### Lupinus - a lovely, cabled cardigan

#### Design: Signe Strømgaard

The designer tells us: I never grow tired of playing with the many variations of cables, when creating a new design. It becomes an even more special thing when the yarn I am working with is perfect for cables. Pernilla is exactly that – perfectly suited for cable designs.

3rd English edition - January 2020 © Filcolana A/S

#### Materials

300 (350) 350 (400) 450 (500) 500 g of Pernilla by Filcolana in color 808 (Aqua Mist) 4 mm circular needle, 60 cm 4 mm double-pointed needles 4 stitch markers 8 buttons

#### Sizes

XS (S) M (L) XL (2XL) 3XL

#### Measurements

Body, chest: 68-78 (78-88) 88-98 (98-108) 108-118 (118-128) 128-138 cm Sweater, chest: 89 (98) 107 (116) 126 (135) 144 cm Sleeve length: 43 (43) 43 (44) 44 (45) 45 cm Total length: 52 (53) 54 (55) 56 (57) 58 cm

#### Gauge

22 sts and 32 rows in reverse stockinette stitch on 4 mm needles =  $10 \times 10$  cm.

#### **Short rows**

When you turn in the middle of a row to make a short row, it is important to do something to avoid ending up with a hole at the turning point. The most common method is to wrap the working yarn around the next stitch on the needle before turning the work as follows: Hold the yarn to the front of the work, slip the







www.filcolana.dk

# Lupinus

next stitch from left to right hand needle, bring the yarn to the back of the work and slip the stitch back on the left needle. This creates a loop around the next stitch, which will eliminate the hole between the last knit and the first unknit stitch. Now turn the work and continue according to your pattern.

When working the stitch with the loop around it, lift the loop up and over the stitch it belongs to, then work the stitch and the loop together as if it were one stitch.

#### **Directions for knitting**

Lupinus is worked from the bottom up. First the body is worked back and forth to the armholes. Then the sleeves are worked in the round to the armholes. Finally the sleeves and body are joined for the yoke. sidst samles ærmer og krop, og bærestykket strikkes. The front edges are knitted as the very last thing.

#### Body

Cast on 182 (202) 222 (242) 262 (282) 302 sts on a 4 mm circular needle.

Row 1 (WS):  $k^2$ ,  $p^2$ . Repeat from to \* to the last 2 sts. End with k2.

<u>Row 2</u>: K1, p1, \*k2, p2\*. Repeat from \* to \* to the last 4 sts. End with k2, p1, k1.

Repeat Row 1 and 2 another 2 times. Work Row 1 one last time.

Next row (RS): K1, \*p1, k6, M1, k6, M1, k6, p1\*. Repeat from \* to \* to the last stitch, k1.

There are now 200 (222) 244 (266) 288 (310) 332 sts on the needle.

Work in the charted pattern on the next row (WS). The first and last stitch are edge sts, which are not charted. Knit the edge sts on every row.

When every row of the chart has been worked, there are 182 (202) 222 (242) 262 (282) 302 sts on the needle.

Work 4 rows straight in reverse stockinette stitch



(purl of the RS, knit on the WS). Continue to work the edge sts on every row. End on a RS row.

#### Short rows

<u>Short row 1 (WS)</u>: Knit 133 (147) 161 (175) 189 (205) 217 sts, turn. <u>Short row 2</u>: Purl 84 (92) 100 (108) 116 (128) 132 sts, turn. <u>Short row 3</u>: Knit to 4 (4) 5 (5) 5 (6) 6 sts before the last turn, turn. <u>Short row 4</u>: Purl to 4 (4) 5 (5) 5 (6) 6 sts before the

Short row 4: Purl to 4 (4) 5 (5) 5 (6) 6 sts before the last turn, turn.

Work Short row 3 and 4 another 3 times.

Continue in reverse stockinette stitch, while placing the following markers: Work 44 (50) 53 (59) 63 (68) 74 sts, place a marker, work 94 (102) 116 (124) 136 (146) 154 sts, place a marker, work 44 (50) 53 (59) 63 (68) 74 sts.

Continue until the work measures 28 cm, measured along the front edge. End on a RS row.

<u>Next row (WS)</u>: \*Knit to 5 sts before marker, M1, knit to 5 sts after marker, M1\*. Repeat from \* to \* once more, knit to end of row.

Work an increase as established every 8th row another 2 times. There are now 194 (214) 234 (254) 274 (294) 314 sts on the needle. Work straight in reverse stockinette stitch until the body measures 34 cm (all sizes), measured along the front edges. End on a RS row.

Bind off for the armholes on the next row (WS): \*Knit to 5 (5) 6 (6) 6 (7) 7 sts before the marker, bind off the following 10 (10) 12 (12) 12 (14) 14 sts\*. Repeat from \* to \* once more, knit to end of row.

#### Sleeves

Cast on 48 (52) 52 (56) 60 (64) 68 sts on 4 mm double-pointed needles. Join in the round and place a marker for the beginning of the round. Work 7 round of ribbing as follows: <u>Sizes XS (-) - (L) - (2XL) - rib</u>: K1, \*p2, k2\*. Repeat from \* to \*. End with k1. <u>Sizes - (S) M (-) XL (-) 3XL rib</u>: P1, \*k2, p2\*. Repeat from \* to \*. End with p1.

Work increases and place markers on the next round: Purl 14 (16) 16 (18) 20 (22) 24 sts, place a marker, p1, k6, M1, k6, M1, k6, p1, place a marker, purl to end of round. There are now 50 (54) 54 (58) 62 (66) 70 sts on the needle.

<u>Next round</u>: Purl to marker, work in charted pattern across the 22 sts between the 2 marker, purl to end of round.

Continue as established until all rows of the chart have been worked. Then continue in reverse stocki-





www.filcolana.dk

## Lupinus

8 8

7 6

5432

#### Chart • • ٠ ٠ ٠ • • ٠ ٠ . ٠ ٠ • • ٠ ٠ ٠ ٠ ٠ ٠ • ٠ ٠ ٠ ٠ ٠ • ٠ ٠ • ٠ ٠ ٠ • • • • • • • • • • • • Slip 1 stitch to a cable needle and hold to front of work, k1, k1 from cable needle 🗹 p2tog • Slip 2 sts to a cable needle and hold to front of work, k1, k2 from cable needle $\sum A$ Slip 1 stitch to a cable needle and hold to back of work, k1, k1 from cable needle $\mathbb{N}$ 2/2 Slip 1 stitch to a cable needle and hold to back of work, k2, k1 from cable needle Slip 2 sts to a cable needle and hold to back of work, k2, k2 from cable needle Slip 3 sts to a cable needle and hold to back of work, k3, k3 from cable needle Slip 3 sts to a cable needle and hold to front of work, k3, k3 from cable needle Slip 3 sts to a cable needle and hold to front of work, k2, k3 from cable needle Slip 4 sts to a cable needle and hold to back of work, k4, k4 from cable Slip 4 sts to a cable needle and hold to front of work, k3, k4 from cable needle p on the RS, k on the WS k on the RS, p on the WS Slip 2 sts to a cable needle and hold to front of work, k2, k2 from cable needle Slip 2 sts to a cable needle and hold to back of work, k3, k2 from cable needle Slip 3 sts to a cable needle and hold to back of work, k4, k3 from cable needle Slip 4 sts to a cable needle and hold to front of work, k4, k4 from cable needle Slip 5 sts to a cable needle and hold to front of work, k4, k5 from cable needle Slip 4 sts to a cable needle and hold to back of work, k5, k4 from cable Slip 5 sts to a cable needle and hold to back of work, k5, k5 from cable Slip 5 sts to a cable needle and hold to front of work, k5, k5 from cable needle

Lupinus

nette stitch across all sts.

At the same time work an increase after the first and before the last stitch of every 10th (9th) 8th (7th) 6th (6th) 6th round a total of 12 (12) 14 (17) 19 (21) 22 times. There are now 74 (78) 82 (92) 100 (108) 114 sts on the needle.

Work straight until sleeve measures 43 (43) 43 (44) 44 (45) 45 cm.

<u>Next round</u>: Purl to the last 5 (5) 6 (6) 6 (7) 7 sts before the marker, bind off the following 10 (10) 12 (12) 12 (14) 14 sts.

Work the second sleeve the same way as the first.

#### Yoke

Join the sleeves to the body on the circular needle over where sts were cast on for the armholes on either side of the body. There are now 302 (330) 350 (390) 426 (454) 486 sts on the needle. Continue in reverse stockinette stitch, still knitting the first and last stitch knit on every row. Work 10 (10) 10 (10) 12 (14) 14 rows straight.

Decrease row 1 (RS): Purl 5 (4) 4 (4) 5 (4) 5 sts, \*p2tog, p3\*. Repeat from \* to \*. End with p2tog, purl 5 (4) 4 (4) 4 (3) 4 sts. There are now 243 (265) 281 (313) 342 (364) 390 sts on the needle.

Work 11 (13) 13 (15) 15 (15) 17 rows straight.

Decrease row 2 (RS): Purl 4 (3) 3 (3) 4 (3) 4 sts, \*p2tog, p2\*. Repeat from \* to \*. End with p2tog, purl 5 (4) 4 (4) 4 (3) 4 sts. There are now 184 (200) 212 (236) 258 (274) 294 sts on the needle.

Work 11 (13) 13 (15) 15 (15) 17 rows straight.

Decrease row 3 (RS): Purl 3 (3) 3 (3) 2 (3) 2 sts, \*p2tog, p1\*. Repeat from \* to \*. End with p2tog, purl 2 (3) 3 (3) 2 (2) 2 sts. There are now 124 (135) 143 (159) 173 (184) 197 sts on the needle.

Work 5 (5) 5 (7) 7 (7) 9 rows straight.

#### **Short rows**

<u>Short row 1 (RS)</u>: Purl to the last 26 (30) 32 (36) 38 (40) 42 sts on the needle, turn.

<u>Short row 2</u>: Knit to the last 26 (30) 32 (36) 38 (40) 42 sts on the needle, turn.

<u>Short row 3</u>: Purl to the last 4 (4) 5 (5) 5 (6) 6 sts before the last turn, turn.

<u>Short row 4</u>: Strik r til 4 (4) 5 (5) 5 (6) 6 sts before the last turn, turn.

Work Short row 3 and 4 another 2 (2) 2 (2) 3 (3) 3 times.

Now work back and forth reverse stockinette stitch across all sts. At the same time bind off sts at the beginning of every row. First bind off 1 sts off at the beginning of every row a total of 4 times. Then bind off 2 sts off at the beginning of every row a total of 2 times. There are now 116 (127) 135 (151) 165 (176) 189 sts on the needle.

Decrease row 4 (RS): Purl 13 (7) 5 (6) 2 (18) 12 sts, \*p2tog, purl 1 (1) 1 (1) 1 (0) 0 stitch\*. Repeat from \* to \*. End with p2tog, purl 14 (7) 5 (5) 2 (18) 13 sts. There are now 86 (89) 93 (104) 111 (106) 107 sts on the needle.

Purl 1 row. Break the yarn.

#### Edge

Pick up and knit 94 (96) 98 (100) 102 (104) 106 sts along the right front edge with a 4 mm circular needle, then pick up and knit 1 stitch for every bound off sts along the right rounded edge of the neck as follows: 1 stitch, place a marker, 3 sts, place marker, k2 (a total of 6 sts), knit across the 86 (89) 93 (104) 111 (106) 107 sts on the needle, pick up and knit 1 stitch for every bound off sts along the left rounded edge of the neck as follows: 2 sts, place a marker, 3 sts, sæt markør, 1 stitch, place a marker, ten pick up and knit 94 (96) 98 (100) 102 (104) 106 sts along the left front edge. There are now 286 (293) 301 (316) 327 (326) 331 sts on the needle.

Row 1 (WS): Knit all sts.

<u>Row 2</u>: \*Knit to marker, slip marker, yarn over, knit to marker, yarn over, slip marker\*. Work from \* to \* once more, knit to end of row.

<u>Row 3</u>: Knit all sts, knit yarn overs through the back loop.

<u>Row 4 - buttonholes</u>: K13, \*k2tog, yarn over, knit 11 (11) 11 (11) 12 (12) 12 sts\*. Repeat from \* to \* a total of 7 times, yarn over, k2tog, knit to end of row. <u>Row 5</u>: Knit all sts.

Row 6: Knit all sts.

Bind off all sts knit-wise on the next row (WS).

Weave in the ends and sew on the buttons across from the buttonholes.

