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Monica

1st edition - August 2022 © filcolana #FilcolanaMonica

Walking barefoot through the city on an early morning while the sun rises, the birds wake up and sing their morning song in the city parks. That vibe Monica Zetterlund hits so beautifully when she sings "Sakta Vi Gå Genom Stan", a wonderfully fine jazz melody about Stockholm an early summer morning.

SIZES

S (M) L (XL) 2XL

MEASUREMENTS

Fits chest sizes: 86-90 (91-97) 98-106 (107-117)

118-124 cm

Chest: 97 (103) 110 (119) 124 cm Length: 52 (53) 56 (57) 58 cm Sleeve length: 44 (44) 46 (46) 46 cm

GAUGE

15 sts and 20 rows in stockinette on 6 mm needles = 10×10 cm.

The knitting sample is measured after washing.

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.

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MATERIALS

Yarn from Filcolana

350 (400) 450 (450) 500 g **Peruvian** in col. 334 (Light Blush) and 100 (100) 125 (125) 125 g **Tilia** in col. 373

(Vintage Rose)

Knit one strand of each quality held together throughout work.

5 mm and 6 mm circular needles, 80 cm. 5 mm and 6 mm double pointed needles (dpns) for sleeves (can be skipped if you are using magic loop technique on a long circular needle.

Stitch markers; 2 red, 2 blue and 4 green.

The colours are secondary as long as you can tell the difference between them. Markers can easily be contrast-colored thread that is wrapped around the stitches to be marked.

6 (6) 5 (5) 5 buttons

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Techniques

SPECIAL ABBREVIATIONS

M1R - Right slanted increase

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

M1L - Left slanted increase

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

SPECIAL TECHNIQUES

Short rows

Slip 1st st purl-wise with yarn in front onto right needle. Tug the working yarn up and over the needle. This creates a double stitch. Continue working the row as instructed in pattern. On next row work the double sts together. When working the double st, insert needle through both stitch legs as in one stitch, either knit-wise or purl-wise as pattern indicates. This technique is called German short rows.

CHART

•	•		0	Λ	0		•	•		0	Λ	0		•	•	8
•	•						•	•						•	•	7
•	•		_		_	<	•	•		0	Λ	0		•	•	6
•	•						•	•						•	•	5
•	•		0	Λ	0		•	•		0	Λ	0		•	•	4
•	•						•	•						•	•	3
•	•		0	Λ	0		•	•	\geq			_	<	•	•	$\frac{1}{2}$
•	•						•	•						•	•	1
16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	

Knit on right side, purl on wrong side

Purl on right side, knit on right side

Yarn over

Centre double decrease. Slip 2 sts as if to knit, k1, pass the 2 slipped sts over the knitted st.

Slip 3 sts to cable needle in front of work, k3, knit sts from cable needle.

Workflow

Monica is worked from top to bottom with short rows in the neck, raglan increases, and cable pattern along the upper sides of the sleeves.

Work is later divided into body and sleeves and each part finished separately.

At the end pick up sts along the neckband and fronts, and work those sts in rib.





Pattern

With 6 mm needles and 1 strand of each yarn held together cast on 80 (84) 84 (90) 90 sts, at same time divide sts into sections as follows:

Cast on 11 (12) 12 (14) 14 sts for the right front, place a red marker, cast on 1 raglan st, place a green marker, cast on 16 sts for right sleeve, place a green marker, cast on 1 raglan st, place a blue marker, cast on 22 (24) 24 (26) 26 sts for the back, place a blue marker, cast on 1 raglan st, place a green marker, cast on 16 sts for left sleeve, place a green marker, cast on 1 raglan st, place a red marker, cast on 11 (12) 12 (14) 14 sts for left front.

The sts between the green markers are sleeve sts, the ones between the blue markers are the back sts. Slip the markers from left to right needle as you knit the sts on the needles.

Work short rows and raglan increases back and forth like this:

1st short row (WS): Purl to the 1st green marker, *work the sleeve sts according to the 1st row of the chart*, purl to next green marker, repeat from * to *, purl to 2 sts after the red marker, turn work.

2nd short row: Work a short row, knit to the red marker, *M1R, slip marker, k1, slip marker, M1L, follow the 2nd row of the chart to the green marker, M1R, slip marker, k1, slip marker, M1L*, knit to the blue marker, repeat from * to * once more, k2, turn work.

3rd short row: Work a short row, purl to the 1st green marker, *work sleeve sts according to chart*, purl to the next green marker, repeat from * to *, purl to 2 sts after the short row from previous row, turn work.

4th short row: Work a short row, knit to the red marker, *M1R, slip marker, k1, slip marker, M1L, follow chart to the green marker, M1R, slip marker, k1, slip marker, M1L*, knit to the blue marker, repeat from * to * once more, knit to 2 sts after the short row from previous row, turn work.

Repeat rows 3 and 4 another 1 (2) 2 (3) 3 times.

Last short row (WS): Knit as 3rd short row but purl remaining sts after the short row from previous row.

Next row: Knit sts and work sleeve sts according to chart over remaining sts.

The short rows are now done, and work continues over all sts.



Next row (WS): Purl sts and follow chart over sleeve sts as previously.

Next row: Knit sts with increases on both sides of the raglan sts, and follow chart over sleeve sts, as previously.

Repeat these 2 rows until you have increased a total of 21 (22) 24 (25) 26 times, finish with a wrong side row = 32 (34) 36 (39) 40 sts on each front, 58 (60) 64 (66) 68 sts on each sleeve and 64 (68) 72 (76) 78 sts on the back.



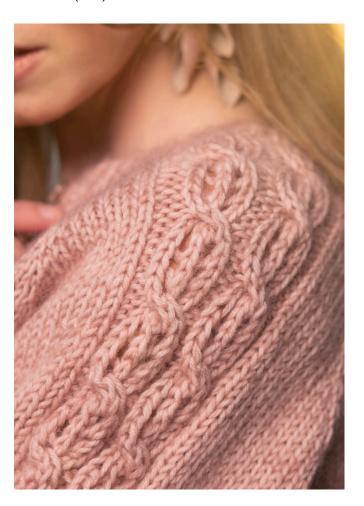
Now separate work into body and sleeves like this: **Next row (RS):** Knit to the red marker, *remove marker, k1, remove marker, slip sleeve sts onto a stitch holder or string, remove marker, separate the threads so that you cast on 4 (6) 6 (8) 12 sts with long-tail caston (hold the threads so it is Peruvian that becomes the new sts on the needle and Tilia shapes the chain under the needle), k1, remove marker*, knit to next marker, repeat from * to *, knit remaining sts = 140 (152) 160 (174) 186 sts.

Continue in stockinette until the body measures 21 (21) 22 (22) 22 cm from the cast on sts in the armhole, finish with a right side row.

Only size M

Next row (WS): Purl 50 sts, p2tog, purl till you have 52 sts left, p2tog, purl remaining sts = 150 sts.

Only sizes S and L Next row (WS): Purl all sts = 140 and 160 sts.



Only size XL

Next row (WS): Purl all sts and at the same time make an increase on the middle of the row = 175 sts.

Only size 2XL

Next row (WS): Purl 93 sts, p2tog, purl remaining sts = 185 sts.

All sizes

Change to 5 mm needles.

Ribbing edge

1st row (RS): K1, *k1, p1, k1, p2*, repeat from * to * to last 4 sts, k1, p1, k2.

2nd row: P1, *p1, k1, p1, k2*, repeat from * to * to last 4 sts, p1, k1, p2.

Repeat these 2 rows, until the ribbing measures 6 cm, finish with a wrong side row.

Bind off as pattern indicates, where there are 2 consecutive purl sts, purl these 2 sts together before binding them off.

SLEEVES

Starting from the middle of the armhole, with 6 mm needles and 1 strand of each quality, pick up 2 (3) 3 (4) 6 sts, to the resting sts, work the sleeve sts onto the needles, still working the cables according to the chart, and pick up 2 (3) 3 (4) 6 sts, to the middle of the armhole = 62 (66) 70 (74) 80 sts.

Join round.

Only size XL

Next round: K3, k2tog, knit sts and follow chart to last 5 sts, k2tog, knit remaining sts = 72 sts.

All sizes

Continue in the round and still following the chart, until the sleeve measures 38 (38) 40 (40) 40 cm.

Only size S

Next round: K2tog, *k2tog, k1, k2tog, k2tog*, repeat from * to * to last 4 sts, k2tog, k2tog = 35 sts.



Only size M

Next round: K2, * $k2\log^*$, repeat from * to * to last 2 sts, k2 = 35 sts.

Only size L

Next round: *k2tog*, repeat from * to * over all sts = 35 sts.

Only size XL

Next round: *k2tog, k2tog, k1, k2tog, k2tog*, repeat from * to * over all sts = 40 sts.

Only size 2XL

Next round: *k2tog*, repeat from * to * over all sts = 40 sts.

All sizes

Change to 5 mm needles.

Ribbing edge

Next round: *p2, k1, p1, k1*, repeat from * to * over all sts.

Repeat this round until ribbing edge measures 6 cm. Bind off as body ribbing.

Work the second sleeve the same way.

NECKBAND

Starting on the right front, with 5 mm needles and 1 string of each quality, pick up 13 (14) 14 (17) 17 sts along the right side of the neckline, pick up 16 sts along the sleeve, pick up 23 (25) 25 (25) 25 sts along the back, 16 sts along the second sleeve, and 13 (14) 14 (17) 17 sts along the left side of the neckline = 81 (85) 85 (91) 91 sts.

Only sizes S, XL, and 2XL

1st row (WS): P2, k2, *p1, k1, p1, k2*, repeat from * to * to last 2 sts, p2.

2nd row: K2, p2, *k1, p1, k1, p2*, repeat from * to * to last 2 sts, k2.

Only sizes M and L

1st row (WS): P1, *p1, k1, p1, k2*, repeat from * to * to last 4 sts, p1, k1, p2.

2nd row: K1, *k1, p1, k1, p2*, repeat from * to * to last 4 sts, k1, p1, k2.

All sizes

Repeat these 2 rows until you have worked 5 rows in rib.

Bind off in rib as pattern indicates.

BUTTON BANDS

Left button band

Starting at the top of the neckband, on the left front, with 5 mm needles and 1 string of each quality, pick up 85 (85) 90 (90) 90 sts along the front.

1st row (WS): P1, *p1, k1, p1, k2*, repeat from * to * to last 4 sts, p1, k1, p2.

2nd row: K1, *k1, p1, k1, p2*, repeat from * to * to last 4 sts, k1, p1, k2.

Repeat these 2 rows until you have worked 5 rows in rib.

Bind off in rib as on the body.

Right button band (button hole band)

Starting at the bottom of the ribbing edge of the right front, with 5 mm needles and 1 strand of each quality, pick up 85 (85) 90 (90) 90 sts along the front.

1st row (WS): P1, *p1, k1, p1, k2*, repeat from * to * to last 4 sts, p1, k1, p2.

2nd row: K1, *k1, p1, k1, p2*, repeat from * to * to last 4 sts, k1, p1, k2.

3rd row (wrong side) (buttonhole row): P2, k1,

p2tog, yarn over, p2tog tbl, work 11 (11) 16 (16) 16 sts in rib as pattern indicates, repeat from * to * to last 7 sts, p2tog, yarn over, p2tog tbl, work rib over remaining sts.

4th row: Work as 2nd row while at the same time working a k1 and a k1 tbl in each yarn over.

5th row: Work as 1st row.

Bind off in rib as on the body.

FINISHING

Weave in all ends and sew in the buttons.

Wash the cardigan according to the washing instructions on the labels, and lay it flat to dry on a towel.