Liva - a lovely cardigan with a cabled yoke

Design: Signe Strømgaard

The designer talks about Liva: This design has two of my knitting favorites – cables and a round yoke. My first and biggest knitting love is and will always be cables. I love to knit them, I love to design them, I even love creating the charts for them. When I manage to combine cables with a round yoke, I am a very happy knitwear designer.

5th English edition - October 2019 © Filcolana A/S

Materials

200 (250) 250 (300) 350 g of Peruvian Highland Wool by Filcolana

4 mm circular needle, 60 cm long 5 mm circular needle, 40 and 60 cm long 4 mm and 5 mm double-pointed needles Stitch markers 5 (5) 6 (7) 7 buttons

Red version (photos this page) Colour 345 (Rosewood)

Light blue version (photo page 2) Colour 281 (Rime Frost)

Sizes

2 years/92 cl (3-4 years/104 cl) 5-6 years/116 cl (7-8 years/128 cl) 9-10 years/140 cl

Measurements

Body, chest: 50-55 (55-60) 60-65 (65-70) 70-75 cm Sweater, chest: 62 (66) 72 (76) 80 cm Sleeve length: 25 (30)33 (36) 39 cm Total length: 35 (40) 45 (50) 55 cm

Gauge

16 sts and 26 rows in stockinette stitch on a 5 mm circular needle = 10×10 cm.





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Directions for knitting

Liva is worked from the top down. First the yoke is worked from the chart. Then the stitches are split into sleeves and body and each part is finished separately. Finally the front edges are worked.

Yoke

Cast on 49 (49) 55 (55) 61 stitches on a 4 mm circular needle and work back and forth.

Work chart (see next page) Row 1 is a WS row. The chart is read from left to right on WS rows and right to left on RS rows.

How to read the chart: Work the stitches before the red frame once, then repeat the stitches inside the red frame (the pattern repeat a total of 5 (5) 6 (6) 7 times, then finish the row by working the stitches after the frame once. The dark grey squares are to be completely ignored. The first and last stitch of the chart are edge sts. These are knit on every row. Change to a 5 mm circular needle after Row 6. When all the rows of the chart are worked, there are 148 (148) 168 (168) 188 sts on the needle.

Size 3-4 and 7-8 years: Increase - (14) - (12) - sts evenly across the next row.

There are now 148 (162) 168 (180) 188 sts on the needle.

All sizes: Work sts as they present (knit the knit sts, purl the purl sts) until the work measures 12 (13) 14 (15) 16 cm. End on a WS row.

Divide the work on the next row (RS): Work 20 (22) 24 (26) 27 as they present (= front), place the next 32 (34) 34 (36) 38 sts on a stitch holder (= sleeve), cast on 6 (6) 8 (8) 8 new sts in extension of the sts on the needle, work 44 (50) 52 (56) 58 sts as they present (= back), place the next 32 (34) 34 (36) 38 sts on a stitch holder (= sleeve), cast on 6 (6) 8 (8) 8 new sts in extension of the sts on the needle, work 20 (22) 24 (26) 27 sts as they present (= front).

There are now 96 (106) 116 (124) 128 sts on the needle.

Continue working the sts as they present until the body measures 22 (26) 30 (34) 37 cm from where the sts were divided. End on a WS row.

Row 1 (RS): Knit all sts.

Row 2: Work in pattern as previously. Work Row 1 and 2 a total of 3 times. Work Row 1 once more.

Bind off in pattern on a WS row.

Sleeves

Move the 32 (34) 34 (36) 38 sts for the first sleeve onto 5 mm double-pointed needles. Pick up and knit 3 (3) 4 (4) 4 sts from the mid point out in the newly cast-on sts under the sleeve, work the sleeve sts as they present, pick up and knit another 3 (3) 4 (4) 4 sts on the newly cast-on sts. There are now 38 (40) 42 (44) 46 sts on the needle.

Join in the round and place a marker for the beginning of the round.

Work 2 round as the sts present. Decrease on the next row: P1, p2tog, work to the last 3 sts, p2tog, p1. Continue working the sts as they present, working a decrease row every 8th (8th) 10th (10th) 10th round until there are 26 (28) 30 (32) 34 sts left on the needle - ie. a total of 6 times.

Work straight as established until the sleeve measures 23 (28) 31 (34) 37 cm.

Change to 4 mm double-pointed needles.

Round 1: Knit all st.

Round 2: Work in pattern as previously. Work Round 1 and 2 a total of 3 times. Work Round 1

once more. Bind off in pattern.

Work the second sleeve the same way as the first.

Button edge

Pick up and knit 56 (64) 72 (80) 88 sts along the left front edge using a 5 mm circular needle.

Row 1 (WS): P3, *k2, p2*. Repeat from * to *. End with k2, p3.

Row 2: K3, *p2, k2*. Repeat from * to *. End with p2, k3.

Work Row 1 and 2 a total of 3 times. Bind off in pattern.

Buttonhole edge

Pick up and knit 56 (64) 72 (80) 88 sts along the right front edge using a 5 mm circular needle. **Row 1 (WS):** P3, *k2, p2*. Repeat from * to *. End

with k2, p3. **Row 2:** K3, *p2, k2*. Repeat from * to *. End with p2, k3.

Row 3 (buttonholes, WS): P3, k2tog, yarn over, *work 10 sts in pattern, k2tog, yarn over*. Work from * to * a total of 4 (4) 5 (6) 6 times. End with 3



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 $\mathbf{\hat{O}}$ • × Make 1 purl-wise (only on RS) Purl on the RS, knit on the WS Knit on the RS, purl on the WS

> Slip 2 sts to a cable needle and hold to front of work, k2, k2 from cable needle

Slip 2 sts to a cable needle and hold to back of work, k2, p2 from cable needle

Slip 2 sts to a cable needle and hold to front of work, p2, k2 from cable needle

No stitch

Pattern repeat

p2tog (only on RS)

Page 3

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(11) 7 (3) 11 sts in pattern.Row 4: Work as Row 2.Work Row 1 and 2 once more. Bind off in pattern.

Finishing

Weave in all ends. Sew on the buttons across from the buttonholes. Gently wash the cardigan, pull is into shape and lay it on a flat surface to dry.

