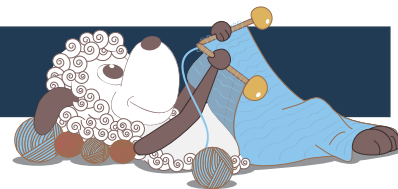


Ghita - a classic top-down cardigan



Design: Hanna Maciejewska

Ghita is a beautiful and classic top-down cardigan with a deep v-neck and a beautiful texture pattern on the back. The design has an elegant construction and is worked seamlessly, with stitches being picked up along the way to eliminate the finishing work.

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Materials

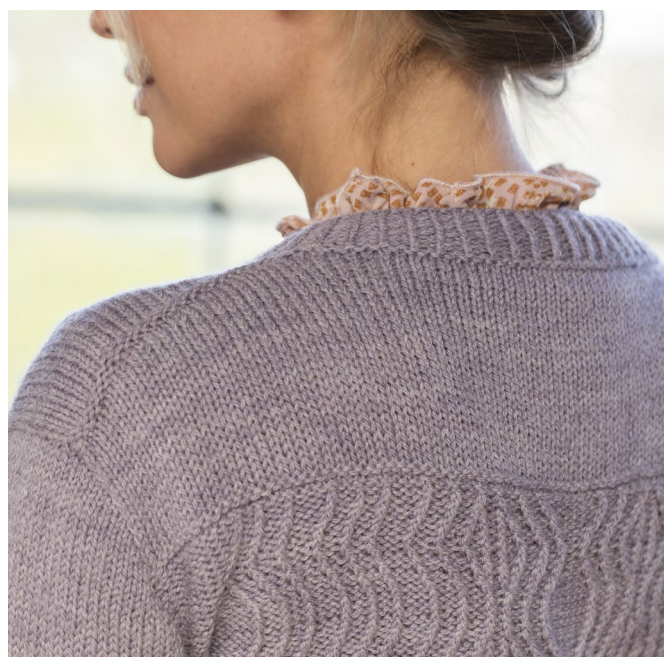
250 (300) 300 (350) 400 (450) 500 (550) g Pernilla by Filcolana in color 815 (Lavender Grey)
3,5 mm (60 and 100 cm) circular needles or double pointed needles
3,75 mm (60 and 100 cm) circular needles or double pointed needles
Cable needle
4 stitch markers in one color (A)
4 stitch markers in a second color (B)
Stitch holder or scrap yarn
A length of scrap yarn for the provisional cast-on
4 buttons

Sizes

14 years (XS) S (M) L (XL) 2XL (3XL)

Measurements

Body, chest: 76 (86) 92 (97) 102 (112) 122 (132) cm
Sweater, chest: 81 (95) 10 (103) 110 (121) 131 (142) cm
Total length: 51 (52) 53 (54) 55 (56) 58 (58) cm
Sleeve length: 46 (46) 47 (47) 48 (48) 49 (49) cm
The cardigan is designed to be worn with up to 10 cm of positive ease



Gauge

22 sts x 33 rows in Stockinette stitch on 3,75 mm needles after blocking = 10 x 10 cm

24 sts x 33 rows in Twist St Pattern on 3,75 mm needles after blocking = 10 x 10 cm

Special techniques and abbreviations

M1L: From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

M1LP: From the front, lift the horizontal strand between stitches with the left needle and purl through the back loop.

M1R: From the back, lift the horizontal strand between stitches with the left needle and knit through the front loop.

M1RP: From the back, lift the horizontal strand between stitches with the left needle, and purl through the front loop.

k1tbl: Knit stitch through back loop.

p1tbl: Purl stitch through back loop.

German Short Rows (DS):

On a knit row: Knit to the stitch specified in the pattern and turn work to the purl side. With yarn in front, slip the first stitch to the right hand needle as if to purl, then bring yarn over the top of the needle to the back of the work and pull tight. This will distort the stitch and makes it look like a doubled stitch (DS). Bring yarn to front between the needles and begin purling keeping a tighter tension for a few first sts.

On a purl row: Purl to the stitch specified in the pattern and turn work to the knit side. Bring yarn to the

front between the needles. Slip the first stitch to the right hand needle as if to purl, then bring yarn over the top of the needle to the back of the work and pull tight. This will distort the stitch and makes it look like a doubled stitch (DS). Begin knitting keeping a tighter tension for a few first sts.

Picking up doubled stitches: Work each doubled stitch like a single stitch: knit through both legs of the DS on a knit row (as a knit 2 together) and purl through both legs of the DS on a purl row (as a purl 2 together).

Directions for knitting

This cardigan is knitted top down, completely seamlessly with set in sleeves worked, using German Short Rows. First, you knit the back and then both fronts. When you reach the underarms, join all pieces to work them together. Once you complete the body, pick up the stitches around the armholes to work the sleeves from the top down.

Back to underarm

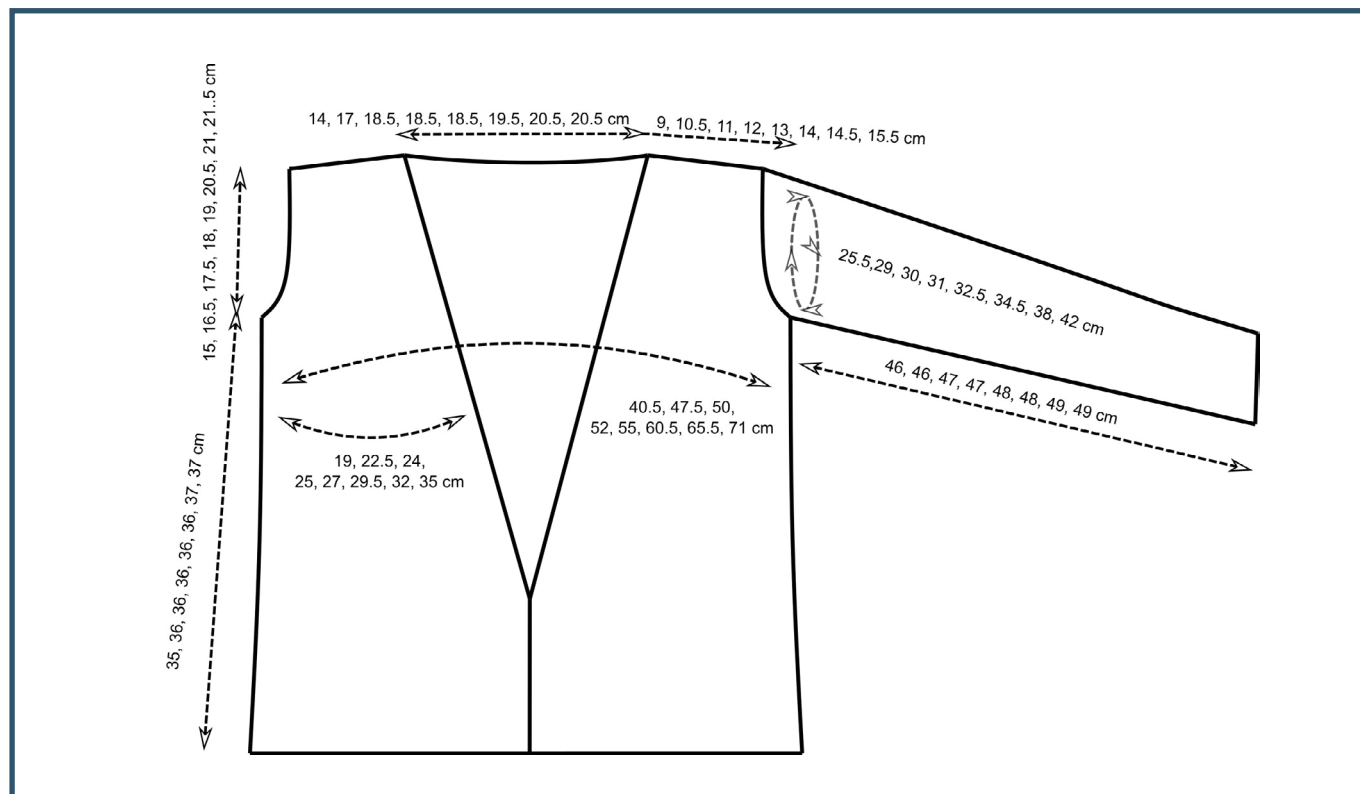
Using 3,75 mm needles and a provisional cast-on method, cast on 71 (83) 91 (95) 99 (105) 109 (113) sts.

Set up row (WS): K20 (23) 25 (27) 29 (31) 32 (34), place marker, k31 (37) 41 (41) 41 (43) 45 (45), place marker, k to end.

Row 1 (RS): K to m, slip marker, k to next m, slip marker, k3 (3) 4 (4) 4 (5) 5 (5), turn.

Row 2 (WS): DS, p to m, slip marker, p to next m, slip marker, p3 (3) 4 (4) 4 (5) 5 (5), turn.

Row 3: DS, k to 3 (3) 4 (4) 4 (5) 5 (5) sts past pre-



viously made DS, turn.

Row 4: DS, p to 3 (3) 4 (4) 4 (5) 5 (5) sts past previously made DS, turn.

Rows 5 – 8: Repeat Row 3 and 4, two more times.

Row 9: Knit to end, removing markers when you encounter them.

Row 10: Purl to end.

Continue in stockinette st for 5 more cm, ending with a RS row.

Next 3 rows: Knit to end. In last row evenly add 8 (8) 8 (8) 8 (14) 14 (14) sts (79 (91) 99 (103) 107 (119) 123 (127) sts).

Next Row (RS): P8 (4) 8 (10) 12 (8) 10 (12), place marker A, work Twist St Pattern A, 1 (2) 2 (2) 2 (3) 3 (3) times, place marker A, work Twist St Pattern B once, place marker A, work Twist St Pattern C, 1 (2) 2 (2) 2 (3) 3 (3) times, place marker A, p to end.

Next Row (WS): K to marker, slip marker A, work Twist St Pattern C to m A, slip marker A, work Twist St Pattern B to m A, slip marker A, work Twist St Pattern A to m A, slip marker A, k to end.

Continue in established pattern, working appropriate Rows of Twist St Patterns, until back measures approx 12 (13) 14 (14,5) 15 (15,5) 15,5 (16) cm from provisional cast on (measure on the sleeve edge) ending with a WS row.

Next Row (RS) – underarm shaping: P2, M1LP, work in pattern to last 2 sts, M1RP, p2 (2 sts increased). Repeat underarm shaping row, every RS row 2 (3) 3 (3) 4 (5) 6 (6) more times. (total of 6 (8) 8 (8) 10 (12) 14 (14) sts increased; 85 (99) 107 (111) 117 (131) 137 (141) sts)

End with a WS row, cut yarn and place sts on a holder or spare needle. Make a note of the last Twist St Pattern rows you ended, because you will resume working on it later.

Right Front to underarm

With RS facing, carefully remove first 20 (23) 25 (27) 29 (31) 32 (34) sts of provisional cast-on and place them on 3,75 mm needles. Turn piece to WS and attach yarn at right (neck) edge.

Set up Row (WS): Knit to end.

Row 1 (RS): K5 (5) 5 (5) 5 (6) 6 (6), turn.

Row 2 (WS): DS, purl to end.

Row 3: Knit to 5 (5) 5 (5) 5 (6) 6 (6) sts past DS, turn.

Row 4: As Row 2.

Rows 5 – 8: Repeat Row 3 and 4, two more times.

Row 9: Knit to end.

Row 10: Purl to end.

Continue in stockinette st until front measures approx 7 (7) 6 (6) 6 (4) 4 (3) cm (measure on the neck edge) ending with a WS row.

Next Row (RS) – V-neck shaping: Knit to last st, M1L, k 1.

Repeat V-neck shaping, every 6 (6) 6 (6) 6 (4) 4 (4) rows, 16 (18) 19 (18) 19 (21) 22 (24) more times.

Please note that V-neck shaping will continue after joining both Fronts and Back in one piece.

Technique: Provisional cast-on

Crochet a row of chain stitches in a contrasting yarn (later to be removed). The row needs to be 5-10 chain sts longer than the required number of cast on stitches

Pick up and knit the required number of cast on stitches using the project yarn. The stitches are picked up from under the third leg of the chain stitch - ie. the little "bump" behind the chain.



At the same time, when front measures approx 14,5 (15,5) 16,5 (17) 17,5 (18) 18 (18,5) cm from provisional cast-on (measured on the sleeve edge), proceed with underarm shaping as follows:

Next Row (RS) – underarm shaping: K2, M1L, work in pattern to end (1 st increased).

Repeat underarm shaping row every RS row 2 (3) 3 (3) 4 (5) 6 (6) more times (total of 3 (4) 4 (4) 5 (6) 7 (7) sts increased).

End with a WS row, cut yarn and place sts on a holder or spare needle.

Left Front to underarm

With RS facing, carefully remove remaining sts of provisional cast-on. Slip first 31 (37) 41 (41) 41 (43) 45 (45) sts on a holder (back neck) and place remaining 20 (23) 25 (27) 29 (31) 32 (34) on 3,75 mm needles. Attach yarn at right (neck) edge.

Set up Row (RS): Purl to end.

Row 1 (WS): P5 (5) 5 (5) 5 (6) 6 (6), turn.

Row 2 (RS): DS, knit to end.

Row 3: Purl to 5 (5) 5 (5) 5 (6) 6 (6) sts past DS, turn.

Row 4: As Row 2.

Rows 5 – 8: Repeat Row 3 and 4 two more times.

Row 9: Purl to end.

Row 10: Knit to end.

Continue in stockinette st until front measures approx 7 (7) 6 (6) 6 (4) 4 (3) cm (measure on the neck edge) ending with a WS row.

Next Row (RS) – V-neck shaping : K1, M1R, knit to end.

Repeat V-neck shaping every 6 (6) 6 (6) 6 (4) 4 (4) rows, 16 (18) 19 (18) 19 (21) 22 (24) more times.

Please note that V-neck shaping will continue after joining both Fronts and Back in one piece.

At the same time, when front measures approx 15,5 (15,5) 16,5 (17) 17,5 (18) 18 (18,5) cm from provisional cast-on (measured on the sleeve edge), proceed with underarm shaping as follows:

Next Row (RS) – underarm shaping: Work in pattern to last 2 sts, M1R, knit to end (1 st increased).

Repeat underarm shaping row every RS row 2 (3) 3 (3) 4 (5) 6 (6) more times (total of 3 (4) 4 (4) 5 (6) 7 (7) sts increased).

End with a WS row. Do not cut yarn.

Lower Body

Slip stitches of the Back and Right Front sections, from waste yarn or stitch holder, to spare needle.

Set up Row 1 (RS): Knit left front sts, cast on 2 (4) 4 (5) 5 (6) 9 (11) sts, place marker B, cast on 4 sts, place marker B, cast on 0 (1) 0 (0) 1 (0) 3 (7) sts (underarm), purl to m A, slip marker A, work Twist St Pattern A to next m A, slip marker A, work Twist St Pattern B to next m A, slip marker A, work Twist St Pattern C to next m A, slip marker A, purl to end, cast on 0 (1) 0 (0) 1 (0) 3 (7) sts, place marker B, cast on 4 sts, place marker B, cast on 2 (4) 4 (5) 5 (6) 9 (11) sts (underarm), knit right front sts.

Set up Row 2 (WS): Purl right front sts to m B, slip marker B, (k1, p1tbl) twice, slip marker B, knit to m A, slip marker A, work Twist St Pattern C to next m A, slip marker A, work Twist St Pattern B to next m A, slip marker A, work Twist St Pattern A to next m A, slip marker A, knit to m B, slip marker B, (p1tbl, k1) twice, slip marker B, purl left front sts to end.

Note: Please continue V-neck shaping every 6 (6) 6 (6) 6 (5) 5 (4) rows as established.

Row 1: Work left front sts in stockinette st to m B, slip marker B, (p1, k1tbl) twice, slip marker B, purl to m A, slip marker A, work Twist St Pattern A to next m A, slip marker A, work Twist St Pattern B to next m A, slip marker A, work Twist St Pattern C to next m A, slip marker A, purl to m B, slip marker B, (k1tbl, p1) twice, slip marker B, work right front sts in stockinette st.

Row 2 (WS): Work right front sts in stockinette st to m B, slip marker B, (k1, p1tbl) twice, slip marker B, knit to m A, slip marker A, work Twist St Pattern C to next m A, slip marker A, work Twist St Pattern B to next m A, slip marker A, work Twist St Pattern A to next m A, slip marker A, knit to m B, slip marker B, (p1tbl, k1) twice, slip marker B, work left front sts in st to end.

Work as established, until all V-neck shaping is complete. At this point there should be 177 (209) 221 (229) 245 (269) 293 (317) sts on the needles, 42

(50) 53 (55) 59 (65) 71 (77) sts for each front and 93 (109) 115 (119) 127 (139) 151 (163) sts for back.

Continue even, without any shaping, until the piece measured approx 22 (23) 23 (23) 23 (23) 24 (24) cm from underarm, ending with a WS row.

Next Row (RS) – hip shaping: Knit to 1 st before m B, M1R, k1, slip marker B, (p1, k1tbl) twice, slip marker B, p1, M1LP, purl to m A, slip marker A, work Twist St Pattern A to next m A, slip marker A, work Twist St Pattern B to next m A, slip marker A, work Twist St Pattern C to next m A, slip marker A, purl to 5 sts before m B, M1RP, p1, slip marker B, (k1tbl, p1) twice, slip marker B, k1, M1L, knit to end (4 sts increased). Repeat hip shaping row every 10 (10) 8 (8) 8 (8) 8 (8) rows, 2 (2) 3 (3) 3 (3) 3 (3) more times (total of 12 (12) 16 (16) 16 (16) 16 (16) sts increased; 189 (221) 237 (245) 261 (285) 309 (333) sts on the needles, 45 (53) 57 (59) 63 (69) 75 (81) sts for each front and 99 (115) 123 (127) 135 (147) 159 (171) sts for back).

Remove markers B.

Continue even, without any shaping, until the piece measured approx 32 (33) 33 (33) 33 (33) 34 (34) cm from underarm or approx 3 cm before desired length. End with Row 16 of Twist St Pattern and change to 3,5 mm needles.

Next Row 1 (RS) – ribbing: (K1tbl, p1) to 1 st before m, k1tbl, slip marker A, *(p1, k1tbl) twice, (p2, k1tbl) twice, repeat from * to m A, slip marker A, [p1, k1tbl, (p1, k1tbl, p1) twice] twice, p1, (k1tbl, p1) 5 times, [(p1, k1tbl, p1) twice, k1tbl, p1] twice, slip marker A, *k1tbl, (p2, k1tbl) twice, p1, k1tbl, p1, repeat from * to m A, slip marker A, (k1tbl, p1) to last st, k1tbl.

Next Row 2 (WS): (P1tbl, k1) to 1 st before m, p1tbl, slip marker A, *(k1, p1tbl) twice, (k2, p1tbl) twice, repeat from * to m A, slip marker A, [k1, p1tbl, (k1, p1tbl, k1) twice] twice, k1, (p1tbl, k1) 5 times, [(k1, p1tbl, k1) twice, p1tbl, k1] twice, slip marker A, *p1tbl, (k2, p1tbl) twice, k1, p1tbl, k1, repeat from * to m A, slip marker A, (p1tbl, k1) to last st, p1tbl. Repeat last two rows, 4 more times. Bind off all sts in pattern.

Sleeves

Sleeves are worked by picking up stitches around armholes and working German short rows to shape sleeve cap.

Place sweater on flat surface and mark center top and center bottom of armhole.

With RS of armhole facing, re-join yarn at top center of armhole, and using 3,75 mm needles pick up and knit 25 (28) 29 (30) 31 (33) 34 (35) sts along armhole to underarm sts, then pick up and knit first 3 (4) 4 (4) 5 (5) 8 (11) underarm sts, place marker, then pick up and knit remaining 3 (4) 4 (4) 5 (5) 8 (11) underarm sts, and then, pick up and knit 25 (28) 29 (30) 31 (33) 34 (35) sts along armhole to top (56

(64) 66 (68) 72 (76) 84 (92) sts on the needles).

You need to pick up approximately 1 st for every 2 rows, except for the 6 (8) 8 (8) 10 (10) 16 (22) underarm sts, where you will pick up an equal number of stitches.

Shape sleeve cap as follows:

Row 1 (RS): K10 (14) 15 (16) 17 (18) 19 (20), turn.
Row 2 (WS): DS, p 20 (28) 30 (32) 34 (36) 38 (40), turn.

Row 3: DS, knit to 1 past previous DS, turn.

Row 4: DS, purl to 1 past previous DS, turn.

Repeat the last two rows, each time making the DS one stitch past the previous DS. Continue in this manner, until all sts have been worked, except the last 6 (8) 8 (8) 10 (10) 16 (22) underarm sts. End with a WS row. Turn work and knit all sts to center bottom armhole. Place marker for beginning of the round. Now continue working sleeve in stockinette st in round, using your favorite knitting method, such as magic loop or DPNs.

Knit 9 rounds.

Next Round – sleeve shaping: K1, k2tog, knit to last 2 sts, ssk, sm (2 sts decreased).

Now, continue in stockinette st, repeating sleeve shaping round every 16 (14) 12 (12) 10 (10) 8 (7)th round, 7 (9) 9 (9) 10 (11) 14 (17) more times (total of 16 (20) 20 (20) 22 (24) 30 (36) sts decreased; 40 (44) 46 (48) 50 (52) 54 (56) sts on the needles).

Continue in stockinette st until sleeve measures approx 43 (43) 44 (44) 45 (45) 46 (46) cm from underarm, or to approx 3 cm before desired length. Change to 3,5 mm needles.

Round 1: (K1tbl, p1) to end.

Repeat last round, 6 more times. Bind off all sts knitwise.

Knit the other sleeve similar.

Button Band

Slip back neck sts from holder onto spare 3,5 mm needles, and attach yarn at bottom edge of right front. Using 3 mm needles, pick up and knit 114 (120) 122 (124) 126 (128) 132 (134) sts along right front, at the rate of 2 sts per 3 rows, then knit 31 (37) 41 (41) 41 (43) 45 (45) back neck sts, then pick up and knit 114 (120) 122 (124) 126 (128) 132 (134) sts along left front, at the rate of 2 sts per 3 rows (259 (277) 285 (289) 293 (299) 309 (313) sts).

Row 1 (WS): (K1, p1tbl) to last st, k1.

Row 2 (RS): (P1, k1tbl) to last st, p1.

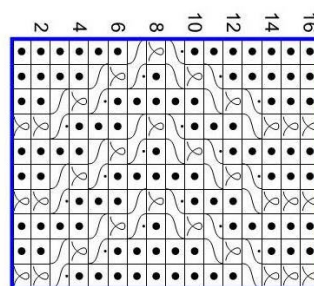
Row 3: As Row 1.

Row 4 – buttonholes: (P1, k1tbl) twice, * yo, k2tog, (p1, k1tbl) 4 (4) 4 (4) 5 (5) 6 (6) times; repeat from * 3 more times, (p1, k1tbl) to last st, p1.

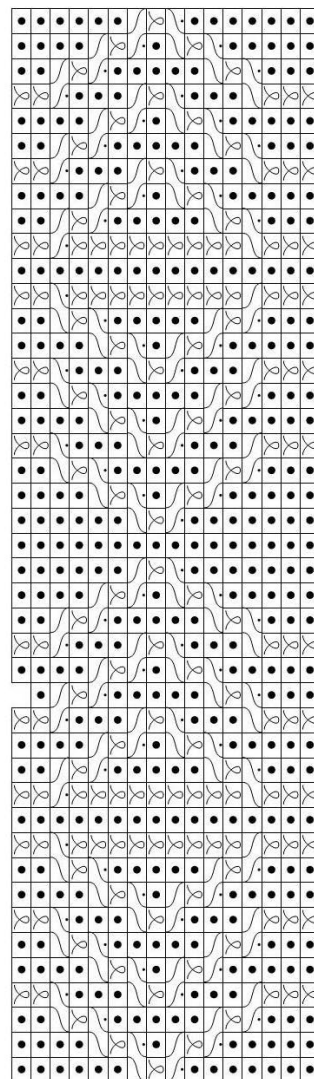
Row 5: As Row 1.

Charts

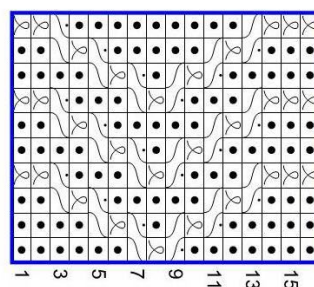
Twist stitch pattern C



Twist stitch pattern B



Twist stitch pattern A



Stitches
 • p on RS, k on WS
 k-tbl on RS, p-tbl on WS
 1/1 RC = Slip 1 stitch to cable needle and hold in back; k1, p1 from cable needle.
 1/1 LC = Slip 1 stitch to cable needle and hold in front; p1, k1 from cable needle.

Borders
 — pattern repeat

Rows 6 – 9: Repeat Rows 2 and 3 twice.
Bind off all sts knitwise.

Finishing

Weave in all ends and block sweater. Attach buttons.

TWIST ST PATTERN A – written instruction

Row 1: P1, [p2, k-tbl] 3 times.
Row 2: [P-tbl, k2] 3 times, k1.
Row 3: P1, [p1, 1/1 RC] 3 times.
Row 4: [K1, p-tbl, k1] 3 times, k1.
Row 5: P1, [1/1 RC, p1] 3 times.
Row 6: [K2, p-tbl] 3 times, k1.
Row 7: [1/1 RC, p1] 3 times, p1.
Row 8: K1, [k2, p-tbl] 3 times.
Row 9: [1/1 LC, p1] 3 times, p1.
Row 10: [K2, p-tbl] 3 times, k1.
Row 11: P1, [1/1 LC, p1] 3 times.
Row 12: [K1, p-tbl, k1] 3 times, k1.
Row 13: P1, [p1, 1/1 LC] 3 times.
Row 14: [P-tbl, k2] 3 times, k1.
Row 15: P1, [p2, k-tbl] 3 times.
Row 16: [P-tbl, k2] 3 times, k1.

TWIST ST PATTERN B – written instruction

Row 1: P2, [p1, k-tbl, (p2, k-tbl) twice] twice, p6, [p1, k-tbl, (p2, k-tbl) twice] twice, p3.
Row 2: K2, [k1, p-tbl, (k2, p-tbl) twice] twice, k6, [k1, p-tbl, (k2, p-tbl) twice] twice, k3.
Row 3: P1, [p1, 1/1 RC] 3 times, [p1, 1/1 LC] 3 times, p5, [1/1 RC, p1] 3 times, [1/1 LC, p1] 3 times, p1.
Row 4: [K2, p-tbl] 3 times, p-tbl, k1, p-tbl, [p-tbl, k2] 3 times, k1, [k2, p-tbl] 3 times, p-tbl, k1, p-tbl, [p-tbl, k2] 3 times.
Row 5: [P1, 1/1 RC] 3 times, k-tbl, p1, k-tbl, [1/1 LC, p1] 3 times, p1, [p1, 1/1 RC] 3 times, k-tbl, p1, k-tbl, [1/1 LC, p1] 3 times.
Row 6: [K1, p-tbl, k1] 3 times, p-tbl, [k1, p-tbl] twice, [k1, [k1, p-tbl, k1] twice] twice, k1, [p-tbl, k1] 4 times, [k1, p-tbl, k1] twice.
Row 7: [1/1 RC, p1] 3 times, [k-tbl, p1] twice, [1/1 LC, p1] 3 times, [1/1 RC, p1] 3 times, k-tbl, p1, k-tbl, [p1, 1/1 LC] 3 times.
Row 8: P-tbl, k1, [(k1, p-tbl, k1) 3 times, p-tbl, k1] 3 times, k1, p-tbl, [k2, p-tbl] twice.
Row 9: [1/1 LC, p1] 3 times, [k-tbl, p1] twice, [1/1 RC, p1] 3 times, [1/1 LC, p1] 3 times, k-tbl, p1, k-tbl, [p1, 1/1 RC] 3 times.
Row 10: [K1, p-tbl, k1] 3 times, p-tbl, [k1, p-tbl] twice, [k1, [k1, p-tbl, k1] twice] twice, k1, [p-tbl, k1] 4 times, [k1, p-tbl, k1] twice.
Row 11: [P1, 1/1 LC] 3 times, k-tbl, p1, k-tbl, [1/1 RC, p1] 3 times, p1, [p1, 1/1 LC] 3 times, k-tbl, p1, k-tbl, [1/1 RC, p1] 3 times.
Row 12: [K2, p-tbl] 3 times, p-tbl, k1, p-tbl, [p-tbl, k2] 3 times, k1, [k2, p-tbl] 3 times, p-tbl, k1, p-tbl, [p-tbl, k2] 3 times.
Row 13: P1, [p1, 1/1 LC] 3 times, [p1, 1/1 RC] 3 times, p5, [1/1 LC, p1] 3 times, [1/1 RC, p1] 3 times,

p1.

Row 14: K2, [k1, p-tbl, (k2, p-tbl) twice] twice, k6, [k1, p-tbl, (k2, p-tbl) twice] twice, k3.
Row 15: P2, [p1, k-tbl, (p2, k-tbl) twice] twice, p6, [p1, k-tbl, (p2, k-tbl) twice] twice, p3.
Row 16: K2, [k1, p-tbl, (k2, p-tbl) twice] twice, k6, [k1, p-tbl, (k2, p-tbl) twice] twice, k3.

TWIST ST PATTERN C – written instruction

Row 1: [K-tbl, p2] 3 times, p1.
Row 2: K1, [k2, p-tbl] 3 times.
Row 3: [1/1 LC, p1] 3 times, p1.
Row 4: [K2, p-tbl] 3 times, k1.
Row 5: P1, [1/1 LC, p1] 3 times.
Row 6: [K1, p-tbl, k1] 3 times, k1.
Row 7: P1, [p1, 1/1 LC] 3 times.
Row 8: [P-tbl, k2] 3 times, k1.
Row 9: P1, [p1, 1/1 RC] 3 times.
Row 10: [K1, p-tbl, k1] 3 times, k1.
Row 11: P1, [1/1 RC, p1] 3 times.
Row 12: [K2, p-tbl] 3 times, k1.
Row 13: [1/1 RC, p1] 3 times, p1.
Row 14: K1, [k2, p-tbl] 3 times.
Row 15: [K-tbl, p2] 3 times, p1.
Row 16: K1, [k2, p-tbl] 3 times.