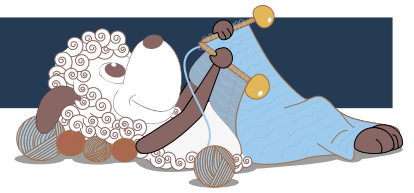


# Balder - a cable sweater



Design: Rachel Søgaard

*A wonderful, classic cable sweater for both men and women.  
The sweater is worked in Peruvian Highland Wool. A beautiful round wool yarn, perfect for knitting cables.*

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English translation: Signe Strømgaard

## Materials

650 (700) 750 (800) g of Peruvian Highland by Filcolana in color 814  
5 mm needles,  
5 mm circular needle, 40 cm long  
Cable needle

## Sizes

S (M) L (XL)

## Measurements

Sweater, chest: 102 (112) 122 (132) cm  
Sleeve length: 47 cm (all sizes)  
Total length: approx. 61 (63) 65 (67) cm

**Please note!** The sweater can easily be worked to a longer length by adding extra cm before the armhole. Remember that this will require more yarn than listed above – approx. 100 g more, if you extend the body with 1 more cable.  
Balder works equally well for men. Size M in the pattern equals a men's size S.

## Gauge

16 sts and 23 rows in stockinette stitch on 5 mm needles = 10 x 10 cm.

## Special abbreviations

**tbl:** Through the back loop. Knitting or purling stitches through the back loop created a twisted stitch.

**M1p:** Make 1 purl-wise by lifting the chain between sts onto the left needle and purling it through the back loop.

## Back

Cast on 99 (107) 115 (123) sts on a 5 mm needle.  
Work back and forth.

**1. p (WS):** 1 selvedge stitch (knit on all rows), \*p1 tbl, 1 r\*. Repeat from \* to \*. End with p1 tbl, 1 selvedge stitch.

**2. p (RS):** 1 selvedge stitch, \*k1 tbl, 1 vr\*. Repeat from \* to \*. End with k1 tbl, 1 selvedge stitch.  
Repeat these 2 rows until the ribbing measures 7 cm.  
End on a WS row.

**Next row (increases):** 1 selvedge stitch, purl 9 (13) 17 (21), \*\*p1, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, p1, k1 tbl\*\*, p16, work from \*\* to \*\* once more, p15, \*\*\*k1 tbl, p1, k1 tbl, M1p, k1



tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, p1\*\*\*, p16, work from \*\*\* to \*\*\* once more, purl 9 (13) 17 (21), 1 selvedge stitch.

There are now 115 (123) 131 (139) sts on the needle.

**Next row (WS):** 1 selvedge stitch, knit 9 (13) 17 (21), work chart B (12 sts), k16, work chart B (12 sts), k15, work chart A (12 sts), k16, work chart A (12 sts), knit 9 (13) 17 (21), 1 selvedge stitch.

Continue as established above until the work measures 39 (40) 41 (42) cm, or the desired length.

Bind off 7 (8) 9 (10) sts for the armholes at the beginning of the next 2 rows = 101 (107) 113 (119) sts on the needle.

Continue straight as established until the armhole measures 21 (22) 23 (24) cm.

Let the center 37 (39) 41 (43) sts of the back rest on a stitch holder and finish each shoulder separately. Decrease 1 stitch at the neck edge every other row twice. Let the remaining 30 (32) 34 (36) sts of the shoulder rest.

Finish the second shoulder in the same way, only mirror reversed.

## Front

Cast on for and knit the front the same way as the back until the armhole measures 15 (16) 17 (18) cm. Let the center 25 (27) 29 (31) sts of the front rest on a stitch holder and finish each side separately. Shape the neckline by binding off stitches every other row. Bind off 4 sts once, then 2 sts once, then 1 stitch twice.

Continue straight as established until the armhole measures the same as for the back. Let the remaining 30 (32) 34 (36) sts of the shoulder rest.

Finish the second shoulder in the same way, only mirror reversed.

## Right sleeve

Cast on 43 (47) 51 (55) sts on a 5 mm needle and work back and forth. Knit 7 cm of twisted ribbing (k1 tbl, p1) the same way as for the back and front. End on a WS row.

**Next row (increases):** 1 selvedge stitch, purl 18 (20) 22 (24), k1 tbl, p1, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, p1, purl 17 (19) 21 (23), 1 selvedge stitch = 47 (51) 55 (59) sts on the needle.

**Next row (WS):** 1 selvedge stitch, knit 17 (19) 21 (23), work chart B (12 sts), knit 18 (20) 22 (24), 1 selvedge stitch.

Continue as established while working an increase row every 6th row until there are 77 (81) 85 (89) sts on the needle.

**Increase row (WS):** 1 selvedge stitch, M1k, work to selvedge stitch, M1k, 1 selvedge stitch.

Then work straight as established until the sleeves measures 51 cm (all sizes) or the desired length. Bind off in pattern.

## Left sleeve

Cast on stitches and knit the ribbing the same way as for the right sleeve.

**Next row (increases):** 1 selvedge stitch, purl 17 (19) 21 (23), p1, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, M1p, k1 tbl, p1, k1 tbl, purl 18 (20) 22 (24), 1 selvedge stitch.

**Next row (WS):** 1 selvedge stitch, knit 18 (20) 22 (24) sts, work chart A (12 sts), knit 17 (19) 21 (23), 1 selvedge stitch.

Continue as established while working an increase row the same way as for the right sleeve every 6th row until there are 77 (81) 85 (89) sts on the needle. Then work straight as established until the sleeves measures 51 cm (all sizes) or the desired length. Bind off in pattern.

## Finishing

Bind off the left front shoulder together with the corresponding back shoulder using the 3-needle bind-off. Bind off the right shoulder the same way.

## Neck edge

Place the resting sts at the front and back of the neck on the circular needle. Pick up and knit approx. 1 stitch for each bound off stitch and 3 sts for every 4 rows along the sides of the neck edge.

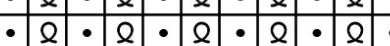
Make sure there are 9-11 sts between the cables at the front and back and that the pattern ribbing will align with the cables. There should be approx. 92 (96) 100 (104) sts on the needle. Work approx. 6 cm of twisted ribbing. Bind off in pattern.

Sew in the sleeves so that the top part of each side is sewn to the bound off sts of the body on each side. Sew the sleeve and side seams.


Rinse the work, put it through a (dry) spin cycle in the washing machine and lay it on a flat surface to dry.

Sew on the buttons.

### Chart A

Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	12
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	11
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	10
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	9
												8
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	7
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	6
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	5
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	4
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	3
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	2
Q	•	Q	•	Q	•	Q	•	Q	•	Q	•	1

### Chart B

•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	12
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	11
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	10
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	9
												8
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	7
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	6
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	5
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	4
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	3
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	2
•	Q	•	Q	•	Q	•	Q	•	Q	•	Q	1

 knit 1 through the back loop on the RS, purl 1 through the back loop on the WS

- purl on the RS, knit on the WS



slip 6 sts to cable needle and hold to back of work, \*p1, k1 tbl\*. Repeat from \* to \* twice more. Work sts on cable needle from \* to \* a total of 3 times.

slip 6 sts to cable needle and hold to front of work, \*k1  
tbl, p1\*. Repeat from \* to \* twice more. Work sts on  
cable needle from \* to \* a total of 3 times.

