FOSS - a classic Nordic sweater

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Foss is a classic sweater with a round yoke and a gorgeous, Nordic colourwork pattern. The muted blue stripes are inspired by the sea lapping the shore and the white pattern is the sun reflecting on the surface of the water.

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Materials

200 (200) 200 (250) 300 (300) g New Zealand Lammeuld by Filcolana in colour 951

50 g (all sizes) New Zealand Lammeuld by Filcolana in colour 101 (Natural White)

75 (75) 75 (100) 125 (150) g Tilia by Filcolana in colour 330 (Ash)

75 (75) 75 (100) 100 (125) g Tilia by Filcolana in colour 348 (Rainy Day)

25 g (all sizes) Tilia by Filcolana in colour 101 (Natural White)

3,5 mm circular needle, 40 cm and 80 cm

4 mm circular needle, 80 cm

3,5 mm and 4 mm double-pointed needles Stitch markers

Sizes

XS (S) M (L) XL (XXL)

Measurements

Body, chest: 75-80 (80-88) 89-96 (97-104) 105-112

(112-120) cm

Sweater, chest: 80 (88) 96 (104) 112 (120) cm Sleeve length: 44 (46) 46 (48) 48 (48) cm Length to armhole: 36 (36) 38 (40) 40 (42) cm

20 sts x 30 rows in stockinette stitch on 4 mm need $les = 10 \times 10 cm$





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Special abbreviations

<u>M1</u>: Make 1. Increase one stitch by lifting the chain between sts onto the left meedle and knitting it through the back loop.

tbl: through the back loop.

Short rows - GSR (German short rows): Work to where the turn needs to be, turn, then slip the first stitch purl-wise with the yarn held in front. Bring the working yarn up and over the needle and down on the other side, pulling hard enough on the yarn to make the stitch on the needle look like a double stitch (the 2 legs of the stitch are visible). Continue row as pattern describes.

When working across the stitch that looks like a double stitch, work it as 1 stitch, either knitting or purling the 2 legs together, as the pattern describes.

Directions for knitting

The sweater is worked from the bottom up in stockinette stitch.

First the body and sleeves are worked in the round, then the pieces are joined and the yoke is worked. Short rows are worked to shape the neckline, then a rib edge is worked.

The pattern has waist shaping to give the design a flattering fitted silhouette. These decreases and increases on the body can be omitted for a classic straight fit. The sweater is worked in 1 strand of New Zealand Lammeuld and one strand of Tilia throughout.

Colours

 $\underline{\text{MC}}$: New Zealand Lammeuld in colour 951 $\underline{\text{CC}}$: New Zealand Lammeuld in colour 101 (Natural White)



C1: Tilia in colour 330 (Ash)

<u>C2</u>: Tilia in colour 348 (Rainy Day)

C3: Tilia in colour 101 (Natural White)

Stripes

The stripes are worked in 1 strand of New Zealand Lammeuld and 1 strand of Tilia held together. Alternate between C1 and C2 in Tilia every 4th round throughout.

The rib edges are worked in C1 after shich C2 is worked in stockinette.

Body

Cast on 160 (176) 192 (208) 224 (240) sts on a 3,5 mm circular needle with MC and C1. Join in the round and place a marker for the beginning of the round. Knit 2 rounds, then continue in k1 tbl, p1 ribbing until the work measures 6 cm.

Change to a 4 mm circular needle and continue in stockinette stitch and stripes (see above). At the same time place a second marker after 80 (88) 96 (104) 112 (120) sts, for the side "seam".

Skip this section and work straight in stripes instead, if you do not want waist shaping.

Work 4 (4) 5 (4) 4 (5) rounds.

Decrease round: *K1, k2tog, work to 3 sts before marker, ssk, k1 *, repeat from * to * once more. Work a decrease round every 4 (4) 4 (5) 5 (5) cm a total of 3 times.

Work 6 (7) 7 (5) 5 (6) cm straight.

Increase round: K1, M1, work to 1 stitch before marker, M1, k1*, repeat from * to * once more.

Work a increase round every 4 (4) 4 (5) 5 (5) cm a total of 3 times.

Work straight until body measures approx. 36 (38) 38 (40) 40 (42) cm.

Bind off for the armholes on the next round: Bind off 4 sts, work to 4 sts before marker, bind off 8 sts, work to 4 sts before marker, bind off 4 sts. 8 sts have now been bound off on either side of the body and there are now 72 (80) 88 (96) 104 (112) sts for back and front.

Let the work rest on the needle.

Sleeves

Cast on 40 (40) 48 (48) 48 (48) sts on 3,5 mm double-pointed needles with MC and C1. Join in the round and place a marker for the beginning of the round. Knit 2 rounds, then continue in k1 tbl, p1 ribbing until the work measures 6 cm.

Change to a 4 mm circular needle and continue in stripes.

Work an increase round by working an M1 increase after the first stitch and before the last stitch of the round every 9th (9th) 9th (8th) 8th (5th) round a total of 8 (8) 8 (12) 12 (16) times.

There now a total of 56 (56) 64 (72) 72 (80) sts on the needle.

Work straight in pattern until the sleeve measures 44 (46) 46 (48) 48 (48) cm.

Bind off for the armholes on the next round: Bind off

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4 sts, work to 4 sts before marker, bind off 4 sts. Work a second sleeve the same way as the first.

Yoke

Join the sleeves and body on the large circular needle. Place a marker for the beginning of the round at the centre of the back. There are a total of the 240 (256) 288 (320) 336 (368) sts on the needle. Work 2 (2) 4 (6) 8 (10) rounds.

Now work according to the chart in MC and C3, while continuing to work stripes "behind" the chart. When all rows of the chart have been worked, there are 90 (96) 108 (120) 126 (138) sts on the needle. Do not change colour for the stripes, but continue in the same colour to the ribbing. Work short rows as follows: K10, turn. Purl to 10 sts after beginning of round marker, turn. Knit to 10 sts after turn on last RS row, turn. Purl to 10 sts after turn on last WS row. Continue in this way until a total of 3 (3) 4 (4) 5 (5) turn have been worked on either side of the marker, with 10 sts between each turn. Knit 1 round. Change to a 3,5 mm needle and MC and C1. Work 10 rounds in k1 tbl, p1 ribbing, then knit 2 rounds. Bind off.

Finishing

Sew the holes under the sleeves. Weave in all ends. Gently rinse the finished work, put it through a (dry) spin cycle in the washing machine, then lay it on a flat surface to dry.

