## AlVa - a cardigan with cables

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The rib edges of this classic cardigan transitions in the most beautiful way into the simple cables. The idea for "Alva" started with the yarn itself: Peruvian Highland Wool, which is just amazing to knit cables with. The yarn is the perfect combination of light, firm and springy and cables always come out smooth and even.

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## Materials

500 (500) 550 (600) 600 g of Peruvian Highland Wool by Filcolana in color 815 (lavender grey melange) 5 mm circular needle, 32 inches long
5 mm double-pointed needle
6 markers for the cables
4 markers for the raglan

## Sizes

S (M) L (XL) 2XL

## Measurements

Body, chest:
78-88 (88-98) 98-108 (108-118) 118-128 cm
Sweater, chest: 92 (102) 112 (122) 132 cm
Sweater, hem: 95 (105) 115 (125) 135 cm
Sleeve length: 44 (45) 46 (46) 46 cm
Total length: 57 cm

## Gauge

16 sts and 25 rows in stockinette stitch on 5 mm needle $=10 \times 10 \mathrm{~cm}$.

## Special abbreviations

M1k: Make 1 knitwise by lifting the chain between sts onto the left needle and knitting it through the back loop.


M1p: Make 1 purlwise by lifting the chain between sts onto the left needle and purling it though the back loop.

## Directions for knitting

The cardigan is worked from the bottom up. The body is worked back and forth in one piece to the armholes. Then the sleeves are knit. Body and sleeves are then joined and the yoke is worked with raglan decreases. Halfway through the yoke, stitches on each front are placed on stitch holders. Then stitches are bound off on either front to shape the neck edge. The final part of the yoke is the rib edge which continues in extension of the cable pattern. At the very end the front edges with buttonholes are worked.

## Body

Cast on 156 (172) 188 (204) 220 sts on a 5 mm circular needle and work back and forth in ribbing:
Row 1 (WS): P3, *k2, p2*. Repeat from * to *. End with k2, p3.
Row 2 (RS): K3, *p2, k2*. Repeat from * to *. End with p2, k3.
Repeat Row 1 and 2 until the work measures 5 cm . End on a WS row.

## Start pattern

Row 1 (RS): K3, p1, M1p, place a marker and work the first Start Row (S1) of Chart A, place a marker for end of Chart, M1p, p1, *k2, p2*. Work from * to * a total of 7 (9) 11 (13) 15 times. K2, p1, M1p, place a marker and work the first Start Row (S1) of Charts A $+B+A$, place a marker for end of Charts, M1p, p1, *k2, p2*. Work from * to * a total of 7 (9) 11 (13) 15 times. k2, p1, M1p, place a marker and work the first Start Row (S1) of Chart A, place a marker for end of Chart, M1p, p1, k3. (= 26 sts increased)
There are now 182 (198) 214 (230) 246 sts on the needle.
Row 2 (WS): P3, k2, work the second Start Row (S2) of Chart A, knit to next marker, work the second Start Row (S2) of Charts A + B + A, knit to next marker, work the second Start Row (S2) of Chart A, k2, p3.
Row 3: K3, p2, work next row of Chart A, purl to next marker, work next row of Charts $A+B+A$, purl to next marker, work next row of Chart A, p2, k3.
Row 4: P3, k2, work next row of Chart A, knit to next marker, work next row of Charts $A+B+A$, knit to next marker, work next row of Chart A, k2, p3. Work Row 3 and 4 until the work measures 17 cm . The Start Rows are now worked again, but the pattern report (the rows within the red frame) are repeated.
Chart A and Chart B do not have the same number of rows, so the charts are worked separately.

Continue as established above while at the same time working a decrease row every 6th row a total of 4 times:
Decrease Row (WS): P3, k2, work next row of

Chart A, k1, k2tog, knit to 3 sts before next marker, ssk, $k 1$, work next row of Charts $A+B+A, k 1$, k2tog, knit to 3 sts before next marker, ssk, k1, work next row of Chart A, k2, p3. (= 4 sts decreased). There are now 166 (182) 198 (214) 230 sts on the needle.

Work 5 rows straight in reverse stockinette stitch with cables, then work an increase row every 6th row a total of 3 times:
Increase Row (WS): P3, k2, work next row of Chart A, k1, M1k, knit to 1 stitch before next marker M1k, k1, work next row of Charts $A+B+A, k 1, M 1 k$, knit to 1 stitch before next marker, M1k, k1, work next row of Chart A, k2, p3. (= 4 sts increased)
There are now 178 (194) 210 (226) 242 sts on the needle.

Work straight in reverse stockinette stitch with cables until Chart A has been knit a total of 10 (10) 9 (9) 9 times, and there have been knit 5 (3) 7 (5) 1 rows on the next pattern repeat.
Chart $B$ has now been knit 6 (5) 5 (5) 5 times, and 1 (13) 9 (7) 3 rows have been knit of the next pattern repeat.
A total of 85 (83) 79 (77) 73 rows have been knit in pattern (after the start rows) and the work measures approx. 39 (38) 36 (35) 34 cm .

Bind off for the armholes (WS): P3, k2, work next row of Chart A, knit 13 (17) 20 (24) 27, bind off the next 8 (8) 10 (10) 12 sts purlwise, knit until there are 11 (15) 18 (22) 25 sts after the bound off sts, work next row of Charts $A+B+A$, knit 11 (15) 18 (22) 25 $r$, bind off the next 8 (8) 10 (10) 12 sts purlwise, knit until there are 13 (17) 20 (24) 27 sts after the bound off sts, work next row of Chart A, k2, p3.

## Sleeves

Cast on 36 (36) 36 (40) 40 sts on 5 mm double-pointed needles. Join in the round and place a marker for the beginning of the round.
Ribbing size S (M) L: K1, *p2, k2*. Repeat from * to *. End with p2, k1.
Ribbing size (XL) 2XL: P1, *k2, p2*. Repeat from * to *. End with k2, p1.

All sizes: Continue in ribbing until the work measures 4 (4) 5 (6) 7 cm .

## Start pattern

Round 1: Purl 10 (10) 10 (12) 12, M1p, place a marker and work first Start Row of Chart A, place a marker for end of Chart, M1p, purl 10 (10) 10 (12) 12. (= 6 m increased)

There are now 42 (42) 42 (46) 46 sts on the needle. Round 2: Purl to marker, work the second Start Row of Chart A, purl to end of round.
Round 3: Purl to marker, work next row of Chart A, purl to end of round.

Continue as established, working Chart A between markers and purling all other sts until the sleeve measures 8 cm .

Increase round: P1, M1p, purl to marker, work next row of Chart A, purl to last stitch of round, M1p, p1.

Work an increase round every 8th (7th) 6th (6th) 5th round until there are 64 (66) 72 (76) 80 sts on the needle, ie. 11 (12) 15 (15) 17 times.

Continue straight in pattern until Chart A has been worked 11 times and there have been knit 5 (3) 7 (5) 1 rows on the next pattern repeat. The sleeve now measures approx. 44 (45) 46 (46) 46 cm .
Next round: Purl to marker, work next row of Chart A, purl to the last 4 (4) 5 (5) 6 sts, bind off the next 8 (8) 10 (10) 12 sts purlwise.

Let the sleeve rest and knit a second sleeve the same way.

## Yoke

Join body and sleeve on the circular needle, placing the sleeves over where stitches on the body were bound off for the armholes. There are now 274 (294) 314 (338) 354 sts on the needle. Place marker the 4 places where body and sleeves meet.
Row 1 (RS): K3, p2, work next row of Chart A, purl to the last stitch on the front, k1, slip marker, knit the first stitch on the sleeve, purl to the chart marker on the sleeve, work next row of Chart A (some row as on fronts and back), purl to the last stitch on the sleeve, k1, slip marker, knit the first stitch on the back, purl to the chart marker, work next row of Charts $\mathrm{A}+\mathrm{B}+$ A, purl to the last stitch on the back, k1, slip marker, knit the first stitch on the second sleeve, purl to the chart marker, work next row of Chart A, purl to the last stitch on the sleeve, k1, slip marker, knit the first stitch on the front, purl to the chart marker, work next row of Chart A, p2, k3.
Row 2 (WS): P3, k2, work next row of Chart A, knit to 3 sts before raglan marker, ssk, p1, slip marker, p1, k2tog, knit to chart marker, work next row of Chart A, knit to 3 sts before raglan marker, ssk, p1, slip marker, p1, k2tog, knit to chart marker, work next row of Charts $A+B+A$, knit to 3 sts before raglan marker, ssk, p1, slip marker, p1, k2tog, knit to chart marker, work next row of Chart A, knit to 3 sts before raglan marker, ssk, p1, slip marker, p1, k2tog, knit to chart marker, work next row of Chart A, k2, p3.
Work Row 1 and 2 a total of 8 (9) 7 (8) 10 times, ending on Row 6 of Chart A. There are now 210 (222) 258 (274) 274 sts on the needle.

Place the first 25 (25) 26 (27) 27 sts from each front on stitch holders. Break the yarn.
Begin knitting from the RS on the sts right after the resting sts on the stitch holder. Work back and forth in reverse stockinette with cables and with decreases
on the WS rows.
Work 14 (12) 20 (22) 22 rows as established while binding off sts for the neck edge at the same time: Work the first row (RS) straight, then bind off 2 sts at the beginning of the next 0 (2) 2 (4) 4 rows. Then bind off 1 stitch at the beginning of the next 4 (4) 10 (10) 10 rows.

Bind off 1 sts at the beginning of the next 2 rows, while omitting the raglan decreases before the first and after the last raglan marker.
Remove the 2 front raglan markers. Only work raglan decreases at he 2 remaining (back) raglan markers and continue binding off 1 stitch at the beginning of the row until a total of 14 (12) 20 (22) 22 rows have been worked since placing the front sts on holders.

Size M only: When the 12 rows have been worked, work 2 more rows straight without raglan decreases.

AT THE SAME TIME (all sizes): When Chart A has been worked a total of 12 (13) 13 (13) 13 times on the back, the finishing chart row for Chart A (marked with $x$ in the chart) is worked on both sleeves and back. Then Chart B is worked to Row 10 on the back, after which the finishing row is worked for Chart B as well. When the finishing row has been worked, the sts from the chart are worked at they present (knit the knit sts and purl the purl sts).
Size S, M and L only: When the raglan decreases starting "eating at" the cables, the decreases are worked as p2tog instead of k2tog and ssk.

There are now 90 (102) 100 (102) 102 sts on the needle.

## Neck edge

Place the 25 (25) 26 (27) 27 sts from each front back on the needle, Start knitting at the right front edge and work the finishing chart row for Chart A (marked with x ). The pick up and knit 15 (25) 19 (19) 19 sts along the bound off sts on the right front.
As can be seen in the photos, the cable pattern transitions into the ribbing. You might need to adjust the number of sts on back and shoulder to make sure that the sts match up and make the transition look smooth.
In other words: Work k2, p2 ribbing across back and shoulders. Decrease sts if necessary to make the ribbing add up. End with p2. Pick up and knit 15 (25) 19 (19) 19 sts along the bound off sts of the left front. Work the last sts of the front in pattern, working the finishing row of Chart A.
Work back and forth in ribbing until the neck edge measures 4 cm .
Bind off: Bind off maskerne langs forstykkerne af i rib. Strik maskerne på skuldre og ryg sammen 2 og 2 før de lukkes af. Dette skaber en god fast kant, der ikke bliver for vid.

## Button Edge

Pick up and knit 76 sts along the left front edge using

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a 5 mm circular needle.
Row 1 (WS): P3, *k2, p2*. Repeat from * to *. End with k2, p3.
Row 2 (RS): K3, *p2, k2*. Repeat from * to *. End with p2, k3.
Work Row 1 and 2 a total of 4 times. Work Row 1 once more. Bind off in pattern.

## Buttonhole Edge

Pick up and knit 76 sts along the right front edge using a 5 mm circular needle.
Row 1 (WS): P3, *k2, p2*. Repeat from * to *. End with k2, p3.
Row 2 (RS): K3, *p2, k2*. Repeat from * to *. End with p2, k3.

Row 3: Work as Row 1.
Row 4: Work as Row 2.
Row 5 (buttonholes, WS): P3, *k2tog, yarn over, work 10 sts in pattern*. Work from $*$ to $*$ a total of 6 times, p1.
Work Row 2-4 once more. Work Row 1 one more time. Bind off in pattern.

## Finishing

Weave in the ends and sew the holes under each sleeve. Sew the buttons on across from the buttonholes.

Chart A



Chart B


Knit on the RS


Slip 2 sts to a cable needle and hold to back, k2, knit the 2 sts from the cable needle
Purl on the WS
(2) M1p
p2tog


Slip 2 sts to a cable needle and hold to back, k2, purl the 2 sts from the cable needle

Slip 2 sts to a cable needle and hold to front, p2, knit the 2 sts from the cable needlePattern repeatNo stitch

