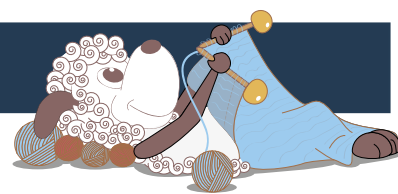


Silene - simple pulse warmers



Design: Stine Gudmand-Høyer

Lovely warm and decorative pulse warmers. The pulse warmers are worked in 3 strands of yarn, giving you lots of opportunity to play with color - use either colors that are close together or that contrast for very different effects.

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English translation: Signe Strømgaard

Materials

100 g of Indiecita (IN) and 50 g of Cinnia (CN) by Filcolana:

Grey: IN: 401 and 402, CN: 401; Mint: IN: 197 and 235, CN: 281; Sea green: IN: 146 and 808, CN: 146; Green: IN: 244 and 260, CN: 288; Yellow: IN: 233 and 285, CN: 287; Orange: IN: 237 and 813, CN: 215; Pink: IN: 226 and 813, CN: 291
6 mm needles

Sizes

S (M) L (XL)

Measurements

Length: approx. 15 cm.

Fits wrist circumference: 14-15 (15-16) 16-18 (18-20) cm

Gauge

16 sts and 32 rows in garter stitch on 6 mm needles = 10 x 10 cm.

Directions for knitting

The pulse warmers are worked back and forth in garter stitch. Knit until the work fits around the wrist, then knit the 2 ends together using a 3-needle bind off.

Pulse warmers

Cast on 25 sts on 6 mm needles using 2 strands of Indiecita (1 strand in each color) and 1 strand of Cinnia. Knit back and forth in garter stitch. Slip the last stitch of every round with the yarn held in front. Knit a total of 44 (48) 54 (60) rows.

Finishing

Join the work to form a tube by folding it down the middle so the cast-on edge lies right behind the sts on the needle. Knit through the first stitch on the needle and the first stitch of the cast-on at the same time, so the 2 sts are knit together. *Continue knitting through the next stitch on the needle and the next stitch of the cast-on edge so the two are knit together. Bind off 1 stitch by passing the 1st stitch on the right needle over the 2nd stitch*. Repeat from * to * until all sts have been bound off and the work has been turned into a tube.

Knit the second pulse warmer in the same way.

