

Design: Rachel Søgaard

# Strand

2nd edition - October 2021 © filcolana English translation: June Thomsen

The Dutch fishermen's Gansey sweaters have been the inspiration for this series of cardigan, sweater, socks, and here mittens with faux cables, to resemble the fishermen's ropes. Left and right side of the mittens are knitted identically and they can therefore be worn on both sides, which make them last longer.

If your gauge is a bit loose, you can felt the mittens and thereby make them extra warm.

### **SIZES**

One size

#### **MEASUREMENTS**

Length of the hand: 19 cm Circumference: 19 cm

#### **GAUGE**

20 sts and 29 rows in stockinette with 4 mm needles =  $10 \times 10 \text{ cm}$ 

Needle sizes are for guidance only.

If you have more sts per 10 cm, change to a larger needle. If you have fewer sts per 10 cm, change to smaller needles.

#### **MATERIALS**

Yarn from Filcolana

100 g **Peruvian** colour 364 (Chai)

**Doublepointed** needles 3.5 and 4 mm

Stitch markers or contrast coloured thread



### **Technical**

## Workflow

### SPECIAL ABBREVIATIONS

#### M<sub>1</sub>L

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

#### M<sub>1</sub>R

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

#### Cdd

Centred double decrease: Slip 2 sts as if to knit, knit 1 st, slip the 2 sts over the knitted st.

The mitten is knitted from bottom up.

First you knit a ribbing edge, then the pattern with cables and increases for the thumb.

Next up work is divided and the thumb sts are put on hold, while the hand is knitted, first following the pattern and later making decreases at the tip.

Then the thumb is knitted in the round with decreases at the fingertip.

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#### **CHART**

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23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
•	<ul> <li>■ Knit on RS, purl on WS</li> <li>■ Purl on RS, knit on WS</li> <li>■ Insert right needle in st as to knit it, yarn over twice, finish st as a knit st and slip from needle. Now you have 2 yarnovers in first st on right needle</li> </ul>																						
<u>V</u>	✓ Slip st with yarn in back  Place 1 st on cable needle and slip one of the yarn overs off the needle, knit 3 sts, knit the st off cable needle.																						
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## Pattern

#### **MITTEN**

With 3.5 mm dpns cast on 48 sts with ordinary long-tail cast-on. Join the round and continue in rib (k1, p1), until work measures 6 cm.

Change to 4 mm dpns.

Knit 1 round and follow chart as follows:

**1st round:** \*k1 and mark this st, knit the 23 sts in chart\*, knit from \* to \* once more.

**2nd-4th round:** Knit as 1st round (still following the consecutive rows in chart).

**5th round (thumb increases):** k1, follow chart over 23 sts, M1R, k1, M1, follow chart over 23 sts.

**6th round:** k1, follow chart over 23 sts, k3, follow chart over 23 sts.

7th round: Knit as 6th round.

8th round (thumb increases): k1, follow chart over

23 sts, M1R, k3, M1L, follow chart over 23 sts.

**9th round:** k1, follow chart over 23 sts, k5, follow chart over 23 sts.

10th round: Knit as 9th round.

**11th round: (thumb increases):** k1, follow chart over 23 sts, M1R, k5, M1L, follow chart over 23 sts.

**12th round:** k1, follow chart over 23 sts, k7, follow chart over 23 sts.

13th round: Knit as 12th round.

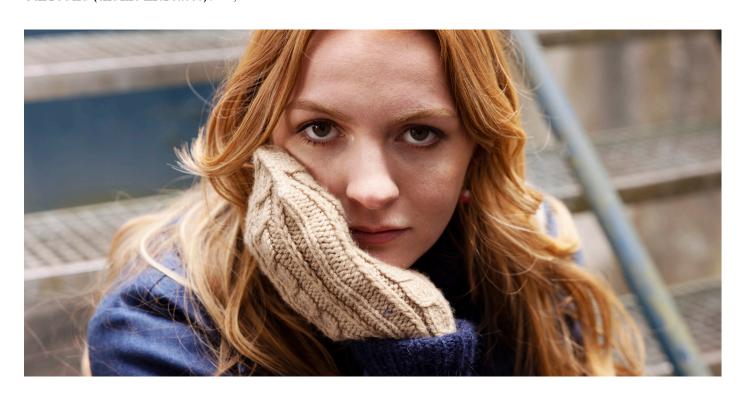
**14th round: (thumb increases):** k1, follow chart over 23 sts, M1R, k7, M1L, follow chart over 23 sts.

**15th round:** k1, follow chart over 23 sts, k9, follow chart over 23 sts.

16th round: Knit as 15th round.

**17th round: (thumb increases):** k1, follow chart over 23 sts, M1R, k9, M1L, follow chart over 23 sts.

**18th round:** k1, follow chart over 23 sts, k11, follow chart over 23 sts.





19th round: Knit as 18th round.

**20th round: (thumb increases):** k1, follow chart over 23 sts, M1R, k11, M1L, follow chart over 23 sts.

**21st round:** k1, follow chart over 23 sts, k13, follow chart over 23 sts.

22nd round: Knit as 21st round.

**23rd round:** k1, follow chart over 23 sts, place the 13 thumb sts on a string or stitch holder, cast on 1 st (and place the marker in this st), follow chart over 23 sts.

Continue in the round, still following chart (without increases), until the mitten measures 16 cm from beginning of chart, to desired length. Finish last round 1 st before the marked st at beginning of round.

Now decreases are made like this:

**Next round:** \*cdd, follow chart to 1 st before the marked st\*, repeat from \* to \* once more.

Repeat this round, until you have 8 sts left on your needles.

Break yarn and pull the tail through the remaining sts.

#### **THUMB**

Place the 13 thumb sts on 4 mm dpns, pick up 3 sts in the hole over the thumb – the middle st is picked up in the new st that was cast on earlier, mark this st = 16 sts.

Knit stockinette in the round until the thumb measures approx. 5 cm from the picked up sts.

Finish last round 1 st before the marked st.

**Next round:** cdd, k5, cdd, k4.

**Next round:** cdd, k3, cdd, k2.

**Next round:** cdd, k1, cdd, k1.

Break yarn and pull the tail through the remaining sts on a tapestry needle.

Knit one more mitten.

#### **FINISHING**

Weave in all loose ends.

If your gauge is a bit loose, you can felt the mitten by washing them in a bit of warm water and regular detergent.

Or you can tumble dry the mittens a little at a time, until they have the right size and firmness.

