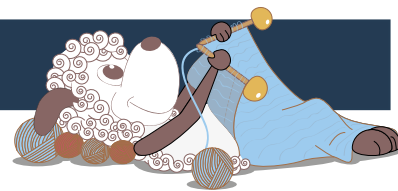


Sif - a sweater with gorgeous cables



Design: Rachel Søgaard

Peruvian Highland Wool is wonderful for many different aran and cable patterns. The yarn is round and gives lovely fullness to the cables.

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English translation: Signe Strømgaard

Material

500 (550) 600 (700) g of Peruvian Highland Wool
5 mm straight needle and a 40 cm long circular needle
1 cable needle

Sizes

S (M) L (XL)

Measurements

Sweater, chest: 92 (100) 108 (116) cm
Total length: 55 (56) 58 (60) cm

Gauge

16 sts and 25 rows in stockinette stitch on 5 mm needles = 10 x 10 cm

Abbreviations

M1: Make 1 st by lifting the chain between stitches onto the left needle and knitting it through the back loop.



Back

Cast on 88 (94) 100 (106) sts.

Row 1 (WS): Knit 1 (2) - (-), purl 2 (2) 1 (2), *k2, p2*. Repeat from * to * to end of row.

Work in ribbing as established for 9 cm. End on a RS row.

Increase on the next row:

Knit 19 (22) 25 (28), p1, M1, p1, k2, p1, M1, p1, k6, p1, M1, p1, k2, p1, M1, p1, k3, M1, k3, M1, p1, M1, M1, p1, M1, k3, M1, k3, p1, M1, p1, k2, p1, M1, p1, k6, p1, M1, p1, k2, p1, M1, p1, knit 19 (22) 25 (28) = 102 (108) 114 (120) sts on the needle.

Next row (RS): Work 19 (22) 25 (28) sts in reverse stockinette stitch (purl on the RS, knit on the WS), work **chart 1** (8 sts), 6 sts in reverse stockinette stitch, work **chart 2** (36 sts), 6 sts in reverse stockinette stitch, work **chart 1**, work 19 (22) 25 (28) sts in reverse stockinette stitch.

Continue as established above, repeating the 12 and 42 rows respectively of the 2 charts.

Continue as established while binding off for the arm-holes when the work measures 36 (37) 38 (39) cm.

Bind off 3 sts at the beginning of the next 2 rows.

Bind off 2 sts at the beginning of the next 2 (4) 4 (4) rows.

Bind off 1 st at the beginning of the next 2 (0) 2 (4) rows.

There are now 90 (94) 98 (102) sts on the needle.

Continue straight until the work measures 54 (55) 57 (59) cm. Bind off the 36 (38) 40 (42) sts at the center of the back and finish each side separately.

Bind off 3 sts at the neck edge once. Let the sts rest and finish the other side in the same way.

Front

Cast on and work the same way as for the back until the front measures 48 (4) 50 (52) cm. Bind off 30 (32) 34 (36) sts at the center of the front and finish each side separately.

Bind off sts for the neck edge every other row. Bind off 3 sts, then 2 sts and finally 1 st. Continue straight until the sleeve measures the same as the back. Finish the other side in the same way.

Place back and front right sides together and bind off the shoulder stitches using the 3-needle bind-off.

Sleeves

Cast on 38 (42) 46 (50) sts.

Row 1 (WS): Knit - (2) - (2), p2, *k2, p2*. Repeat from * to * to end of row

Work in ribbing as established for 10 cm. End on a RS row.

Increase on the next row:

Knit 16 (18) 20 (22), p1, M1, p1, k2, p1, M1, p1, knit 16 (18) 20 (22) = 40 (44) 48 (52) sts on the needle.

Next row (RS): Work 16 (18) 20 (22) sts in reverse stockinette stitch, work chart 1 (8sts), work 16 (18) 20 (22) sts in reverse stockinette stitch.

Continue as established above, repeating the 12 rows of the chart.

Work increases **at the same time**.

Increase row: Work 1 st, M1, work to the last stitch of the row, M1, work 1.

Work an increase row every 4th row until there are 66 (70) 74 (78) sts on the needle.

Work straight until the sleeve measures 42 (43) 44 (45) cm.

Bind off for the sleeve bell at the beginning of every row.

Bind off 3 sts at the beginning of the next 2 rows.

Bind off 2 sts at the beginning of the next 4 (4) 6 (6) rows.

Bind off 1 sts at the beginning of the next 18 (16) 16 (18) rows.

Bind off 2 sts at the beginning of the next 4 (6) 6 (6) rows.

Bind off the remaining 26 (28) 28 (30) sts.

Finishing

Sew the sleeve and side seams. Sew the sleeves to the body.

Pick up and knit 80 (84) 88 (92) sts along the neck edge and work k2, p2 ribbing for 7 cm rib. Bind off.

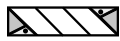


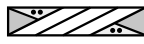
Chart Key


□ Knit on the RS, purl on the WS


◼ Purl on the RS, knit on the WS


 Slip the next stitch onto cable needle and hold to back of work, k3, knit stitch from


 Slip the next 3 sts onto cable needle and hold in front of work, p1, k3 from the cable

 Slip the next 2 sts onto cable needle and hold to back of work, k3, p2 from cable needle

 Slip the next 3 sts onto cable needle and hold in front of work, p2, k3 from cable needle

 Slip the next 3 sts onto cable needle and hold to back of work, k3, p3 from cable needle

 Slip the next 3 sts onto cable needle and hold in front of work, p3, k3 from cable

 Slip the next 3 sts onto cable needle and hold to back of work, k3, k3 from


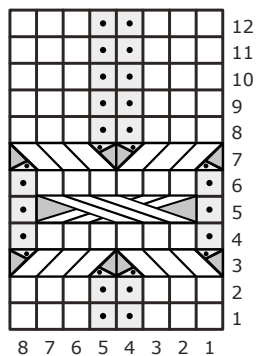
 Slip the next 3 sts onto cable needle and hold in front of work, k3, k3 from

Chart 1**Chart 2**