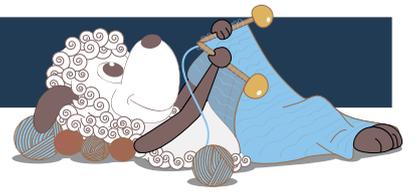


# Trille - a Christmas elf girl



Design: Vibeke Warthoe

A soft and cuddly doll with Christmas elf clothes, for both decoration and play at Christmas time. Trille could quite easily be transformed to a toy for all seasons, if you knitted her a set of clothes in different colors. Trille has a boyfriend named Knas. Knas' pattern can be downloaded separately.

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English translation: Signe Strømgaard

## Materials for doll and clothes

25 g of Merci by Filcolana in color 1130 (skin color)  
Arwetta Classic by Filcolana: 25 g in color 253 (pink),  
40 g in color 139 (dark red), 20 g in color 147 (dark  
green), 15 g in color 135 (yellow). 20 g in color 990  
(grey melange). Scraps in color 138 (red) and 102  
(black) for the face  
2, 2½ and 3 mm needles  
3 mm double-pointed needles (for the hat)  
Two 2 mm double-pointed needles  
Wool needle  
A 15 cm long doll needle  
Stuffing (machine washable)

## Sizes

One size

## Measurements

Height: 40 cm (without hat)  
Circumference around belly: 24 cm

## Gauge

Arwetta Classic: 32 sts and 40 rows in stockinette  
stitch on 2½ mm needles = 10 x 10 cm (body).  
Arwetta Classic: 30 sts and 38 rows in stockinette  
stitch on 3 mm needles = 10 x 10 cm (clothes).  
Merci: 30 sts and 38 rows in stockinette stitch on 2½  
mm needles = 10 x 10 cm (body and head).



## Special abbreviations

M1: Make 1 - increase one stitch by lifting the chain  
between sts onto the left needle and knitting it  
through the back loop.

Skp: slip 1 stitch, knit the next stitch, pass the slip-  
ped stitch over the knit one.

## Directions for knitting

All parts of the body (and most of the clothes) are  
knit back and forth on two needles and seamed to-

gether afterwards. If you choose to work in the round instead, do remember to leave a slit in the back for stuffing the doll. The two top stripes on the arms must also be worked flat for the same reason. The parts are seamed from the RS using mattress stitch.

### Legs, body and head

**Right leg:** Work in narrow stripes, alternating between 2 stripes of dark red and 2 stripes of pink.

\*Cast on 40 sts on 2½ mm needles using dark red Arwetta (do not cast on too tightly!).

Row 1 (RS): Knit into the front and back of every stitch (= 80 sts on the needle).

Work back and forth in stockinette stitch, starting with a WS row. Work a total of 11 2-row stripes\*.

Next row (RS): k8, [k2tog]. Repeat from [ to ] a total of 24 times, k24 (= 56 sts on the needle).

Purl 1 row.

Next row (RS): k6, [k2tog]. Repeat from [ to ] a total of 14 times, 22 r (= 42 sts on the needle).

Purl 1 row, then work 24 stripes straight. The leg is finished. Break the yarn and place the sts on a stitch holder.

**Left leg:** Work the same as the right leg from \* to \*.

Next row (RS): k24, [k2tog]. Repeat from [ to ] a total of 24 times, k8 (= 56 sts on the needle).

Purl 1 row.

Next row (RS): k24, [k2tog]. Repeat from [ to ] a total of 14 times, k6 (42 sts on the needle).

Finish the same way as the right leg. Break the yarn.

**Body:** Begin from the RS using the pink Arwetta Classic: Knit the 42 sts of the left leg, then knit the 42 sts of the right leg (= 84 sts on the needle). Work 3 rows in stockinette stitch, starting with a WS row.

Continue in stripes, working in alternating 4-row stripes of dark red and pink for a total of 14 stripes. Break the dark red yarn.

Continue in pink while working decreases for the shoulders on the next row (RS): k12, [k2tog]. Repeat from [ to ] a total of 10 times, k20, [k2tog]. Repeat from [ to ] a total of 10 times, k12 (= 64 sts on the needle).

Work 3 rows in stockinette stitch, starting with a WS row. Break the yarn.

### Head

Change to the skin colored Merci and work 2 rows in stockinette stitch.

Next row (RS): K16, knit into the front and back of the next 32 sts, k16 (= 96 sts on the needle).

Work 45 rows in stockinette stitch, starting with a WS row.

Next row (RS): K2tog a total of 48 times (= 48 sts on the needle).

Purl 1 row.

Next row (RS): K2tog a total of 24 times (= 24 sts on the needle).

Break the yarn leaving a long tail and thread the tail



onto a wool needle. Sew through all the sts on the needle, let them fall off the needle and pull to tighten. Weave in the end.

**Arms:** Cast on 20 sts using 2½ mm needles and the skin colored Merci.

Row 1 (RS): Knit into the front and back of every stitch (= 40 sts on the needle).

Work 17 rows in stockinette stitch, starting with a WS row.

Break the yarn and change to Arwetta Classic, starting with the pink and working in alternating 4-row stripes of pink and dark red the same way as for the body for a total of 13 stripes. Break the pink yarn and work one last stripe in the dark red:

Work 2 rows in stockinette stitch.

Next row (RS): K2tog a total of 20 times (= 20 sts on the needle).

Bind off purl-wise on the next row.

Work the second arm in the same way.

**Nose:** Cast on 6 sts using 2½ mm needles and the skin colored Merci.

Row 1 (RS): Knit into the front and back of every stitch (= 12 sts on the needle).

Work 9 rows in stockinette stitch, starting with a WS row.

Next row: K2tog to end of row (= 6 sts on the needle). Break the yarn and pull the end through the remaining sts on the needle, pull to tighten. Weave in the end.

### Finishing

**Body:** Weave in ends and sew the seams on head, back and legs from the RS. Leave an opening in the back. Turn the legs inside out and sew the bottom of the feet together by holding the two sides right sides together and using back stitch. Sew so the work puckers at both ends to give the feet a rounded heel and toe. Turn legs and feet right side out.

Stuff legs, body and head firmly and sew up the remaining seams.

**Neck:** Begin at the center of the back with a wool needle threaded with 2 strand of the skin colored Merci. Sew around the first row of the head, sewing alternately over and under the stitch. Pull and tighten the stitches to achieve a suitable neck width, tie a knot and carefully weave in the ends at the neck seam.

**Ankles:** Using the same method as on the neck, sew along the first row of the leg (after the decreases at the instep). Pull tight, tie a knot and weave in the ends.

**Arms:** Sew the sides of arm and hand together from the RS. Before sewing the top part of the arm, turn the work inside out and sew the tip of the hand the same way as the feet.

Stuff the arms, but not too firmly - they need to be bendable! Finish sewing the top of the arm.

**Wrist:** Using the same method as for the neck and ankles, sew along the last row before the stripes.

Sew the tops of the arms to the sides of the body at shoulder height, so the stripes match and sew the seams at the tops of the arms at the same time.

**Face:** The elf's nose and facial expression can be sewn and embroidered on with a wool needle, but the finishing touches are best made with the 15 cm long doll needle. Thread each end onto the needle and sew through to the back of the head, where the end is woven in. The ends will be hidden by the hair.

**Nose:** Sew through the 3 other edges of the nose using the end and pull. Lightly stuff the nose and pull the hole tight so the nose becomes ball shaped. Place the nose at the center of the face (approx. 6 cm above the neck) and sew it on. Weave the ends in through the head and out again at the top of the head (here you need the long needle).

**Eyes:** You need approx. 90 cm of black Arwetta Classic for each eye. Hold the yarn double and make a loop (eg. around 4 fingers of one hand), then put one end through the loop the same way as you would when tying a normal knot, but do it 5-6 times. Gently pull both ends of the yarn at the same time to tighten the knot into an oval shape.

The eyes are placed vertically approx. 6 cm apart, centered above the nose. Each eye is sewn in with a couple of vertical stitches on either side of the eye using each of the 2 ends of yarn. The ends are then threaded onto the doll needle and pulled through to the top of the head. Pull the threads so tightly that the eyes sink slightly into the face.

**Mouth:** Split the red Arwetta Classic into two thinner threads and use these to embroider the mouth in back stitches. The mouth is a happy half circle.

**Hair:** Wrap yellow yarn 120 times around a book or a piece of cardboard 17-18 cm wide. Cut all of the loops of yarn along one side. Each thread is now approx.

28-30 cm long (since the yarn pulls a bit shorter when cut). Tie one length of the yarn tightly around the center of the remaining strands. Place the "wig" on top of the head and comb it through using your fingers so all of the hair "radiates out" from the center. Keep the forehead clear, though (make a middle parting!).

Sew the center of the hair to the top of the head, then sew a semicircle of back stitches around the center. Sew a few random stitches along the edge by the forehead to mimic little wisps of hair. Make more hair to cover the back of the neck by wrapping yellow yarn 48 times around a book or a piece of cardboard approx. 11-12 cm wide. Cut along one side. The strands are approx. 20 cm long.

Attach the hairs folded in half and two at a time, approx. 4 cm higher than the hairline made by the first hair using a crochet hook. Secure each little bundle of hairs the same way as a fringe on a scarf. Begin at the center of the neck and attach them to every other stitch.

Carefully smooth the hair using steam from a steam iron (without the iron touching the yarn), or hold the head and hair over a pot of steaming, boiling water. Trim the length.

### Clothes

**Hat:** Cast on 96 sts using the dark red Arwetta Classic and 2 mm needles. Work back and forth in k1, p1 ribbing (or work in the round, if you prefer). Work a total of 25 rows of ribbing. Join in the round and continue in stockinette stitch on 3 mm needles. Place a marker for the beginning of the round and another after 48 sts.

Work 4 rounds of stockinette stitch

Decrease on the next round: [K1, skp, knit to 3 sts before the next marker, k2tog, k1, slip marker]. Repeat from [ to ] once more.

Continue working decreases as above every other round until there are 8 sts left on the needle. Strik endnu 1 omg, Break the yarn og træk gennem de sidste m. Knit 1 more round, break the yarn and pull it through the remaining sts on the needle.

Finishing: Sew up the seam on the rib edge from the RS (if you knit it flat, that is). Weave in the ends.

**Ragsocks:** Cast on 40 sts using 3 mm needle and the grey Arwetta Classic.

Row 1 (RS): Knit into the front and back of every stitch (= 80 sts on the needle).

Work 21 rows in stockinette stitch, starting with a WS row.

Next row (RS): k16, [k2tog]. Repeat from [ to ] a total of 24 times, k16 (= 56 sts on the needle).

Purl 1 row.

Next row (RS): k14, [k2tog]. Repeat from [ to ] a total of 14 times, k14 (= 42 sts on the needle).

Purl 1 row.

Next row (RS): Work k1, p1 ribbing using two strand of yarn held together (still on 3 mm needles).

Work another 8 rows in ribbing. Bind off in pattern

(from the WS).

Work the second sock in the same way.

Finishing: Sew the sock together from the RS. Sew the bottom of each sock together the same way as the dolls feet.

**Skirt:** Cast on 124 sts using the dark green Arwetta Classic on 2 mm needle. Work back and forth, starting with 7 rows of garter stitch for the edge (the first row is a WS row).

Next row (RS): Change to 3 mm needles, k1, M1, knit to the last stitch, M1, k1 (= 126 sts on the needle).

Work 29 rows in stockinette stitch, starting with a WS row.

Next row (RS): [K1, k2tog]. Repeat from [ to ] to end of row (= 84 sts on the needle).

Work 3 rows of stockinette stitch.

Rib edge: Work in k1, p1 ribbing for 3 rows.

Eyelet row (RS): K1, [p1, k1, yo, k2tog]. Repeat from [ to ]. End with p1, k1, p1.

Work another 3 rows of ribbing, knitting the yos on the first row, then bind off in pattern from the RS.

**Cord:** Using two 2 mm double-pointed needles (or thinner). Cast on 4 sts, knit 1 row, \*do not turn the work, but slide the sts to the other end of the needle, pull the yarn tightly along the back of the stitches and knit 1 more row\*. Repeat from \* to \* until you have an approx. 50 cm long cord. Break the yarn and pull it through the sts on the needle. Weave in the ends.

Finishing: Sew the seam of the skirt and pull the cord through the eyelets beginning and ending mid front.

Optional: secure the cord with a few stitches mid back.

Dress your elf!

