

# filcolana

OBSESSED WITH QUALITY YARN SINCE 1952



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## London

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#FilcolanaLondon

**The London blouse is named after the famous jazz singer Julie London, whose career spanned four decades and whose distinctive voice has brought songs like “Cry Me a River” and “Fly Me to the Moon” to life. The blouse’s vintage pattern, puff sleeves, and decorative ruffles are inspired by Julie London’s style in the 1950s.**

### SIZES

XS (S) M (L) XL (2XL) 3XL

### MEASUREMENTS

Fits chest sizes: 80-90 (91-96) 97-102 (103-108)

109-120 (121-132) 133-138 cm.

Chest: 90 (96) 102 (108) 120 (132) 138 cm

Length (from middle of the back without neck-band): 53.5 (55) 56 (58) 59 (60) 60 cm

Sleeve length (from armhole): 47 (48) 49 (50) 52 (52) 52 cm

### GAUGE

20 sts and 28 rows in textured pattern on

5 mm needles = 10 x 10 cm

28 sts in rib on 4.5 mm needles = 10 cm

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.

### MATERIALS

#### Yarn from Filcolana

125 (125) 150 (175) 200 (225) 250 g **Alva**

in col. 355 (Green Tea) and

125 (125) 150 (175) 200 (225) 225 g **Tilia**

in col. 327 (Sage)

Work the blouse using one string of each yarn base held together.

The ruffles are knitted with one string of Tilia.

4.5 mm and 5 mm circular needles, 40-60 cm

4.5 mm and 5 mm double pointed needles (dpns) – you can skip these if you are working the sleeves using the magic loop technique on long circular needles.

2 pcs. of 4 mm and 4.5 mm dpns for the ruffles

Cable needle

Stitch markers

Scrap yarn for Italian cast on





## Techniques

### SPECIAL ABBREVIATIONS

#### M1R - Right slanted increase

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

#### M1L - Left slanted increase

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

#### 5-to-1 decrease

5 sts knitted into 1 st: Slip 3 sts knit-wise, knit 2 sts together, pass the 3 sts over the 2 knitted sts – 4 sts decrease.

### SPECIAL TECHNIQUES

#### Italian bind off

Measure a tail approx. 3 times the length of the rib circumference. Thread tail onto a tapestry needle. First st should be a knit st.

1. Insert tapestry needle into the first st on left needle as if to purl, pull the yarn through.
2. From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.
3. Insert tapestry needle through the 2nd st, from front and out on the back.
4. Insert tapestry needle from front into the 1st st as if to knit it, slip st off needle.
5. From the front insert tapestry needle - from right to left – into the front leg of the 2nd st (knit st), pull yarn through.
6. Insert tapestry needle into 1st st as if to purl, slip st off needle.

Repeat steps 2-6 until you bound off all sts. Weave in end, carefully.

#### Knitting ruffles onto the blouse

Place the ruffle as instructed in the pattern in front of the front piece. Hold the two needles parallel in your left hand, \*insert right needle into the 1st st of the ruffle and the 1st st on the front, and knit the 2 sts together\*, repeat from \* to \* till all ruffle sts are knitted onto the front, continue the textured pattern over the remaining front sts.

## Workflow

London Blouse is worked in the round bottom and up.

First, cast on sts using scrap yarn and Italian cast on technique, then work the ribbing edge of the body. Next, work the textured pattern to the armholes, where you separate into body and sleeves.

Then work the ruffles onto the front before binding off for the neckline.

When the back is knitted, you knit the shoulders together and pick up sts for the neckline, which is worked in rib and finished with Italian bind off.

The sleeves are worked from bottom and up; first using Italian cast on, then textured pattern, and finally with bind offs for the sleeve cap.

Sew in the sleeves, and as a final touch, pick up sts for a decorative Windsor-style tie knot.





# Pattern

## BODY

**Italian cast on:** With the scrap yarn and 4.5 mm needles cast on 85 (91) 97 (101) 115 (127) 133 sts.

Knit 2 rows flat and break the scrap yarn.

Change to Alva and Tilia held together and knit 3 rows of stockinette (knit on right side, purl on wrong side). 1st row is the right side.

**Next row (WS):** P1, \*insert right needle under the lower bar knitted with Alva and Tilia 3 rows down, knit this st, p1\*, repeat from \* to \* to last st, slip the first purled st onto left needle and purl the 2 sts together, place a start marker.

The round is now joined and the Italian cast on is finished = 168 (180) 192 (200) 228 (252) 264 sts.

Knit rib using Alva and Tilia as follows:

**1st round (RS):** \*K1, p1\*, repeat from \* to \* to end of round.

Repeat this round until the ribbing measures 6.5 (6.5) 6.5 (7) 7 (7) 7 cm. Gently cut off the scrap yarn.

Change to 5 mm needles.

**Next round:** \*Knit 14 (15) 16 (12) 19 (21) 22 sts, M1L\*, repeat from \* to \* to end of round, knit the last 0 (0) 0 (8) 0 (0) 0 sts.

You now have 180 (192) 204 (216) 240 (264) 276 sts on your needles. When working the 1st round (see details below) place a side marker after 90 (96) 102 (108) 120 (132) 138 sts.

Now work the textured pattern below in the round. The pattern is a repetition of 12 sts and 16 rows. It is recommendable to divide the sts into sections with 12 sts in each so you always can keep track of the pattern and number of sts.

### Textured pattern (worked in the round)

**1st and all odd rounds:** Knit all sts.

**2nd round:** \*K4, place next st on a cable needle behind work, slip next st purl-wise, knit the st on the

cable needle, k6\*, repeat from \* to \* to end of round.

**4th round:** \*K3, place next st on a cable needle behind work, slip next st purl-wise, knit the st on the cable needle, k7\*, repeat from \* to \* to end of round.

**6th round:** \*K2, place next st on a cable needle behind work, slip next st purl-wise, knit the st on the cable needle, k8\*, repeat from \* to \* to end of round.

**8th round:** \*K1, place next st on a cable needle behind work, slip next st purl-wise, knit the st on the cable needle, k9\*, repeat from \* to \* to end of round.

**10th round:** \*K6, place next st on a cable needle in front of work, k1, slip the cable needle st purl-wise onto the right needle, k4\*, repeat from \* to \* to end of round.

**12th round:** \*K7, place next st on a cable needle in front of work, k1, slip the cable needle st purl-wise onto the right needle, k3\*, repeat from \* to \* to end of round.

**14th round:** \*K8, place next st on a cable needle in front of work, k1, slip the cable needle st purl-wise onto the right needle, k2\*, repeat from \* to \* to end of round.

**16th round:** \*K9, place next st on a cable needle in front of work, k1, slip the cable needle st purl-wise onto the right needle, k1\*, repeat from \* to \* to end of round.

Repeat these 16 rounds until work measures approx. 35 (35.5) 35 (36) 36 (36.5) 35.5 cm or has the desired length, finish with a knitted round without pattern, knit to 3 (3) 3 (4) 4 (4) 4 sts before the start marker.

**NOTE!** From here and rest of work the length is counted in number of rows. Place a marker on last row of work, for easier count of rows from this point.

Now divide work into back and front and bind off for armholes like this:

**1st row (RS):** Bind off knit-wise to the start marker, remove marker, bind off the next 3 (3) 3 (4) 4 (4) 4 sts knit-wise, follow pattern to 3 (3) 3 (4) 4 (4) 4 sts before side marker, bind off the next 6 (6) 6 (8) 8 (8) 8 sts knit-wise, follow pattern over remaining sts.

Turn work.





You now have 84 (90) 96 (100) 112 (124) 130 sts on front and back respectively.

Work the back sts back and forth, while letting the front sts rest for now.

**NOTE!** Instead of knitting all sts on the odd rows, from now on purl all sts on the odd rows.

## BACK

The 1st row on the back is a wrong side row.

Follow pattern and at the same time bind off the following sts for armholes at beginning of every row:  
4 sts 0 (0) 0 (0) 1 (3) 3 times, 3 sts 1 (2) 2 (2) 3 (2) 2 times, 2 sts 3 (2) 3 (2) 1 (0) 0 times and 1 st 1 (1) 0 (1) 0 (0) 0 time = 64 (68) 72 (78) 82 (88) 94 sts.

Continue without increases until you have worked 52 (54) 58 (62) 64 (66) 68 rows after separating back and front at the armholes, last row is a wrong side row.?

Break yarn, but make sure you have enough yarn to work the shoulder seams together later.  
Let the sts rest on a stitch holder and leave work for now.

## RUFFLES

Work the ruffles in 1 strand of Tilia only and knit a total of 4 (4) 4 (5) 5 (5) 5 ruffles of varying width.  
Work each ruffle on its own double pointed needles, like this:

With 4.5 mm dpns cast on loosely the following number of sts:  
22 sts (1st ruffle, the top one, the one closest to the chin)  
42 sts (2nd ruffle)  
62 sts (3rd ruffle)  
82 sts (4th ruffle)

**Only sizes L, XL, 2XL, and 3XL**  
102 sts (5th ruffle)

## All sizes

Change to 4 mm dpns.

**1st row (WS):** Slip 1 st purl-wise (selvedge st), purl to end of row.

**2nd row:** Slip 1 st knit-wise (selvedge st), knit to end of row.

Repeat rows 1 and 2 a total of 7 times. Repeat row 1 once more.

**16th row:** Slip 1 st knit-wise, k1, \*k3tog, k2\*, repeat from \* to \* to end of row.

**17th row:** Slip 1 st purl-wise, purl to end of row.

**18th row:** Slip 1 st knit-wise, \*k3tog\*, repeat from \* to \* to last st, k1.

**19th row:** Slip 1 st purl-wise, purl to end of row.

Let this ruffle rest and work the next, till you have worked all 4 (4) 4 (5) 5 (5) 5 ruffles on separate dpns.

Each ruffle now has 6, 10, 14, 18, and 22 sts on the needles.





## FRONT

Join Alva and Tilia to wrong side of work.

Follow pattern and at the same time bind off the following sts for armholes at beginning of every row: 4 sts 0 (0) 0 (0) 1 (3) 3 times, 3 sts 1 (2) 2 (2) 3 (2) 2 times, 2 sts 3 (2) 3 (2) 1 (0) 0 times, and 1 st 1 (1) 0 (1) 0 (0) 0 time = 64 (68) 72 (78) 82 (88) 94 sts.

**Next row (WS):** Purl all sts.

You have now worked 11 rows.

Work 0 (2) 4 (0) 2 (4) 4 more rows in pattern. On the last row place a marker between the 2 middle sts (if you already have a 'count' marker there, make sure you can decipher between the 2).

You now have 32 (34) 36 (39) 41 (44) 47 sts on each side of the marker.

## Knitting on ruffles

On next right-side row knit the ruffles onto the front like this:

### Only sizes L, XL, 2 XL, and 3XL

**Next row (RS):** Follow pattern to 11 sts before the middle marker, knit 5th ruffle sts and the front sts together (see special techniques) to the middle marker, move marker to right needle, and knit the remaining 11 ruffle sts together with the front sts, follow pattern over remaining sts.

**1st row:** Purl all sts on wrong side.

**2nd row:** Follow pattern on right side.

Repeat 1st and 2nd row 4 times more.

Repeat 1st row once more.

### All sizes

**Next row (RS):** Follow pattern to 9 sts before the middle marker, knit 4th ruffle sts and the front sts together (see special techniques) to the middle marker, move marker to right needle, and knit the remaining 9 ruffle sts together with the front sts, follow pattern over remaining sts.

**1st row:** Purl all sts on wrong side.

**2nd row:** Follow pattern on right side.

Repeat 1st and 2nd row 4 times more.

Repeat 1st row once more.

**Next row (RS):** Follow pattern to 7 sts before the

middle marker, knit 3rd ruffle sts and the front sts together (see special techniques) to the middle marker, move marker to right needle, and knit the remaining 7 ruffle sts together with the front sts, follow pattern over remaining sts.

Repeat 1st and 2nd row 4 times more.

Repeat 1st row once more.

**Next row (RS):** Follow pattern to 5 sts before the middle marker, knit 2nd ruffle sts and the front sts together (see special techniques) to the middle marker, move marker to right needle, and knit the remaining 5 ruffle sts together with the front sts, follow pattern over remaining sts.

Repeat 1st and 2nd row 4 times more.

Repeat 1st row once more.

**Next row (RS):** Follow pattern to 3 sts before the middle marker, purl 1st ruffle sts and the front sts together (see special techniques) to the middle marker, move marker to right needle, and purl the remaining 3 ruffle sts together with the front sts, follow pattern over remaining sts.

**Next row (WS):** Purl all sts.

## NECKLINE

**Next row (RS):** Follow pattern to 7 (7) 7 (8) 8 (8) 8 sts after the middle marker, bind off the next 5 (5) 5 (5) 5 (5) 6 sts, follow pattern over remaining sts.

### Right side of neckline

**Next row (WS):** Purl to the bound off sts, turn work and let the remaining sts rest on a stitch holder for now.

**Next row:** Bind off 4 (4) 4 (4) 4 (5) 5 sts, follow pattern to end of row.

**Next row:** Purl all sts.

**Next row:** Bind off 3 (3) 3 (3) 3 (4) 4 sts, follow pattern to end of row.

**Next row:** Purl all sts.

**Next row:** Bind off 1 (1) 2 (2) 2 (3) 3 sts, follow pattern to end of row.

**Next row:** Purl all sts.



You now have 12 (14) 15 (17) 19 (19) 21 sts on right shoulder.

Break yarn and leave enough length to work the shoulder seams together later.

### Left front

From the right side, slip the 25 (27) 29 (31) 33 (36) 39 sts of the left front back on the circular needles. The middle 14 (14) 14 (16) 16 (16) 16 sts still rest on the stitch holder.

Join yarn to wrong side of the left front and bind off for the neckline as on the right front, only mirrored, i.e., bind off at the beginning of the wrong sides.

### Knitting the shoulder seams together

#### Left shoulder

Knit the back and the front shoulder sts together like this:

Place the 12 (14) 15 (17) 19 (19) 21 shoulder sts of the left front facing the 12 (14) 15 (17) 19 (19) 21 outer shoulder sts of the left back, hold the 2 needles parallel in your left hand. \*Insert right needle into the 1st st on the front and 1st st on the back and knit the 2 sts together\*, repeat from \* to \* once more, slip the first knitted st on right needle over the 2nd st, as in normal bind off\*, repeat from \* to \*\* till all sts are bound off. Break yarn.

#### Right shoulder

Knit the front right shoulder sts together with the back sts as on the right side.

Let the remaining middle back sts rest.



### NECKLINE

With Alva and Tilia held together, and 4.5 mm circular needles pick up sts along the right side of the neckline. Knit as follows:

Starting left of the resting sts of the back, pick up 20 (20) 20 (22) 22 (22) 22 sts, to the resting sts of the front, work the 14 (14) 14 (16) 16 (16) 16 resting sts as rib (k1, p1), pick up 20 (20) 20 (22) 22 (22) 22 sts along the right side to the resting back sts, knit these in rib (k1, p1), place a marker for beginning of round = 94 (94) 96 (104) 104 (110) 112 sts.

Knit 2 (2) 2 (2) 2.5 (2.5) 2.5 cm rib (k1, p1).

Bind off with Italian bind off (see special techniques).

### SLEEVES

#### Like on the body, cast on with Italian cast on:

With 4.5 mm circular needles and scrap yarn cast on 19 (21) 22 (23) 26 (27) 27 sts.

Follow the same steps for Italian cast on as on the body = 36 (40) 42 (44) 50 (52) 52 sts.

Round is now joined, continue in the round using Tilia and Alva.

**Next round:** Place start marker and knit rib (k1, p1) until ribbing measures 7 (7) 7 (7.5) 7.5 (7.5) 7.5 cm.

Change to 5 mm needles.

**Next round (increase round):** \*Knit 2 (2) 2 (2) 4 (3) 2 sts, M1L, knit 2 (3) 3 (3) 4 (3) 3 sts, M1L\*, repeat from \* to \* to last 0 (0) 2 (4) 2 (4) 2 sts, work 0 (0) 2 (4) 2 (4) 2 = 54 (56) 58 (60) 62 (68) 72 sts.

**Next round:** Knit 3 (4) 5 (0) 1 (4) 0 sts, follow pattern to 3 (4) 5 (0) 1 (4) 0 sts before start marker, knit remaining sts.

Knit 6 cm without increases. Now increase on each side of the start marker for every 4 (4) 4 (4) 3.5 (3.5) 3.5 cm, like this:

**Next round (increase round):** K1, M1L, follow pattern to last st, M1R, k1. Include the new sts in the pattern as you go along.

Repeat this increase 7 (7) 7 (8) 8 (8) 8 times in total, until you have 68 (70) 72 (76) 78 (84) 88 sts on your needles.

Continue in pattern without increases, until work measures approx. 47 (48) 49 (50) 52 (52) 52 cm from





the cast on round or has the desired length.

**NOTE!** Make sure the last round is at the same round in the pattern as on the body so the patterns on body and sleeves align horizontally.

**Last round (MUST be an odd round):** Purl all sts to 3 (3) 3 (4) 4 (4) 4 sts before start marker.

Now, bind off for armholes like this:

**Next round:** Bind off 6 (6) 6 (8) 8 (8) 8 sts, follow pattern over entire round, turn work.

Now work the sleeve flat back and forth.

Follow pattern while at the same time binding off the following number of sts at beginning of every row:  
4 sts 0 (0) 0 (0) 1 (3) 3 times, 3 sts 1 (2) 2 (2) 3 (2) 2 times, 2 sts 3 (2) 3 (2) 1 (0) 0 times, and 1 st 1 (1) 0 (1) 0 (0) 0 time = 42 (42) 42 (46) 40 (40) 44 sts.

Continue straight up till you have knitted 44 (46) 50 (54) 56 (58) 60 rows in total, from dividing the round. Last row is a wrong side row.

Now bind off for the sleeve cap like this:

**1st row (RS):** Bind off 1 (1) 1 (1) 1 (1) 1 st, follow pattern to end of row.

**2nd row:** Bind off 1 (1) 1 (1) 1 (1) 1 st, purl to end of row.

**3rd row:** Bind off 2 (2) 2 (1) 1 (1) 1 sts, follow pattern to end of row.

**4th row:** Bind off 2 (2) 2 (2) 1 (1) 1 sts, purl to end of row.

**5th row:** Bind off 2 (2) 2 (2) 2 (2) 1 sts, follow pattern to end of row.

**6th row:** Bind off 2 (2) 2 (2) 2 (2) 2 sts, purl to end of row.

You now have 32 (32) 32 (37) 32 (32) 37 sts on your needles.

**7th row (RS):** K1, \* 1 r, \* 5-to-1 decrease (see special abbreviations) \*, repeat from \* to \* to last st, k1.

**8th row:** Bind off all sts in purl.

Knit the second sleeve the same way.

## WINDSOR STYLE TIE KNOT

Hold the front with the right side facing upwards, with 1 strand of Tilia and 4 mm needles, pick up sts in the purled sts on the top ruffle, like this:

Starting from the right side, pick up 1 st in each of the 6 purled sts and 1 st in between the 6 sts = 11 sts in total.

**1st row (WS):** Slip 1 st purl-wise, purl remaining sts.

**2nd row:** Slip 1 st knit-wise, M1R, knit to last st, M1L, k1.

Repeat rows 1 and 2 another 4 times = 21 sts.

Repeat rows 1 and 2 WITHOUT increases 1 (1) 1 (1) 2 (2) 2 time(s), work 1st row once more (without increases).

Bind off loosely in knit sts.

## FINISHING

Sew the tie knot onto the inside of the neckline over the 11-13 middle rib sts. The tie knot should be a bit loose, not too tight on the neckline. Place a little Tilia scrap yarn in the same colourway behind the tie knot to add some volume and sew the sides with Tilia.

Sew a few vertical sts in the tie knot to make it look a tiny bit 'messy'. Sew a few sts in both left and right side of the knot, approx. 0.7 cm from the sides.

Now set in the first sleeve into the armhole. Feel free to put pins along the entire armhole so that the work does not slip when the two pieces are sewn together. Start at the shoulder seam and sew down along first one side to the bottom of the armhole, and then down along the other side. Repeat with second sleeve.

Weave in all ends and wash the blouse according to the washing instructions on the labels.

Stretch the blouse carefully, so the size matches the measurements and lay it flat to dry on a towel.