

Work decreases on the next round as follows: *K2tog, k5, skp, k1*, repeat from * to * to end of round. There are now a total of 200 (224) 248 (272) sts on the needle.

Knit 5 rounds.

Work decreases on the next round as follows: *K2tog, k3, skp, k1*, repeat from * to * to end of round. There are now a total of 150 (168) 186 (204) sts on the needle.

Knit 4 rounds.

Decrease 0 (10) 20 (30) sts evenly across the next round. There are now a total of 150 (158) 166 (174) sts on the needle.

Change to a 2,5 mm circular needle. Purl 1 round, then knit 1 round, then work 2 cm in rib (k1, p1). Bind off in rib.

Finishing

Sew the little hole under each sleeve and sew the top of the sleeves to the shoulders.

Gently wash the work according to the directions of the yarn label and lay it to dry on a flat surface.