# Kongelunden - a sweet girls' sweater

Design: Sanne Bjerregaard

Kongelunden (the King's grove) is the largest wood on Amager and was planted in the beginning of the 19th century. The original plan for the wood is still very evident in the rectangular layout and the paths crossing in straight angles.

Here Kongelunden has been turned onto a lovely sweater with balloon sleeves and "false" cables on the back and front. The false cable pattern is created by simply passing stitches over each other to beautiful effect. The sleeves are oversized balloon sleeves, with a long cuff worked with "false" cables. The designer has lived on the island of Amager, where part of Copenhagen is located, for most of her life, so the inspiration for her designs for the Copenhagen collection naturally come from the places on Amager that she loves the most.

1<sup>st</sup> English edition - August 2020 © Filcolana A/S English translation: Signe Strømgaard

### **Materials**

150 (150) 200 (200) 200 (250) g Arwetta Classic by Filcolana in colour 236 (Red Clover)

75 (75) 75 (100) 100 (125) g Tilia in colour 286 (Purpur)

3 mm, 3,5 mm and 4 mm circular needle, 60-80 cm 3,5 mm and 4 mm double-pointed needles (if the Magic Loop technique is not used)

2 stitch holders

Stitch markers: 1 red (to mark beginning of round), 3 blue and 4 green (the colours are not important as long as you can tell the markers apart)

## **Sizes**

2 years/92 cl (4 years/104 cl) 6 years/116 cl (8 years/128 cl) 10 years/140 cl (12 years/152 cl)









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### Measurements

Body, chest: 56-61 (62-67) 68-73 (74-78) 79-83 (84-88) cm

Sweater, chest: 65 (70) 76 (82) 87 (92) cm Length from shoulder: 33 (36) 39 (43) 47 (49) cm Sleeve length: 31 (33) 36 (38) 41 (43) cm

## Gauge

22 sts  $\times$  28 rows in stockinette stitch on a 4 mm needle with 1 strand of each yarn held together = 10  $\times$  10 cm.

## **Directions for knitting**

Kongelunden is worked seamlessly from the top down. Stitches are worked back and forth with increases at the shoulders until the total back width has been achieved. Then the work is divided for front and back, which are worked separately to the bottom of the armholes. Here the sections are joined again and the body worked in the round to the hem.

## **Special abbreviations**

<u>Skyokp</u>: Slip 1 stitch knit-wise, knit yarn over, k1, pass the slipped stitch over the 2 knitted stitches. <u>Skkp</u>: Slip 1 stitch knit-wise, k2, pass the slipped stitch over the 2 knitted stitches.

M1L (Make 1 Left): From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

M1R (Make 1 Right): From the back, lift the horizontal strand between stitches with the left needle and knit through the front loop.

<u>M1p</u>: From the back, lift the horizontal strand between stitches with the left needle and purl it. <u>Skp</u>: slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit stitch.

### **Special techniques**

<u>Shoulder increases</u>: Shoulder increases are worked from the RS as follows: Knit to the shoulder sts, M1L, k2 (shoulder sts), M1L.

<u>Short rows - GSR (German short rows)</u>: Work to where the turn needs to be, turn, then slip the first stitch purl-wise with the yarn held in front. Bring the

## **Backward loop cast-on**

Form a loop with the yarn, so the end attached to the skein of yarn is in front of the end attached to the sts on the needle, insert the right needle through the front of the loop and pull tight so the loop becomes a stitch around the needle. Repeat until you have the desired number of stitches.





working yarn up and over the needle and down on the other side, pulling hard enough on the yarn to make the stitch on the needle look like a double stitch (the 2 legs of the stitch are visible). Continue row as pattern describes.

When working across the stitch that looks like a double stitch, work it as 1 stitch, either knitting or purling the 2 legs together, as the pattern describes.

### Yoke

Cast on 64 (72) 80 (80) 80 (88) sts on a 3,5 mm circular needle with 1 strand of Arwetta Classic and 1 strand of Tilia held together. Join in the round and place markers as follows:

Round 1: Place red marker (beginning of round marker, round begins to the left of the pattern on the back), p2, [k2, p2] 5 (6) 7 (7) 7 (8) times, place blue marker, k2, p2, place green marker, k2 (shoulder sts), place green marker, p2, k2, place blue marker, p2, [k2, p2] 5 (6) 7 (7) 7 (8) times, place blue marker, k2, p2, place green marker, k2 (shoulder sts), place green marker, p2, k2.

Round 2: P2, [k1, yarn over, k1, p2] 5 (6) 7 (7) 7 (8) times, slip marker, k2, p2, slip marker, k2 (shoulder sts), slip marker, p2, k2, slip marker, p2, [k1, yarn over, k1, p2] 5 (6) 7 (7) 7 (8) times, slip marker, k2, p2, slip marker, k2 (shoulder sts), slip marker, p2, k2. There are now 74 (84) 94 (94) 94 (104) sts on the needle.

Round 3: P2, [skyokp, p2] 5 (6) 7 (7) 7 (8) times, slip marker, k2, p2, slip marker, k2 (shoulder sts), slip marker, p2, k2, slip marker, p2, [skyokp, p2] 5 (6) 7 (7) 7 (8) times, slip marker, k2, p2, slip marker, k2

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(shoulder sts), slip marker, p2, k2.

There are now 64 (72) 80 (80) 80 (88) sts on the needle.

Round 4: Work as Round 2.

There are now 74 (84) 94 (94) 94 (104) sts on the needle.

Round 5: Work sts as they present (knit the knit sts and purl the purl sts), knit the yarn overs.

Round 6: Work sts as they present.

Change to a 4 mm circular needle.

Round 7: \*P2, [to-2, p2] 5 (6) 7 (7) 7 (8) times, slip marker, k4, M1R, slip marker, k2, slip marker, M1L, k4, slip marker\*, repeat from \* to \*.

There are now a total of 68 (76) 84 (84) 84 (92) sts on the needle.

Round 8: \*P2, [k1, yarn over, k1, p2, M1p] 4 (5) 6 (6) 6 (7) times, k1, yarn over, k1, p2, slip marker, 5 r, M1R, slip marker, k2, slip marker, M1L, 5 r, slip marker\*, repeat from \* to \*.

There are now a total of 90 (102) 114 (114) 114 (126) sts on the needle.

Round 9: Work sts as they present (knitting the yarn overs), still with increases on both sides of the shoulder sts.

Round 10: Work sts as they present, still with increases on both sides of the shoulder sts.

Round 11: \*P2, [skkp, p3] 4 (5) 6 (6) 6 (7) times, skkp, p2, slip marker, knit to next marker, M1R, slip marker, k2, slip marker, M1L, knit to next marker, slip marker, repeat from \* to \*.

Round 12: \*P2, [k1, yarn over, k1, p3] 4 (5) 6 (6) 6 (7) times, k1, yarn over, k1, p2, slip marker, knit to next marker, M1R, slip marker, k2, slip marker, M1L, knit to next marker, slip marker, repeat from \* to \*. Round 13: Work sts as they present (knitting the yarn overs), still with increases on both sides of the shoulder sts.

Round 14: Work sts as they present, still with increases on both sides of the shoulder sts.

Repeat Round 11-14, until shoulder increases have been worked a total of 15 (16) 16 (18) 20 (20) times. There are now a total of 142 (158) 170 (178) 186 (198) sts on the needle.

Now divide work for back and front as follows: Next round: Work cable pattern Round 11 (and stockinette stitch after blue marker), to the first green marker at the shoulder sts, remove marker and bind off the 2 shoulder sts, remove marker, continue in pattern and stockinette stitch to green marker, remove marker, bind off the 2 shoulder sts, remove marker, knit to end of round.

Break the yarn and slip sts from left to right needle without knitting them to the bound off sts. There are now 64 (71) 76 (80) 84 (89) on each side.

Now work the cable pattern back and forth as follows: Row 1: P2, [skkp, p3] 4 (5) 6 (6) 6 (7) times, skkp, p2.

Row 2: K2, [p1, yarn over, p1, 3 r] 4 (5) 6 (6) 6 (7)

times, p1, yarn over, p1, k2.

Row 3: Work sts as they present, knit the yarn overs.

Row 4: Work sts as they present.

Repeat Row 1-4.

#### **Back**

Next row (WS): Purl 19 (20) 20 (22) 24 (24) sts, work cable pattern Row 2, purl 19 (20) 20 (22) 24 (24) sts.

There are now a total of 69 (77) 83 (87) 91 (97) sts on the needle.

Continue in cable pattern and stockinette stitch on both sides as established until the armholes measure  $8\ (9)\ 9\ (10)\ 10\ (11)$  cm from the bound off shoulder sts. End on a WS row. Place a marker at both ends of the last row.

Next row (RS): k1, M1R, knit and work cable pattern to the last st, M1L, k1.

Work 3 rows of cable pattern and stockinette stitch. Repeat these 4 rows a total of 3 (3) 3 (3) 4 (4) times. There are now a total of 75 (83) 89 (93) 99 (105) sts on the needle. End on a WS row. Break the yarn.

### **Front**

Join the yarn from the WS to the resting front sts and work the front the same as the back, but do not break the yarn after the last WS row.

Now work the cable pattern in the round:

Round 1: P2, [skkp, p3] 4 (5) 6 (6) 6 (7) times, skkp, n2.

Round 2: P2, [k1, yarn over, k1, p3] 4 (5) 6 (6) 6 (7) times, k1, yarn over, k1, p2.

Round 3: Work sts as they present, knit the yarn overs.

Round 4: Work sts as they present. Repeat Round 1-4.

### **Body**

Now continue in the round as follows:

Next round (RS): Work across front as established, cast on 2 (2) 3 (4) 4 (5) new sts in extension of the front sts using the backward loop method, place side marker, cast on 2 (2) 3 (4) 4 (5) more new sts, work across back sts as established, cast on 2 (2) 3 (4) 4 (5) new sts in extension of the back sts, place a marker for the beginning of the round, cast on 2 (2) 3 (4) 4 (5) new sts. Join the work in the round. There are now a total of 158 (174) 190 (202) 214 (230) sts on the needle.

Continue in the round in cable pattern and stockinette stitch as established until the work measures 15 (16) 19 (21) 22 (23) cm from the armholes. End on Round 1 of the cable pattern.

Change to a 3 mm circular needle.

## Only size 2, 6 og 10 years

Next round: \*\*P2tog, \*k2, p2\*, repeat from \* to \* to first cable, [k2, p1, p2tog] 4 (5) 6 (6) 6 (7) times, k2, #p2, k2#, repeat from # to # to 2 sts before marker, p2tog\*\*, slip marker, repeat from \*\* to \*\*. There

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are now a total of 146 (-) 178 (-) 202 (-) sts on the needle.

Next round: P1, \*k2, p2\*, repeat from \* to \* to the last st, p1.

Repeat the last round until the rib measures 4 (-) 5 (-) 6 (-) cm. Bind off the sts as the present.

## Only size 4, 8 og 12 years

Next round: K1, \*p2, k2\*, repeat from \* to \* to 2 sts before last cable, p2, [k2, p1, p2tog] 4 (5) 6 (6) 6 (7) times, k2, #p2, k2#, repeat from # to # to 2 sts before first cable on back, p2, [k2, p1, p2tog] 4 (5) 6 (6) 6 (7) times, k2, repeat from # to # to the last 3 m before beginning of round marker, p2, k1.

There are now a total of -(164) - (190) - (216) sts on the needle.

Next round: K1, \*p2, k2\*, repeat from \* to \* to the last st, k1.

Repeat the last round until the rib measures - (5) - (5) - (6) cm. Bind off the sts as the present.

## Sleeves (all sizes)

Along the armhole edge, place a marker 3 cm from the shoulder sts on both front and back.

Pick up and knit sts from the RS along the armhole with a 4 mm circular needle (or double-pointed needle) and 1 strand of Arwetta Classic and 1 strand of Tilia held together.

Pick up and knit 8 (8) 9 (10) 12 (12) sts from the centre of the bottom of the armhole to the first marker, pick up and knit 14 (16) 16 (18) 18 (20) sts to the marker 3 cm before the shoulder sts, pick up and knit 14 sts to the next marker, pick up and knit 14 (16) 16 (18) 18 (20) sts to the next marker, pick up and knit 8 (8) 9 (10) 12 (12) sts to the bottom of the armhole. There are now a total of 58 (62) 64 (70) 74 (78) sts on the needle.

Join in the round and place a marker for the beginning of the round.

Next round: Knit to the second marker, work skp in each of the 14 sts to the third marker, knit to end of round. There are now a total of 72 (76) 78 (84) 88 (92) sts on the needle.

Now work short rows as follows:

Row 1: Knit to the last 8 (8) 9 (10) 12 (12) sts, turn. Row 2 (WS): Work short row st, purl to the last 8 (8) 9 (10) 12 (12) sts, turn.

Row 3: Work short row st, knit to the last 5 (5) 6 (7) 9 (9) sts, turn.

Row 4: Work short row st, purl to the last 5 (5) 6 (7) 9 (9) sts, turn.

Row 5: Work short row st, knit to the last 2 (2) 3 (4) 6 (6) sts, turn.

Row 6: Work short row st, purl to the last 2 (2) 3 (4) 6 (6) sts, turn.

Only size 10 og 12 years

Row 7: Work short row st, knit to the last 3 (3) sts, turn.

Row 8: Work short row st, purl to the last 3 (3) sts, turn.

#### All sizes

Next round: Work short row st, knit to end of round. Now continue in the round in stockinette stitch until the sleeve measures 24 (25) 28 (30) 31 (33) cm from the armhole.

Next round: Knit 0 (4) 3 (6) 4 (2) sts, \*k2tog\*, repeat from \* to \* to the last 0 (4) 3 (6) 4 (4) sts, knit 0 (4) 3 (6) 4 (2) sts. There are now a total of 36 (42) 42 (48) 48 (48) sts on the needle.

Change to a 3,5 mm circular needle (or double-pointed needles) and work cable pattern as follows:

Round 1: \*Skkp, p3\*, repeat from \* to \* to end of round.

Round 2: \*K1, yarn over, k1, p3\*, repeat from \* to \* to end of round.

Round 3: Work sts as they present, knit the yarn overs.

Round 4: Work sts as they present.

Repeat Round 1-4 a total of 5 (7) 7 (7) 8 (8) times. Work Round 1 once more.

Bind off using the stretchy bind-off technique as follows:

K2, \*insert left needle into both sts on the right needle, so the left needle is closest to you, catch the working yarn with the right needle and pull it through both sts, let both sts fall of the right needle, then slip the new stitch to the right needle, work 1 st (knit or purl as the st presents)\*, repeat from \* to \* until all sts have been bound off.

Work the second sleeve the same as the first.

## **Finishing**

Weave in all ends and wash the vest according to the instructions on the yarn label. Lay it flat on a towel to dry.