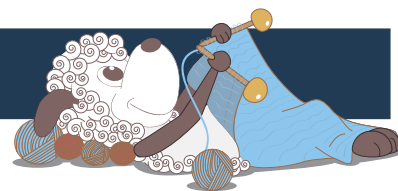


# Jessica - a gorgeous blouse



Design: Sanne Bjerregaard

*Jessica is an interpretation of the kids design "Kongelunden" from our AW20 collection. These fine little cables can almost be called the designer's signature pattern, as they appear in many of her designs, where they are chosen both for their delicate look and how very simple they are to knit. On Jessica the designer has chosen to place the cables down the centre of the front and back, and also used them for the cuffs instead of traditional rib. The balloon sleeves with puff at the shoulders give the design a nice dramatic flair.*

4<sup>th</sup> English edition - June 2021 © Filcolana A/S  
English translation: Signe Strømgaard

## Materials

(200) 200 (250) 250 g Saga by Filcolana in colour 131 (Dragon Fruit)  
(150) 150 (175) 175 g Tilia by Filcolana in colour 360 (Azalea)  
3,5 mm and 4 mm circular needle, 40 cm and 60-80 cm  
3,5 mm and 4 mm double-pointed needles (if the Magic Loop technique is not used)  
Stitch markers: 4 yellow and 4 green (the colours are not important as long as the markers can be distinguished from each other)  
No. 3 crochet hook

## Sizes

(S) M (L) XL

## Measurements

Body, chest: (84-90) 91-96 (97-106) 107-113 cm  
Sweater, chest: (93) 98 (109) 116 cm



Length (measured from the top of the shoulder): (53) 55 (58) 60 cm  
Sleeve length: (51) 52 (52) 53 cm

## Gauge

22 sts x 31 rows in stockinette stitch on 4 mm needles with 1 strand of each yarn held together = 10 x 10 cm.

## Special abbreviations

**Skkp:** Slip 1 stitch knit-wise, k2, pass the slipped stitch over the 2 knitted stitches.

**M1L (Make 1 Left):** From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

**M1R (Make 1 Right):** From the back, lift the horizontal strand between stitches with the left needle and knit through the front loop.

**M1Lp (Make 1 Left purl):** From the back, lift the horizontal strand between stitches with the left needle and purl it.

**M1Rp (Make 1 right purl):** From the front, lift the horizontal strand between stitches with the left needle and purl it through the back loop.

**Skp:** slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit stitch.

## Special techniques

**Short rows - GSR (German short rows):** Work to where the turn needs to be, turn, then slip the first stitch purl-wise with the yarn held in front. Bring the working yarn up and over the needle and down on the other side, pulling hard enough on the yarn to make the stitch on the needle look like a double stitch (the 2 legs of the stitch are visible). Continue row as pattern describes.

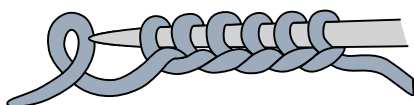
When working across the stitch that looks like a double stitch, work it as 1 stitch, either knitting or purling the 2 legs together, as the pattern describes.

## Directions for knitting

The sweater is worked seamlessly from the top down with increases around the shoulder stitches. To ensure that the shoulders do not pull together and ruche because of the increases, yarn overs are worked

### Backward loop cast-on

Form a loop with the yarn, so the end attached to the skein of yarn is in front of the end attached to the sts on the needle, insert the right needle through the front of the loop and pull tight so the loop becomes a stitch around the needle. Repeat until you have the desired number of stitches.



between the shoulder stitches every other row. On the next row the yarn over is dropped from the needle to provide extra ease in the shoulder stitches and maintain correct gauge.

Once the total shoulder width is achieved, the work is divided into front and back and each section is worked separately to the bottom of the armholes. Then front and back are joined again and the body is worked in the round to the hem. Stitches are picked up and knitted along the armholes and the sleeves are worked down from there.

## Yoke

Cast on (82) 82 (96) 96 sts on a 4 mm circular needle with one strand of each yarn held together. Join in the round and place the following markers on the first round: Place green marker, p4, [k3, p4] (5) 5 (6) 6 times, place green marker, k2 (shoulder sts), place green marker, p4, [k3, p4] (5) 5 (6) 6 times, place green marker, k2 (shoulder sts).

**Round 1:** P4, [skkp, p4] (5) 5 (6) 6 times, slip marker, k2 (shoulder sts), slip marker, p4, [skkp, p4] (5) 5 (6) times, slip marker, k2 (shoulder sts).

**Round 2:** P4, [k1, yarn over, k1, p4] (5) 5 (6) 6 times, slip marker, k2, slip marker, p4, [k1, yarn over, k1, p4] (5) 5 (6) times, slip marker, k2.

**Round 3:** \*P4, [k3, p4] (5) 5 (6) 6 times, slip marker, k2, slip marker\*, repeat from \* to \* to end of round.

**Round 4:** Work as Round 3.

Repeat Round 1-4 once more. Work Round 1 one last

time.

Now work short rows to raise the neck as follows:

**Row 1 (RS):** M1L, place yellow marker, p1, turn.

**Row 2:** Work short row stitch, slip yellow marker, p1, M1Rp, slip green marker, p2, slip green marker, M1Lp, place yellow marker, k4, \*p1, yarn over, p1, k4\*, repeat from \* to \* to green marker, place yellow marker, M1Rp, slip green marker, p2, slip green marker, M1Lp, place yellow marker, k1, turn.

**Row 3:** Work short row stitch, slip marker, k1, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, k1, slip marker, p4, \*k3, p4\*, repeat from \* to \* to yellow marker, slip marker, k1, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p2, turn.

**Row 4:** Work short row stitch, knit to yellow marker, slip marker, purl to green marker, M1Rp, slip marker, p1, let yarn over fall of needle, p1, slip marker, M1Lp, purl to yellow marker, slip marker, k4, \*p3, k4\*, repeat from \* to \* to yellow marker, slip marker, purl to green marker, M1Rp, slip marker, p1, let yarn over fall of needle, p1, slip marker, M1Lp, slip marker purl to yellow marker, slip marker, k2, turn.

**Row 5:** Work short row stitch, purl to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, \*skkp, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p3, turn.

**Row 6:** Work short row stitch, knit to yellow marker, slip marker, purl to green marker, M1Rp, slip marker, p1, let yarn over fall of needle, p1, slip marker, M1Lp, purl to yellow marker, slip marker, k4, \*p1, yarn over, p1, k4\*, repeat from \* to \* to yellow marker, slip marker, purl to green marker, M1Rp, slip marker, p1, let yarn over fall of needle, p1, slip marker, M1Lp, purl to yellow marker, slip marker, k3, turn.

**Row 7:** Work short row stitch, purl to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, \*k3, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, turn.

**Row 8:** Work short row stitch, knit to yellow marker, slip marker, purl to green marker, M1Rp, slip marker, p1, let yarn over fall of needle, p1, slip marker, M1Lp, purl to yellow marker, slip marker, k4, \*p3, k4\*, repeat from \* to \* to yellow marker, slip marker, purl to green marker, M1Rp, slip marker, p1, let yarn over fall of needle, p1, slip marker, M1Lp, purl to yellow marker, slip marker, k4, turn.

**Last short row (RS, row 1 of cable pattern):**

Work short row stitch, purl to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, \*skkp, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1.

The short rows are now completed and there are (106) (106) (118) 118 sts on the needle.

Now continue in the round from the RS, while continuing to work increases on both sides of the shoulder sts as follows:

**Round 2:** Slip marker, M1L, knit to yellow marker, slip marker, p4, \*k1, yarn over, k1, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, let yarn over fall of needle, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, \*k1, yarn over, k1, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, let yarn over fall of needle, k1.

**Round 3:** Slip marker, M1L, knit to yellow marker, slip marker, p4, \*k3, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, \*k3, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, yarn over, k1.

**Round 4:** Work as Round 3, but let the yarns overs between the shoulder sts fall off the needle.

**Round 1:** M1Lk, knit to yellow marker, slip marker, p4, \*skkp, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, let yarn over fall of needle, k1, slip marker, M1L, knit to yellow marker, slip marker, p4, \*skkp, p4\*, repeat from \* to \* to yellow marker, slip marker, knit to green marker, M1R, slip marker, k1, let yarn over fall of needle, k1.

There are now a total of (120) 120 (132) 132 sts on the needle.

Repeat these 4 rounds of the pattern until a total of (23) 25 (25) 27 increases have been worked on each side of the shoulder sts.

End the last round with an increase right before the shoulder sts on the right side, meaning the shoulder sts and the stockinette stitch section is not worked.

Now divide the work so back and front can be worked separately to the bottom of the armholes.

**Next round:** Bind off the 2 shoulder sts, work in stockinette stitch and cable pattern to the next 2 shoulder sts, bind off these 2 sts, then work in stockinette stitch and cable pattern and stockinette stitch to end of round. There are now 85 (89) 96 (100) sts on front and back.

The pattern is now worked back and forth on the front and back. Take care to continue the pattern with the correct row.

The cable pattern worked back and forth:

**Row 1:** P4, [skkp, p4] (5) 5 (6) 6 times.

**Row 2:** K4, [p1, yarn over, p1, k4] (5) 5 (6) 6 times.

**Row 3:** Work the sts as they present, knitting the yarn overs.

**Row 4:** Work the sts as they present.

Repeat Row 1-4.

### Back

Work back and forth in stockinette stitch and cable pattern until the back measures (11) 11 (11) 12 cm from the shoulder sts, measured at the edge. End with Row 4 of the cable pattern.

**Increase row (RS):** K1, M1R, work in pattern to the last stitch, M1L, k1.

Work 3 rows as the sts present.

Repeat these 4 rows (2) 2 (3) 3 more times. End on a WS row.

Now work increases on every RS row a total of (6) 6 (5) 7 times. End on a RS row. There are now (32) 34 (34) 38 sts in the stockinette stitch section at either side of the cable pattern. Break the yarn.

### Front

Work as the back. End on a RS row. Do not break the yarn.

### Body

Now join front and back to work the body in the round. The pattern is now worked from the RS again as at the beginning:

Do not turn the work, but cast on (3) 4 (6) 7 sts in extension of the front sts using the backward loop technique, place marker for beginning of round, cast on (3) 4 (6) 7 more sts, continue in pattern across the back sts and cast on (6) 8 (12) 14 sts in extension of the back sts using the backward loop technique, work in pattern across front to marker for beginning of round. There are now a total of (218) 230 (252) 272 sts on the needle.

Continue in the round in pattern across all sts until the body measures approx. (21) 23 (25) 25 cm from the bottom of the armhole. End on Row 1 of the pattern. Remove beginning of round marker and work in stockinette stitch to cable section, place beginning of round marker.

Change to a 3,5 mm circular needle.

### Size S

**Decrease round:** \*P2tog, p2tog, k2\*, repeat from \* to \* to next stockinette stitch section, \*\*k2tog, k3\*\*, repeat from \*\* to \*\* to the last 8 sts of the stockinette stitch section, k2tog, k1, k2tog, k1, k2tog, repeat from \* to \* to next stockinette stitch section, repeat from \*\* to \*\* to the last 5 sts of the stockinette stitch section, k2tog, k1, k2tog. There are now a total

of 152 sts on the needle.

### Size M

**Decrease round:** \*P2tog, p2tog, k2\*, repeat from \* to \* to next stockinette stitch section, k4, \*\*k2tog, k2\*\*, repeat from \*\* to \*\* to cable section, repeat from \* to \* to next stockinette stitch section, repeat from \*\* to \*\* to end of round. There are now a total of 160 sts on the needle.

### Size L

**Decrease round:** \*P2tog, p2tog, k2\*, repeat from \* to \* to next stockinette stitch section, k6, \*\*k2tog, k2\*\*, repeat from \*\* to \*\* to the last 2 sts of the stockinette stitch section, k2, repeat from \* to \* to next stockinette stitch section, repeat from \*\* to \*\* to the last 2 sts of the stockinette stitch section, k2. There are now a total of 176 sts on the needle.

### Size XL

**Decrease round:** \*P2tog, p2tog, k2\*, repeat from \* to \* to next stockinette stitch section, k2tog, k1, k2tog, \*\*k2tog, k3\*\*, repeat from \*\* to \*\* to the last 5 sts of the stockinette stitch section, k2tog, k1, k2tog, repeat from \* to \* to next stockinette stitch section, repeat from \*\* to \*\* to the last 5 sts of the stockinette stitch section, k2tog, k1, k2tog. There are now a total of 188 sts on the needle.

### All sizes

Continue in rib (p2, k2) until the rib measures 10 cm, ending the last round 2 sts before the beginning of round marker (2 knit sts).

Bind off stitwise.

### Sleeves

Along the armhole edge, place a marker 3 cm from the shoulder sts on both front and back, so there are 7 cm between the markers.

Pick up and knit sts from the RS along the armhole with a 4 mm circular needle as follows: Begin in the middle of the bottom of the armhole and pick up and knit (38) 38 (39) 41 sts along the edge to the first marker, cast on 20 sts in extension of the picked up sts using the backward loop technique, place a yellow marker, cast on 20 more sts (no sts are picked up between the 2 markers) insert the needle at the next marker and pick up and knit (38) 38 (39) 41 sts along the edge to the bottom of the armhole. Join in the round and place a marker for the beginning of the round. There are now a total of (116) 116 (118) 122 sts on the needle.

Now work short rows at the top of the sleeve as follows:

**Row 1 (RS):** Strik r to 4 sts after yellow marker, turn.

**Row 2:** Work short row stitch, purl to 4 sts after yellow marker, turn.

**Row 3:** Work short row stitch, knit to 4 sts after short row stitch from last RS row, turn.

**Row 4:** Work short row stitch, purl to 4 sts after

short row stitch from last WS row, turn.  
Repeat Row 3 and 4 to until the last turn is made (6) 6 (7) 9 sts from the beginning of round marker. The last row is a WS row.

Knit 1 round.

Now work decreases for sleeve puff as follows:

**Round 1:** Knit to 2 sts before yellow marker, skp, knit to end of round.

**Round 2:** Knit to end of round.

**Round 3:** Knit to yellow marker, slip marker, k2tog, knit to end of round.

**Round 4:** Knit to end of round.

Repeat these 4 rounds a total of (20) 20 (22) 14 times. There are now a total of (96) 96 (96) 108 sts on the needle.

**Tip:** Optionally the top of the sleeve can be sewn to the shoulder now, see Finishing.

Continue straight in stockinette stitch until the sleeve measures (35) 36 (36) 37 cm measured from the armhole.

Change to a 3,5 mm circular needle.

**Decrease round:** \*K2tog\*, repeat from \* to \* to end of round.

There are now a total of (48) 48 (48) 54 sts on the needle.

### Cuff

**Round 1:** \*Skkp, p3\*, repeat from \* to \* to end of round.

**Round 2:** \*K1, yarn over, k1, p3\*, repeat from \* to \* to end of round.

**Round 3:** Work the sts as they present, knitting the yarn overs.

**Round 4:** Work the sts as they present.

Repeat Round 1-4 a total of 12 times. The cuff now measures approx. 16 cm. Work Round 1 once more. Bind off in pattern.

Work the second sleeve the same way as the first.

### Finishing

Sew a basting stitch through the 40 sts cast on with the backward loop technique at the top of the sleeve, as close to the edge as possible. Gather the section to the width of the opening at the shoulder (7 cm). Sew the gathered top of the sleeve to the top of the armhole on the body.

The sleeves are heavy, so a crocheted shoulder band can be added for stabilisation:

Using two strands of Tilia held together. Form a loop, preferably with a long end and attach it to the WS of the sleeve right by the shoulder stitch, in the gathered to of the "puff" with a slip stitch. Use both the long end and the working yarn held together, so there are now a total 4 strands of yarn. Crochet a firm row on chain stitches to the length of the "shoulder seam" to where the neck edge begins. Attach it with a slip stitch. The row of chain sts will prevent the weight of

the sleeve to pull the shoulder out of shape.

Repeat on the other shoulder.

Weave in all ends and wash the vest according to the directions on the yarn label. Lay it flat on a towel to dry.