

Viva - a cardigan with gorgeous cables



Design: Signe Strømgaard

The designer talks about Viva: "Viva is the second version of this design. The first to be born was the kid's version Liva. Even while I was knitting little Liva, I knew that I wanted to make a grown-up version of the design. Partly because it would be fun to create a yoke with even more room to play with the cables, partly because I thought the lines of the design would suit the curves of most grown women."

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Materials

400 (400) 450 (500) 550 (600) 600 g of Peruvian Highland Wool by Filcolana

4 mm circular needle, 60 cm long

5 mm circular needle, 40 and 60-80 cm long

4 mm and 5 mm double-pointed needles

Stitch markers

7 (7) 8 (8) 8 (8) 8 buttons

Brown version (photos this page)

Colour 817 (Cinnamon melange)

Grey version (page 3 and 4)

Colour 957 (Very Light Grey)

Sizes

XS (S) M (L) XL (2XL) 3XL

Measurements

Body, chest: 68-78 (78-88) 88-98 (98-108) 108-118 (118-128) 128-138 cm

Sweater, chest: 90 (97) 110 (118) 130 (135) 145 cm

Sleeve length: 44 (45) 45 (46) 46 (46) 46 cm

Total length: 58 (59) 60 (61) 62 (63) 64 cm

Gauge

16 sts and 26 rows in stockinette stitch on a 5 mm circular needle = 10 x 10 cm



Special abbreviations

M1: Make 1. Increase one stitch by lifting the chain between sts onto the left meedle and knitting it through the back loop.

Directions for knitting

Liva is worked from the top down. First the yoke is worked from the chart. Then the stitches are split into sleeves and body and each part is finished separately. Finally the front edges are worked.

Yoke

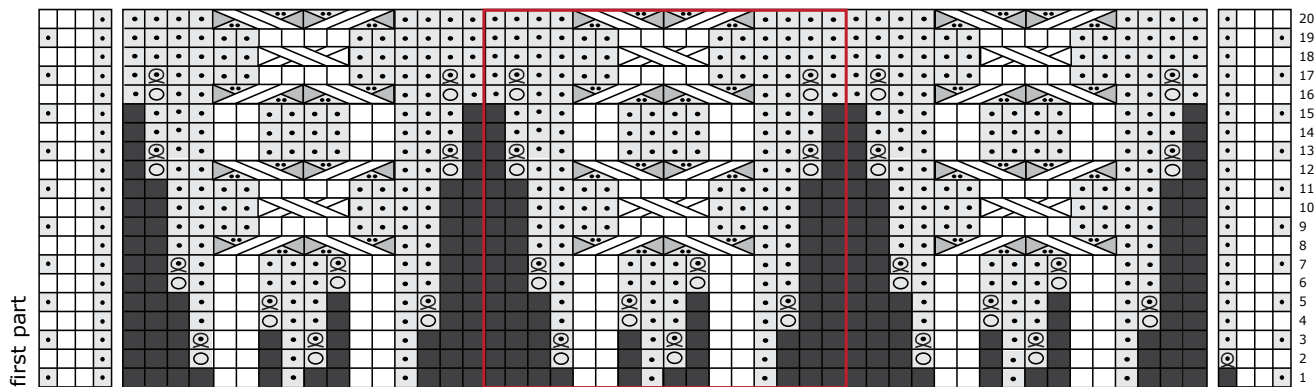
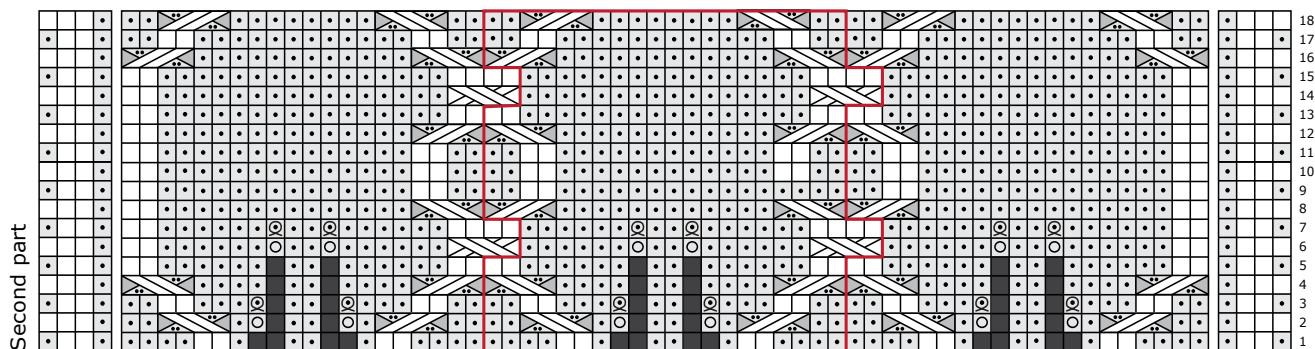
Cast on 60 (62) 64 (66) 68 (70) 72 stitches on a 4 mm circular needle and work back and forth.




Increase on the first needle (RS): Knit 28 (17) 26 (25) 24 (23) 22 sts, *M1, k1*. Work from * to * a total of 7 (11) 15 (19) 23 (27) 31 times. Knit to end of row.

There are now 67 (73) 79 (85) 91 (97) 103 sts on the needle.

Work chart. Row 1 = WS. The chart is read from left

Charts



- knit on the RS, purl on the WS
- purl on the RS, knit on the WS
- yarn over
- knit the yarn from the previous row through the back loop (only worked on WS rows)
-  slip 2 sts to a cable needle and hold to front of work, k2, k2 from cable needle
-  slip 2 sts to a cable needle and hold to back of work, k2, p2 from cable needle
-  slip 2 sts to a cable needle and hold to front of work, p2, k2 from cable needle
- pattern repeat
- No stitch

to right on WS rows and right to left on RS rows.
 How to read the chart: Work the stitches before the red frame once, then repeat the stitches inside the red frame a total of 8 (9) 10 (11) 12 (13) 14 times, then finish the row by working the stitches after the frame once. The dark grey squares are to be completely ignored. The first and last stitch of the chart are edge sts. These are knit on every row.
 Change to a 5 mm circular needle after Row 6.
 When all the rows of the chart are worked, there are 208 (228) 248 (268) 288 (308) 328 sts on the needle.

Now continue by working the third part of the chart on the first and last 22 sts on the needle. Begin by working row 1 and 2, then continue by repeating row 3-18 throughout. Work the rest of the sts as they present (knit the knit sts, purl the purl sts) until the work measures 18 (19) 20 (22) 23 (24) 25 cm. End on a WS row.

Divide the work on the next row (RS): Work 31 (34) 36 (41) 46 (47) 50 sts in pattern (= front), place the next 42 (46) 48 (52) 54 (60) 64 sts on a stitch holder (= sleeve), place marker, cast on 8 (8) 10 (10) 12 (12) 14 new sts in extension of the sts on the needle, place marker, work 62 (68) 80 (82) 88 (94) 100 sts as they present (= back), place the next 42 (46) 48 (52) 54 (60) 64 sts on a stitch holder (= sleeve), place marker, cast on 8 (8) 10 (10) 12 (12) 14 new sts in extension of the sts on the needle, place marker, work 31 (34) 36 (41) 46 (47) 50 sts in pattern (= front).

There are now 140 (152) 172 (184) 204 (212) 228 sts on the needle.

Body

Continue by working cables according to the third part of the chart and the rest of the sts as they present (knit the knit sts, purl the purl sts) until the work measures approx. 8 (7) 7 (6) 5 (5) cm from under the sleeve. End on a RS row.

Decrease row (WS): *Work in pattern to marker, slip marker, k2tog, work to 2 sts before marker, ssk, slip marker*. Repeat from * to * once more, work in pattern to end of row.

Work a second decrease row after 6 more rows in pattern.

There are now 132 (144) 164 (176) 196 (204) 220 sts on the needle.

Work straight for 3 cm in pattern. End on a WS row.

Increase row (RS): *Work in pattern to marker, slip marker, yarn over, work to marker, yarn over, slip marker*. Repeat from * to * once more, work in pattern to end of row.

Knit the yarn overs through the back loop on the next row.

Work an increase row every 6th row a total of 4 ti-



mes.

There are now 148 (160) 180 (192) 212 (220) 236 sts on the needle.

Continue in pattern with cables until the body measures approx. 36-37 (36-37) 36-37 (35-36) 35-36 (35-36) 35-36 cm from under the sleeve. End on Row 1 of the chart, even if this is slightly before the length above.

Continue by working sts as they presents until the sleeves measures 38 (38) 38 (37) 37 (37) 37 cm. End on a WS row.

Edge

Row 1 (RS): Knit all sts.

Row 2: Work in pattern as previously.

Work Row 1 and 2 a total of 3 times. Work Row 1 once more.

Bind off in pattern on a WS row.

Sleeves

Move the 42 (46) 48 (52) 54 (60) 64 ts for the first sleeve onto 5 mm double-pointed needles. Pick up and knit 4 (4) 5 (5) 6 (6) 7 sts from the mid point out in the newly cast-on sts under the sleeve, work the sleeve sts as they present, pick up and knit another 4 (4) 5 (5) 6 (6) 7 sts on the newly cast-on sts. There are now 50 (54) 58 (62) 66 (72) 78 sts on the needle.

Join in the round and place a marker for the beginning of the round.

Work 2 round as the sts present.

Decrease on the next row: P1, p2tog, work to the last 3 sts, p2tog, p1.

Continue working the sts as they present, working a decrease row every 14th (12th) 10th (10th) 10th (8th) 7th round until there are 36 (38) 40 (42) 44 (46) 48 sts left on the needle - ie. a total of 7 (8) 9 (10) 11 (13) 15 times.

Work straight as established until the sleeve measures 42 (43) 43 (44) 44 (44) 44 cm.

Change to 4 mm double-pointed needles.

Round 1: Knit all st.

Round 2: Work in pattern as previously.

Work Round 1 and 2 a total of 3 times. Work Round 1 once more.

Bind off in pattern.

Work the second sleeve the same way as the first.

Button edge

Pick up and knit 88 (88) 92 (92) 92 (96) 96 sts along the left front edge using a 4 mm circular needle.

Row 1 (WS): P3, *k2, p2*. Repeat from * to *. End with k2, p3.

Row 2: K3, *p2, k2*. Repeat from * to *. End with p2, k3.

Work Row 1 and 2 a total of 3 times. Work Row 1 once more. Bind off in pattern.

Buttonhole edge

Pick up and knit 88 (88) 92 (92) 92 (96) 96 sts along the right front edge using a 4 mm circular needle.

Row 1 (WS): P3, *k2, p2*. Repeat from * to *. End with k2, p3.

Row 2: K3, *p2, k2*. Repeat from * to *. End with p2, k3.

Row 3: Work as Row 1.

Row 4: (buttonholes, RS): P3, *p2tog, yarn over, work 10 sts in ribbing*. Work from * to * a total of 6 (6) 7 (7) 7 (7) 7 times, yarn over, p2tog, work 11 (11) 3 (3) 3 (7) 7 sts in ribbing.

Work Row 1 and 2 once more. Bind off in pattern.

Finishing

Weave in all ends. Sew on the buttons across from the buttonholes. Gently wash the cardigan, pull it into shape and lay it on a flat surface to dry.

