

Lykke - a feminine sweater with a round yoke



Design: Rachel Søgaard

This must have been just the kind of sweater the beautiful and perky young ladies in the classic Danish films of the 50's and 60's wore when going on skiing trips up north. This is a feminine sweater design with the perfect vintage feel and a round yoke with a graphic colourwork pattern.

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English translation: Signe Strømgaard

Materials

Colour A: 350 (400) 450 (500) g Peruvian Highland Wool by Filcolana in colour 801 (Sea green mélange)
Colour B: 100 (150) 150 (200) g Peruvian Highland Wool by Filcolana in colour 101 (Natural white)
5 mm circular needle, 80 cm and 40 cm
Optional: 5,5 mm circular needle, 80 cm for stranded knitting
5 mm double-pointed needles
Stitch markers

Sizes

S (M) L (XL)

Measurements

Body, chest: 80-88 (89-96) 97-104 (105-112) cm
Sweater, chest: 92 (101) 110 (119) cm
Sleeve length: 44 (45) 46 (47) cm
Total length: 60 (63) 66 (69) cm

Gauge

18 sts and 23 rows in stockinette stitch on a 5 mm needle = 10 x 10 cm.

Please note: Achieving the same gauge while switching between plain stockinette stitch and stranded knitting is not easy. Going up a to a larger needle size for the stranded section can solve the problem. Make sure to check the gauge several times along the way.



Special abbreviations

M1L: from the back, lift the horizontal strand between stitches with the left needle and knit through the front loop.

M1R: from the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

tbl: through the back loop (twisted stitch)

skp: slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit stitch.

Special techniques

Short rows - see page 3

Directions for knitting

Lykke is worked from the bottom up. First the body is worked in the round to the armholes, then the sleeves are worked in the same way. Then the parts are joined for the yoke, which is worked in the round in the charted pattern. Short rows are worked at the end to shape the neckline.

Body

Cast on 166 (182) 198 (214) sts on a 5 mm circular needle with colour A and the long-tail cast-on method. Join in the round and place a marker for the beginning of the round. Work 6 cm of k1 tbl, p1 twisted rib.

Now continue in stockinette stitch until the work measures 39 (40) 41 (42) cm.

Bind off for the armholes on the next round: Bind off 8 sts, knit until there are 75 (83) 91 (99) sts on the needle after the bound off sts, bind off 8 sts, knit to end of round.

Let the body rest on the needle while the sleeves are worked.

Sleeves

Cast on 38 (40) 42 (44) sts on 5 mm double-pointed needle with colour A and the long-tail cast-on method. Join in the round and place a marker for the beginning of the round. Work 6 cm of k1 tbl, p1 twisted rib.

Now continue in stockinette stitch while working an increase at the beginning of the first round.

Work as increase round on the 6th round as follows: K1, M1R, knit to end of round, M1L.

Work an increase round every 6th (6th) 6th (5th) round a total of 13 (14) 15 (16) times.

There are now 65 (69) 73 (77) sts on the needle.

Work straight until the sleeve measures 45 (46) 47 (48) cm, or desired length.

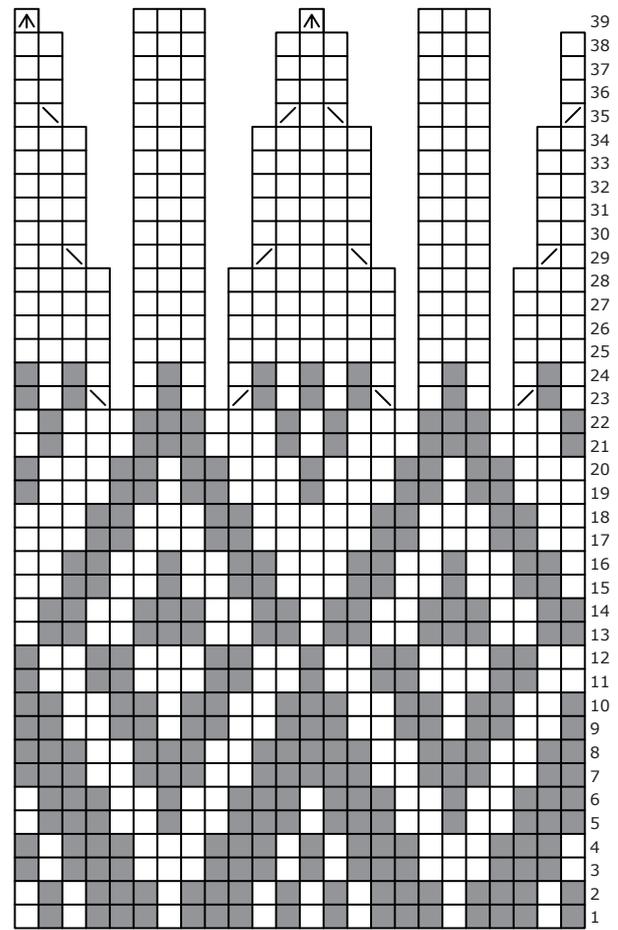
Next round: Bind off 4 sts, knit to the last 4 sts of the round, bind off 4 sts.

Work a second sleeve the same way as the first.

Yoke

Join the sleeves to the body on a 5 mm circular needle over where sts were bound off for the armholes. There are a total of 264 (288) 312 (336) sts on the needle. Place a marker each of the 4 places where

Chart



-  k2tog
-  skp
-  slip 2 sts together as if knitting them together, k1, pass slipped stitches over
-  knit with colour A
-  knit with colour B

body and sleeves meet. Begin the round at the marker between the right sleeve and the back. Work in the round in colour A while working the following decreases: *K2tog, knit to 2 sts before the marker, skp, slip marker*. Repeat from * to * 3 more times.

Work decreases as established every other round 2 more times. There are now 240 (264) 288 (312) sts on the needle.

Leave the markers in, while the pattern is worked.

Note: To maintain gauge while working the pattern,

it might be necessary to change to a 5,5 mm circular needle.

Start as indicated for your size and work in the charted pattern, working decreases as shown. Work the following short rows after the 25th row of the pattern: Knit in colour B to the 2nd marker (between left sleeve and front), turn and purl to the marker between the front and the right sleeve, turn. (These 2 rows are not part of the charted pattern). Work in the round again. Note that the beginning of round marker will need to be moved 1 stitch in the 29th row to make the decrease possible. Work the following short rows after the 31st row of the pattern: Knit to 10 sts before the last turn at the left sleeve, turn, purl to 10 sts before the last turn at the right sleeve, turn. Work in the round again. Work the following short rows after the 35st row of the pattern: Knit to 10 sts before the last turn at the left sleeve, turn, purl to 10 sts before the last turn at the right sleeve, turn. Continue in the round until all rows of the charted pattern have been worked. There are now 80 (88) 96 (104) sts on the needle. Work 7 rounds of k1 tbl, p1 twisted rib. Purl 1 round, then work another 7 rounds of twisted rib. Bind off.

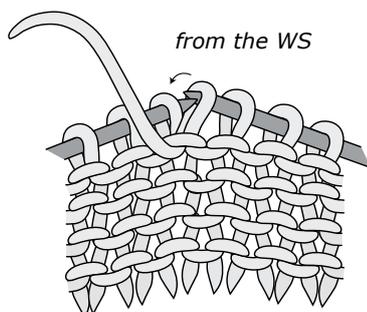
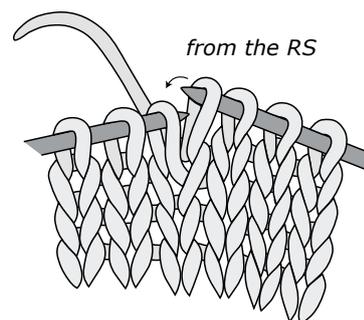
Finishing

Fold the neck edge to along the purl round and sew the bind off edge to the WS of the work using stretchy stitches. Weave in all ends. Sew the little hole under each sleeve. Gently wash the finished cardigan, put it through a (dry) spin cycle and lay it on a towel to dry.



Special techniques: Short rows with shadow twins

Turn the work towards you. Insert the right needle through the "back of the neck" of the stitch below the next stitch on the needle as if to knit. Pull the working yarn through to create a stitch. Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.



Insert the right needle into the "back of the neck" of the stitch below the next stitch on the needle as if to purl. Pull the working yarn through to create a stitch. Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.