

# filcolana

OBSESSED WITH QUALITY YARN SINCE 1952



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## Nordstrand

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English translation: June Thomsen

**This soft and warm sweater with the characteristic rounded Nordic yoke is inspired by beach life and its great contrasts; storm and silence, rows of lyne grass as far as the eye can see, and the eternal sea.**

### SIZES

S (M) L (XL) 2XL (3XL)

### MEASUREMENTS

Fits chest sizes: 80-86 (86-94) 94-102 (102-110)  
110-124 (124-134) cm

Chest circumf.: 92 (98) 106 (115) 128 (138) cm

Sleeve length: 45 (46) 46 (47) 47 (46) cm

Length: 54 (57) 60 (61) 63 (63) cm

### GAUGE

17 sts and 23 rows of stockinette on 4.5 mm needles  
= 10 x 10 cm.

Needle sizes are for guidance only. If the gauge is correct horizontally but not vertically, it might be an idea to change needles, e.g. from metal to wooden needles or vice versa.

**Note:** It might be necessary to change needle sizes when knitting the textured section compared to when knitting only 1 colour. Measure your gauge regularly throughout the work, and adjust needle sizes when switching between the techniques if necessary.

### MATERIALS

**Yarn from Filcolana**

**Main colour:**

400 (450) 500 (550) 600 (650) g **Peruvian** colour  
956 (Charcoal melange) and  
100 (125) 125 (150) 150 (175) g **Tilia**  
colour 331 (Steel)

**Contrast colour:**

50 (100) 100 (100) 100 (100) g **Peruvian**  
colour 101 (Natural White) and  
25 (25) 25 (25) 25 (25) g **Tilia**  
colour 101 (Natural White)

1 strand of Peruvian and 1 strand of Tilia are held together throughout work.

**Circular needles** 4 mm (40 and 80-100 cm) and  
4.5 mm (80-100 cm)

**Doublepointed needles** 4 mm and 4.5 mm

**Stitch markers** or contrast coloured yarn



## Technicals

### SPECIAL ABBREVIATIONS

#### M1L

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

#### M1R

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

#### Sl1 k1 psso

Slip 1 stitch purlwise, knit 1 stitch, and pass the slipped stitch over the knitted stitch.

### SPECIAL TECHNIQUES

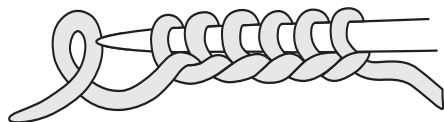
#### German short rows

Knit to where the short row should be placed. Turn work and slip st onto right needle with yarn in front. Tug the yarn up and over the needle. This creates a double stitch. Continue working the row as instructed in pattern. On next row work the double sts together (German short rows are worked the same on both right sides and wrong sides).

#### Backward loop cast on

Form a loop with the yarn, so the end attached to the skein of yarn is in front of the end attached to the sts on the needle, insert the right needle through the front of the loop and pull tight so the loop becomes a stitch around the needle.

Repeat until you have the desired number of stitches.



### CHART

See page 4.

## Workflow

The sweater is knit top-down and has German short rows in the neck.

The yoke is knit following the chart and subsequently divided into body and sleeves.

The sleeve stitches are put on a thread and rest while the body is knitted to the specified or desired length and bound off.

Then the sleeves are knitted and finished with a ribbing edge.







# Pattern

## NECKLINE

With 4 mm needles and main colour cast on 84 (90) 100 (100) 106 (106) sts.  
Continue knitting in the round and place a marker at beginning of round (center back).

Knit ribbing (k1, p1) in the round, until ribbing measures 18 (20) 20 (20) 20 (20) cm or has the desired length.

## YOKE

Change to 4.5 mm needles.

Now knit German short rows to give the neck height.  
Knit as follows:

**1st short row (RS):** k5, turn work (se special techniques).

**2nd short row:** Make a GSR, p9, turn work.

**3rd short row:** Make a GSR, knit to 8 sts after the GSR on previous row, turn work.

**4th short row:** Make a GSR, purl to 8 sts after the GSR on previous row, turn work.



Repeat rows 3 and 4 another 3 (3) 4 (4) 5 (5) times.

**Last short row:** Make a GSR, knit to beginning of round marker.

**Next round:** Knit stockinette and make 0 (0) 2 (8) 14 (20) M1L increases distributed evenly = 84 (90 (102) 108 (120) 126 sts.

Now follow pattern and increases as described in the chart.

When you have finished the chart, break the contrast colour = 224 (240) 272 (288) 320 (336) sts.

Knit 0 (2) 4 (6) 8 (8) 8 rounds of stockinette in main colour.

Divide body and sleeves sts as follows:

**Next round:** Knit 34 (36) 40 (43) 48 (52) sts (half of the back), place the next 44 (48) 56 (58) 64 (64) sts on a stitch holder (sleeve). Cast on 10 (10) 10 (12) 12 (14) new sts with M1T technique in continuation of sts on right side of needles, place a marker in the middle of the new sts, knit 68 (72) 80 (86) 96 (104) sts (front), place the next 44 (48) 56 (58) 64 (64) sts on a stitch holder (sleeve), cast on 10 (10) 10 (12) 12 (14) new sts in continuation of sts on right side of needles, place a marker in the middle of the new sts, knit 34 (36) 40 (43) 48 (52) sts (half of the back).

You now have 156 (164) 180 (196) 216 (236) sts on your needles.

## BODY

Remove beginning of round marker and knit stockinette in the round, the beginning of round is now under the left sleeve.

The model shown has a narrower waist - if you prefer the sweater without the mode narrow waist skip this section:

Knit 5 (5) 6 (6) 6 (7) 7 cm.

**Next round (decrease round):** \*k1, k2tog, knit to 3 sts before next marker, sl1 k1 pssso, k1 \*. Repeat from \* to \* once = 4 sts decreased.

\*Knit 4 (4) 4 (5) 5 (5) cm and repeat decrease round\*, repeat from \* to \* once more.

You now have 144 (152) 168 (184) 204 (224) sts on your needles.



Knit 3 (3) 4 (4) 4 (4) cm stockinette.

**Next round (increase round):** \*k1, M1R, knit to 1 st before next marker, M1L, k1 \*, repeat from \* to \* once = 4 sts increased.

\*Knit 4 (4) 4 (5) 5 (5) cm and repeat increase round\*, repeat from \* to \* once more.

You now have 156 (164) 180 (196) 216 (236) sts on your needles again.

Continue knitting in the round till work measures approx. 26 (28) 30 (30) 32 (32) cm from sleeve hem or has the desired length before ribbing.

Change to 4 mm circular needles.

Knit rib (k1, p1) over 6 cm.

Bind off in pattern.

## SLEEVES

Place the 44 (48) 56 (58) 64 (64) sleeve sts on 4.5 mm dpns (or use a long circular needle and magic loop technique), pick up 10 (10) 10 (12) 12 (14) new sts in the sts you cast on under the sleeve, place a marker in the middle of the new sts.

You now have 54 (58) 66 (70) 76 (78) sts on your needles.

Knit 20 (20) 16 (16) 14 (14) rounds of stockinette.

**Next round (decrease round):** k1, k2tog, knit to last 3 sts, sl1 k1 psso, k1.

Knit 9 (9) 8 (6) 5 (5) rounds.

Repeat the 10 (10) 9 (7) 6 (6) rounds above a total of 5 (5) 8 (10) 12 (12) times = 44 (48) 50 (50) 52 (54) sts.

Continue knitting without decreases until work measures 39 (40) 40 (41) 41 (40) cm.

**Note!** If you wish to alternate the sleeve length it shall be done before beginning the ribbing edge.

## RIBBING EDGE

Change to 4 mm circular needles.

Knit rib (k1, p1) over 6 cm.

Bind off in pattern.

Knit second sleeve the same way.

## FINISHING

Weave in all loose ends.

Wash sweater according to washing instructions on the label and lay flat to dry on a towel.

## CHART

