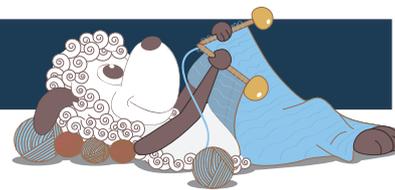


Heim - a sweet set for the littlest ones



Design: Signe Strømgaard

In Norway it's traditional to knit a little set of clothes especially for bringing home your newborn baby from the hospital. I fondly remember knitting little baby clothes while waiting for my own babies to be born, so I thought the idea of a bringing home outfit was really lovely. This is my vision of such an outfit, which can easily work for both a boy and a girl - or for the baby whose gender is a secret for a little while longer.

5th English edition - August 2021 © Filcolana A/S

Materials

Color A: 50 (50) 100 (100) 100 (150) g of Anina by Filcolana in color 973 (Nougat (melange))
Color B: 50 (50) 50 (50) 100 (100) g in Anina by Filcolana in color 101 (Natural White)
Color C: 50 (100) 100 (100) 150 (150) g in Anina by Filcolana in color 1055 (Blue Violet)
3 mm circular needle, 40 cm long
3 mm double-pointed needles
Stitch markers
5 (5) 6 (6) 6 (7) little buttons for the cardigan

Sizes

Small preemie/40 cl (big preemie/50 cl) newborn/56 cl (3 months/62 cl) 6 months/72 cl (1 year/80 cl)

Measurements

Body, chest: 30 (34) 40 (43) 46 (49) cm
Hat
Firs head circumference: 30 (35) 40 (44) 48 (50) cm
Cardigan
Cardigan, chest: 32 (36) 42 (45) 48 (51) cm
Sleeve length: 11 (13) 14 (15,5) 17 (18) cm
Total length: 18 (20) 23 (25) 26 (28) cm
Pants
Waist, pants: 31 (34) 37 (39) 42 (45) cm
Leg length (at inseam): 12 (15) 19 (23) 27 (30) cm

Gauge

26 sts and 40 rows in stockinette stitch on 3 mm needles = 10 x 10 cm.

Special abbreviations

M1 (increase): Make 1. Increase one stitch by lifting the chain between sts onto the left needle and knitting it through the back loop.

I-cord

Using either 2 double-pointed needles or 1 circular needle cast on 4 sts. Knit the 4 sts.*Without turning the needle, push the sts to the opposite end of the needle, pull the yarn along the back of the work and



knit the 4 sts*. Repeat from * to * until the i-cord has the desired length. Break the yarn and pull the end through the sts on the needle. Weave in ends.

Directions for knitting

The hat is worked from the bottom up. After the garter edge has been worked, the rest of the hat is worked in the round. The earflaps are shaped using short rows and the ties are knitted on as the last thing. The cardigan is worked from the top down. The body is worked back and forth to the armholes. The sleeves are worked flat and body and sleeves are joined on the circular needle for the yoke, which is worked with raglan decreased. Finally the front edges are worked. The pants are worked from the top down and in the round. First the hem and the "tush" is worked. Then the stitches are split for the legs, which are worked in the round on double-pointed needles.

HAT

Cast on 80 (88) 96 (104) 112 (116) sts using color A. Work back and forth in garter stitch. Row 1 is a WS row. Knit 7 rows.

*Work short rows

Short row 1: Knit 17 (19) 20 (21) 23 (24) sts, turn.

Short row 2: Yarn over around the right needle, knit 4 (4) 4 (6) 6 (6) sts, turn.

Short row 3: Yarn over around the right needle, knit to yarn over, knit yarn over together with the next stitch on the needle, k1, turn.

Short row 4: Work as Short row 3.

Repeat Short Row 3 and 4 another 1 (1) 1 (1) 2 (2) time(s).

Short row 5: Yarn over around the right needle, knit to yarn over, knit yarn over together with the next stitch on the needle, turn.

Short row 6: Work as Short row 5.

Repeat Short row 5 and 6 another 4 (5) 6 (6) 6 (7) times. Knit to end of row.

Work short rows the same as for the above by repeating everything from * forward.

Knit 1 row.

Join in the round and place a marker for the beginning of the round.

Knit k1round.

Change to color B and knit 5 rounds. Knit the rest of the hat in alternating 5 round stripes in color A and color B.

Work decreases for the crown, when a total of 4 (8) 12 (16) 22 (26) rounds in the stripe pattern. Change to double-pointed needles, when the sts can no longer reach all the way around the circular needle:

Decrease round 1: *K6, k2tog*. Repeat from * to * to end of round.

Knit 6 rounds.



Decrease round 2: *K5, k2tog*. Repeat from * to * to end of round.

Knit 5 rounds.

Decrease round 3: *K4, k2tog*. Repeat from * to * to end of round.

Knit 4 rounds.

Decrease round 4: *K3, k2tog*. Repeat from * to * to end of round.

Knit 3 rounds.

Decrease round 5: *K2, k2tog*. Repeat from * to * to end of round.

Knit 2 rounds.

Decrease round 6: *k1, k2tog*. Repeat from * to * to end of round.

Knit 1 round.

Decrease round 7: *k2tog*. Repeat from * to * to end of round.

Decrease round 8: *k2tog*. Repeat from * to * to end of round.

Break the yarn and pull the end through the remaining sts on the needle. Weave in the ends.

Pick up and knit 4 sts from the center of the first earflap using color A and a 3 mm circular needle or double-pointed needle. Knit a 13 (14) 15 (16) 17 (18) cm long i-cord (see top of pattern). Repeat for the second earflap. Weave in the ends.

CARDIGAN

Cast on 89 (99) 109 (119) 129 (139) sts using color C on a 3 mm circular needle. Work back and forth. Knit 9 rows in garter stitch (knit on all rows). Row 1 is a WS row.

Pattern

Row 1 (RS): Knit all sts.

Row 2: K1, purl to the last stitch, k1.

Row 3: K2, *p1, k1*. Repeat from * to *. End with p1, k2.

Row 4: K2, *p1, k1*. Repeat from * to *. End with p1, k2.

Row 5: Knit all sts.

Row 6: K1, purl to the last stitch, k1.

Row 7: K1, *p1, k1*. Repeat from * to *.

Row 8: K1, *p1, k1*. Repeat from * to *.

Repeat these 8 rows until the body measures approx. 11 (12) 14 (15) 16 (17) cm. End on Row 1.

Bind off for the armholes (WS): K1, purl 19 (21) 23 (25) 27 (31) sts, bind off 3 (3) 3 (5) 5 (5), purl until there are 43 (49) 55 (57) 63 (65) sts after the bound off sts, bind off 3 (3) 3 (5) 5 (5), purl 19 (21) 23 (25) 27 (31) sts, k1.

Let the sts for the body rest on the needle while the sleeves are worked.

Sleeves

Cast on 31 (33) 35 (39) 43 (47) sts on a 3 mm circular needle.

Work back and forth.

Work 9 rows garter stitch (knit all rows). Row 1 is a WS row.

Work in pattern the same as for the body. Work the first increase row after 4 rows in pattern.

Increase row (RS): K1, M1, knit to the last stitch, M1, k1.

Work an increase row every 12th row a total of 2 (3) 4 (4) 4 (4) times. Work the new sts in pattern. There are now 35 (39) 43 (47) 51 (55) sts on the needle.

Work straight in pattern until the sleeve measures 11 (13) 14 (16) 17 (19) cm. End on Row 4.

Bind off 2 (2) 2 (3) 3 (3) sts at the beginning of the next 2 rows. There are now 31 (35) 39 (41) 45 (49) sts on the needle.

Knit a second sleeve the same way as the first.

Yoke

Join body and sleeves on the circular needle by placing the sleeves over where sts were bound off for the armholes on the body. Place markers the 4 places where sleeves and body meet.

There are now 145 (163) 181 (191) 209 (225) sts on the needle.

Work the yoke with raglan decreases:

Row 1 (RS): K2, *work [p1, k1] to 3 sts before the marker, ssk, k1, slip marker, k1, k2tog*. Repeat from * to * another 3 times. Work [p1, k1] to the last 3 sts, p1, k2.

Row 2: K2, *work [p1, k1] to 1 sts before the marker, p1, slip marker*. Repeat from * to * to the last 3 sts, p1, k2.

Row 3: *Knit to 3 sts before the marker, ssk, k1, slip marker, k1, k2tog*. Repeat from * to * another 3 times, knit to end of row.

Row 4: K1, purl to the last stitch, k1.

Row 5: *work [k1, p1] to 4 sts before the marker, k1, p2tog, k1, slip marker, k1, p2tog*. Repeat from * to * another 3 times. Work [k1, p1] to end of row.

Row 6: *work [k1, p1] to 1 stitch before the marker, p1, slip marker, p1. Repeat from * to * another 3 times. Work [p1, k1] to the last stitch on the needle, k1.

Row 7: Work as Row 3.

Row 8: Work as Row 4.

Work Row 1-8 another 1 (2) 2 (3) 3 (4) times. Then work Row 1-6 (Row 1) Row 1-6 (-) Row 1-3 (-) once more.

There are now 57 (59) 61 (63) 65 (65) sts on the needle.

Remove all markers and knit 6 (5) 6 (6) 5 (6) rows.

Next row (RS): Knit across row while decreasing 5 sts evenly.

Kbit 2rows. Bind off knit-wise on a WS row.

Front edges

Traditionally the buttons are on the left side on girls' clothes and on the right side for boys' clothes. For this reason the button and buttonhole edge below are written, so it is optional which side you choose to place the buttons.

The buttonhole edge is worked on the right front, if the cardigan is for a girl, and on the left front, if the cardigan is for a boy.

Button edge

Pick up and knit 44 (48) 56 (62) 64 (68) sts along the left front edge using a 3 mm circular needle.

Knit 8 rows.

Bind off knit-wise on a WS row.

Buttonhole edge

Pick up and knit 44 (48) 56 (62) 64 (68) sts along the left right edge using a 3 mm circular needle.

Knit 3 rows.

Next row (RS): Knit 1 (1) 3 (3) 1 (3) st, yarn over, k2tog, *knit 8 (9) 8 (9) 10 (8) sts, yarn over, k2tog*. Repeat from * to * a total of 3 (3) 4 (4) 4 (5) times. End with: Knit 1 (1) 1 (2) 1 (3) sts.

Knit 4 rows.

Bind off knit-wise on a WS row.

Finishing

Weave in the ends. Sew the sleeve seams and the holes under the sleeves. Sew the buttons onto the button edge.



PANTS

Cast on 80 (88) 96 (102) 110 (118) sts with color A on a 3 mm circular needle. Join in the round and place a marker for the beginning of the round.

Round 1: Purl all sts.

Round 2: Knit all sts.

Work Round 1 and 2 a total of 3 times. Work Round 1 once more.

Next round: Knit 3 (3) 3 (1) 3 (4) sts, yarn over, k2tog, *knit 6 (7) 6 (7) 6 (8) sts, yarn over, k2tog*. Repeat from * to * to the last 3 (2) 3 (2) 2 (4) sts, knit 3 (2) 3 (2) 2 (4) sts.

Work Round 1 and 2 another 4 times.

Next round:

Size small preemie, newborn and 6 months: *K8, M1*. Repeat from * to * end of round.

Size Large preemie, 3 months and 1 year: K4, M1, *k8, M1*. Repeat from * to * to the last 4 sts, k4, M1.

Size 3 months: K3, M1, *k8, M1*. Repeat from * to * to the last 3 sts, k3, M1.

There are now 90 (100) 108 (116) 126 (136) sts on the needle.

Change to color B and knit 5 rounds. Work the pants alternating 5 round stripes in color A and color B.

Work straight in stropes until there is a total of 5 (6) 7 (8) 9 (9) completes stripes and 4 rounds of the next stripe.

Bind off for crotch: Bind off 2 (2) 3 (3) 4 (5) sts, knit until there are 41 (46) 48 (52) 55 (58) sts on the needle after the bound off sts, bind off 4 (4) 6 (6) 8 (10) sts, knit until there are 41 (46) 48 (52) 55 (58) sts on the needle after the bound off sts, bind off 2 (2) 3 (3) 4 (5) sts.

Break both yarns.

Using the color for the next stripe, knit the 41 (46) 48 (52) 55 (58) sts for one leg onto double-pointed needles. Let the sts for the other leg rest on the circular needle.

Join the double-pointed needles in the round and place a marker for the beginning of the round. Continue i 5 rounds stripes as established. Work a decreases after 6 rounds.

Decrease round: K1, k2tog, knit to the last 3 sts, ssk, k1.

Work a decrease round every 12th (14th) 16th (16th) 18th (18th) round a total of 2 (2) 2 (3) 3 (4) times.

There are now 37 (42) 44 (46) 49 (50) sts on the needle. Work straight in stripes until there are a total of 10 (11) 14 (17) 20 (24) stripes on the leg - and 15 (17) 21 (25) 29 (33) stripes total (not countinh the garter stitch hem).

Break color B and finish the leg in color A.

Knit 1 round.

Next round: Knit 1 (2) 4 (2) 1 (2) sts, *k2tog, k2*. Repeat from * to * to end of round.

There are now 28 (32) 34 (35) 37 (38) sts on the needle.

Garter edge

Round 1: Purl all sts.

Round 2: Knit all sts.

Work Round 1 and 2 a total of 4 times. Bind off purl-wise.

Work the second leg the same way as the first.

Sew the crotch seam.

Tie

work a 48 (52) 56 (62) 66 (70) cm lon i-cord (see top of pattern).

Turn the pants so the little jump in the stripes at the beginning of the round becomes the mid back point.

Thread the i-cord through the eyelets in the hem.

Weave in all ends.