

# filcolana

OBSESSED WITH QUALITY YARN SINCE 1952



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## Norah

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#FilcolanaNorah

**The designer found the inspiration for the Norah cardigan in the music video “Don’t Know Why” by Norah Jones. The music gently wraps itself around the listener, and in the same way, the Norah cardigan is like a soft hug. The wrap cardigan has a slightly loose fit and soft, baggy three-quarter sleeves with a decorative box-pleated hem, which makes it easy to wear with dresses or trousers and a basic t-shirt alike.**

### SIZES

S (M) L (XL)

### MEASUREMENTS

Fits chest sizes: 90-96 (97-103) 104-110  
(111-118) cm

Chest: 110 (116) 122 (128) cm (the circumference  
is measured with the cardigan wrapped and an 8 (8) 8  
(10) cm fabric overlap)

Back width: 55 (58) 61 (64) cm

Length: 60 (62) 64 (66) cm

Sleeve length: 14 (14) 15 (16) cm

### GAUGE

21 sts and 26 rows in stockinette with 1 strand of each  
quality held together on 4.5 mm needles = 10 x 10 cm.

Knitting sample is measured after washing.

Needle sizes are for guidance only. If you have more  
stitches on 10 cm, change to a larger needle. If you  
have fewer stitches on 10 cm, change to smaller  
needles.

### MATERIALS

#### Yarn from Filcolana

200 (250) 250 (300) g **Saga** in col. 978 (Oatmeal)

175 (200) 225 (225) g **Alva** in col. 979 (Pebbles)

**Knit the 2 strands held together throughout work.**

3.5 mm circular needles, 80 cm

4 mm circular needles, 40 cm (2 pcs.) and 80 cm

4.5 mm circular needles, 40 and 80 cm

3 mm crochet hook

Stitch markers

2 stitch holders





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## Techniques

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### SPECIAL ABBREVIATIONS

#### **Sl1 k1 psso (decrease st)**

Slip 1 st, knit 1 st, pass the slipped st over the knitted st.

#### **Purl selvedge st**

Purl the selvedge st on all rows.

#### **Knit selvedge st**

Knit the selvedge st on all rows.

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## Workflow

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Work the entire cardigan with 1 strand of each quality held together.

The body is worked in one piece, from bottom and up, and back and forth on circular needles.

First, you work a stockinette section at the bottom of the body, this will be folded over in the purled row.

While working the folded row, cast on sts in each side, for rib button bands and the button bands are then worked along with the body.

Knit the sleeves bottom and up in the round.

Join body and sleeves and work the yoke with raglan decreases.

Fold box-pleats on the sleeve and pick up sts in the armhole.

Finally, pick up sts for the neckband.







# Pattern

## BODY

With 4 mm circular needles, 80 cm, and 1 strand of each quality cast on 229 (241) 253 (269) sts, like this:

**1st row (WS):** Knit selvedge st, purl all sts to last st, knit selvedge st.

**Next row:** Knit all sts.

Repeat these 2 rows, until work measures 6 cm, finish with a right side row.

**Next row (WS) (fold row):** K2tog, knit to last 2 sts, k2tog, cast on 15 new sts with long-tail cast-on at the end of the row.

**Next row:** K2, \*p1, k1\*, repeat from \* to \* over the next 10 sts, p1, knit remaining sts, cast on 15 sts at the end of the row.

Now, work the front sts on two separate 4 mm/40 cm circular needles, and work the body sts on 4.5 mm circular needles, like this:

**Row A (WS):** With the short 4 mm circular needle slip 1st st purl-wise with yarn in front, knit rib (p1, k1) over the next 14 sts, purl the next 227 (239) 251 (267) sts on 4.5 mm needles, while working the next 13 rib sts as pattern indicates with the second short 4 mm circular needles, end row with p2.

**Row B:** With the short 4 mm circular needles slip 1st st knit-wise with yarn behind work, work the 14 rib sts as pattern indicates, work the next 227 (239) 251 (267) sts on 4.5 mm needles, and with the second short 4 mm circular needle work the next 13 rib sts as pattern indicates, end row with k2.

Repeat rows A and B until you have worked 6 cm after the purled row, finish with a right side row.

**Next row (WS):** Knit rib as previously in the beginning and end of the row and knit the 227 (239) 251 (267) sts in between, so that you again have a purl ridge on the right side of the work.

Now, continue as described in rows A and B until work measures 25 (26) 27 (28) cm from the purled row, where you also cast on for rib button bands. Finish with a right side row.



## ARMHOLES

**Next row (WS):** Knit 67 (69) 71 (75) sts, bind off the next 6 (8) 10 (12) sts, knit 111 (115) 119 (123) sts, bind off the next 6 (8) 10 (12) sts, knit 67 (69) 71 (75) sts.

Turn work and knit the right front button band sts. Break yarn and let work rest while working the sleeves.

## SLEEVES

With 4.5 mm circular needles, 40 cm, cast on 102 (106) 110 (114) sts. Join round and knit 1 round.

**Next round:** Knit 39 (41) 43 (45) sts, place a marker on each side of the next 24 sts, knit remaining sts.

Attach the markers to work, they will be used later to make the box-pleat at the bottom of the sleeve.



Work stockinette in the round, until sleeve measures 10 (10) 11 (12) cm.

**Next round:** Bind off the first 3 (4) 5 (6) sts, knit 96 (98) 100 (102) sts, bind off the next 3 (4) 5 (6) sts and break yarn.

Let the sleeve sts rest and work the second sleeve the same way.



## YOKE

Slip the parts onto the same 4.5 mm circular needles in this order but without knitting them, the rib button bands are still placed on separate short circular needles: Right front, the one sleeve, back, second sleeve, left front.

Join yarn after the rib button bands and knit next row like this:

**Next row (RS):** Knit to last 2 sts on right front, place marker, k1, k2tog, k1, place marker, knit to last 2 sts on right sleeve, place marker, k1, k2tog, k1, place marker, knit to last 2 sts on the back, place marker, k1, k2tog, k1, place marker, knit to last 2 sts on left sleeve,

place marker, k1, k2tog, k1, place marker, knit to rib button bands, work these with the short 4 mm circular needles.

**Next row:** Work the rib button bands as previously and purl all the remaining sts.

**Next row (RS):** \*Knit to 2 sts before the marker, sl1 k1 pssso, knit the 3 raglan sts, k2tog\*, repeat from \* to \* another 3 times.

Repeat the raglan decreases on every 4th row, until you have worked a total of 6 (6) 6 (6) raglan decreases.

Now, work the raglan decreases on every 2nd row until you have worked a total of 26 (27) 28 (29) raglan decreases. Finish with a right side row.

You now have 39 (40) 41 (44) sts on each front, 55 (57) 59 (61) sts on the back and 40 (40) 40 (40) sts on each sleeve = 225 (229) 233 (241) sts in total, including 12 raglan sts.

## NECKLINE

Now it is time to bind off for the neckline and over the sleeves while at the same time continuing the raglan decreases on every 2nd row, as long as you have sts for this.

**Next row (WS):** First, work the 15 rib button band sts and let these sts rest on a stitch holder, bind off the next 6 (7) 8 (11) sts purl-wise, purl all sts to the front button band, work the front button band rib sts as previously.

**Next row:** Work the 15 rib button band sts and let these sts rest on a stitch holder, bind off the next 6 (7) 8 (11) sts knit-wise, knit remaining sts, and work raglan decreases as previously.

Now bind off the following sts at the beginning of every row: 3 sts once, 2 sts twice, 1 st 4 times, 9 sts twice, and 10 sts once, **AT THE SAME TIME** continue the raglan decreases on every right side row as long as you have sts for it.

When you have worked all bind offs and raglan decreases you only have the neck sts left on your needles.

Bind off the remaining sts.



## BUTTON BAND

First, slip the ribbed button band sts on the right front onto 3.5 mm circular needles, without working the sts. Join yarn to work after the last rib st and pick up 22 (23) 24 (25) sts over the front sts, to the 3 raglan sts, pick up 3 sts in these raglan sts, pick up 20 (20) 20 (20) sts in the right sleeve sts, 3 sts in the 3 raglan sts, pick up 33 (35) 37 (39) sts in the neck, 3 sts in the raglan sts, pick up 20 (20) 20 (20) sts in the left sleeve sts, 3 sts in the raglan sts, pick up 22 (23) 24 (25) sts in the left front rib sts, knit the 15 rib sts onto the needle = 159 (163) 167 (171) sts.

Now work the neck ribbing like this:

Slip 1 st at beginning of each row and work the neckline sts in rib in continuation of the rib button band sts.

Continue until work measures 4.5 cm. Last row is a wrong side row.

**Next row (RS):** Slip 1 st, \*K1, slip the purl st with yarn in front of the st\*, repeat from \* to \* over all sts, knit the last 2 sts.

**Next row:** Slip 1 st, \*slip purl st with yarn in front of the st, k1\*, repeat from \* to \* over remaining sts, knit last st.

### Bind off with Italian bind off like this:

Measure a tail approx. 4 times the width of the rib. Thread tail onto a tapestry needle. First st should be a knit st.

1. Insert tapestry needle into the first st on left needle as if to purl, pull the yarn through.
2. From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.
3. Insert tapestry needle through the 2nd st, from front and out on the back.
4. Insert tapestry needle from front into the 1st st as if to knit it, slip st off needle.
5. From the front insert tapestry needle - from right to left - into the front leg of the 2nd st (knit st), pull yarn through.
6. Insert tapestry needle into 1st st as if to purl, slip st off needle.
7. Insert tapestry needle between 1st and 2nd st, from back to front
8. From the front insert needle through the 2nd st, pull yarn through.
9. Insert tapestry needle into 1st st as if to knit, slip st off needle.

**10.** Work as point 5.

**11.** Work as point 6.

Repeat rows 7-11 until you have 3 sts left on your needles.

### Finish:

From the front, insert the tapestry needle from right to left, into the last 2 sts, as if to purl them together, pull yarn through.

Insert tapestry needle into 1st st as if to purl, slip st off needle.

Insert tapestry needle into the last 2 sts as if to knit them together, slip both sts off needles.

All sts are now bound off. Weave in end, carefully.

## SLEEVE EDGE

### Box-pleat

Mark the middle of the 24 marked sts at the sleeve cast on edge. Fold the 2 markers on each side of the 24 sts towards the middle and weave the box-pleat. You might need to pull a thin thread through the knitted layers to keep the box-pleat in place.

Join yarn to beginning of round of the sleeve and with 3.5 mm circular needles pick up 76 (80) 84 (88) sts along the right side of the sleeve cast on edge. Be careful to work through all the layers at the box-pleat. Join round and place a marker at beginning of round.

Knit 4 cm rib (k1, p1).

**Next round:** \*k1, slip the purl st with yarn in front of work\*, repeat from \* to \* over remaining sts.

**Next round:** \*Slip the knit sts with yarn behind work, p1\*, repeat from \* to \* over remaining sts.

### Bind off with Italian bind off like this:

Measure a tail approx. 4 times the length of the rib circumference. Thread tail onto a tapestry needle. First st should be a knit st.

1. Insert tapestry needle into the first st on left needle as if to purl, pull the yarn through.
2. From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.
3. Insert tapestry needle through the 2nd st, from front and out on the back.
4. Insert tapestry needle from front into the 1st st as if to knit it, slip st off needle.
5. From the front insert tapestry needle - from right to left - into the front leg of the 2nd st (knit st), pull yarn through.





**6.** Insert tapestry needle into 1st st as if to purl, slip st off needle.

Finish:

**7.** From the front insert needle, from right to left, into the first bound off st, pull the yarn through.

**8.** Knit as point 6.

All sts are now bound off. Weave in end, carefully.

Work the 2nd sleeve edge the same way.

### KNITTED BELT

On 4 mm needles and with 1 strand of each quality held together cast on 11 sts.

**1st row (WS):** P2, \*k1, p1\*, repeat from \* to \* to last st, p1.

**2nd row:** Slip 1 st knit-wise with yarn behind work and work rib as pattern indicates, k2 at end of row.

**3rd row:** Slip 1 st purl-wise with yarn in front of work, work rib as pattern indicates, p2 at end of row.

Repeat 2nd and 3rd row, until the belt measures 150 (155) 160 (165) cm. Finish with a wrong side row.

Bind off sts as indicated on next row (right side).

### Belt straps

Try on the cardigan and place a marker at your side waist point, approx. at the centre of the bound off sts of the armhole bind of.

Join yarn to work, 2 cm below the marked point, and make a 4 cm long crochet chain. Crochet the strap into the cardigan approx. 2 cm over the marked point.

Break yarn and weave in ends thoroughly.

Crochet a matching belt strap on the other side.

### FINISHING

Sew the small seam under each sleeve.

Fold the lower edge at the purled row, use 1 strand of Alva to sew the edge onto the wrong side using loose overcasting sts.

Weave in all ends and wash the cardigan according to washing instructions on the labels and lay it flat to dry on a towel.

Pull the knitted belt through the belt straps.

