

filcolana

OBSSESSED WITH QUALITY YARN SINCE 1952



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Ebbe

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The pattern and colour of this cowl is inspired by the changing water levels of the sea between ebb and flow, which result in the fine lines on the shore when the water recedes.

SIZES

S/M (L/XL)

MEASUREMENTS

Neck circumference: 38 (42) cm

Height (middle of yoke): 10 (12) cm

GAUGE

22 sts and 36 rows in pattern with 3.5 mm needles = 10 x 10 cm.

Needle sizes are for guidance only. If you have more sts per 10 cm, change to a larger needle. If you have fewer sts per 10 cm, change to smaller needles.

MATERIALS

Yarn from Filcolana

50 (50) g Saga colour 950 (Light Grey)

50 (50) g Alva colour 101 (Natural White)

The two yarns are held together throughout work.

Circular needles 3.5 mm (40 and 60 cm)

Circular needles 3 mm for the pin tuck (used as an extra needle)

Doublepointed needles 3.5 mm

Dpns and short circular needles can be replaced with a circular needle (80-100 cm) if magic loop technique is used.

1 stitch marker or contrast coloured yarn





Technical

SPECIAL ABBREVIATIONS

M1L

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

SPECIAL TECHNIQUES

German short rows (CSR)

Knit to where the short row should be placed. Turn work and slip st onto right needle with yarn in front. Tug the yarn up and over the needle. This creates a double stitch. Continue working the row as instructed in pattern. On next row work the double sts together (German short rows are worked the same on both right sides and wrong sides).

Workflow

The cowl is knit top-down and with the 2 yarns held together.

Work start by knitting the double collar in rib, then it is folded and knitted onto the inside, where after a pin tuck is knit.

Next German short rows are knit on the back to achieve a better fit.

The yoke is decorated with a pattern and increases are made as described.

Lastly, the cowl is finished off with ridges.





Pattern

COLLAR

With 3.5 mm dpns and the 2 yarns held together cast on 96 (112) sts.

Knit ribbing (k2, p2) for 16 (18) cm.

This measure corresponds to a finished double collar height of 8 (9) cm. If you prefer a longer or shorter collar adjust the length before folding the rib piece and knitting the hem onto the inside.

Fold the collar double, the cast-on edge is on the inside (furthest away from you). Knit the collar together as follows: *Insert left needle into the 1st st on the cast-on edge so that it's placed in front of the 1st st on the left hand needle, k2tog*, repeat from * to * over all sts.

Place a marker at beginning of round.

Pin tuck

Knit stockinette for 8 rounds, turn work inside out with the wrong side facing you. Use a new circular needle and insert the needle under the horizontal bars (the wrong side of the knit st) on the first row after the ribbing, pick up all sts like this.

Make sure that the 1st st you place on the assisting circular needle is in the same row as the 1st st on your working needle.

Turn work, so right side is facing you again and fold the tuck so that the working needle and the assisting circular needle are parallel.

Now knit the sts together by inserting right needle through the first sts on both needles and knitting them together.

When all sts have been knitted you have knit a pin tuck.

Knit stockinette over one round.

The stitch marker at beginning of round now marks the middle of the back.

From beginning of round knit German short rows back and forth like this to give the neck some height:

1st short row (right side): K7, turn work.

2nd short row: GSR, p13, turn work.

3rd short row: GSR, knit to 10 sts after the GSR on previous row, turn work.

4th short row: GSR, purl to 10 sts after last GSR on previous row, turn work.

Repeat short rows 3 and 4 an additional 3 (4) times.

Last short row: GSR, knit to BOR marker.

Knit 1 round.





YOKE

1st round: Knit all sts.

2nd round (increase round): *k4, M1L*, repeat from * to * over all sts = 120 (140) sts.

3rd round: *k1, p1*, repeat from * to * over all sts.

4th round: Knit all sts.

5th round (increase round): *k5, M1L*, repeat from * to * over all sts = 144 (168) sts.

6th round: Knit as 3rd round.

7th-8th round: Knit all sts.

9th round: Knit as 3rd round.

10th round: Knit all sts.

11th round (increase round): *k6, M1L*, repeat from * to * over all sts = 168 (196) sts.

Repeat rows 6-10.

17th round (increase round): *k7, M1L*, repeat from * to * over all sts = 192 (224) sts.

Repeat rows 6-10.

23rd round (increase round): *k8, M1L*, repeat from * to * over all sts = 216 (252) sts.

Repeat rows 6-8.

Finish with ridges like this:

Divide work at the beginning of round marker (center back) and knit 5 rows back and forth = 3 ridges in total, seen from the right side of work. Last row is a wrong side row.

Bind off with knit sts on next needle.

Finishing

Weave in all loose ends. Sew the slit at the ridges together on the middle of the back.

Wash the cowl according to the washing instructions on the label and lay it flat to dry on a towel.