Knas - a Christmas elf boy

Design: Vibeke Warthoe

A soft and cuddly doll with Christmas elf clothes, for both decoration and play at Christmas time. Knas could quite easily be transformed to a toy for all seasons, if you knitted her a set of clothes in different colors. Knas has a girlfriend named Trille. Trille's pattern can be downloaded separately.

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Materials for doll and clothes

50 g of Merci by Filcolana in color 1130 (skin color) Arwetta Classic by Filcolana: 15 g in color 147 (dark green), 15 g in color 220 (light green), 50 gin color 139 (dark red), 10 g in color 203 (light brown), 20 g in color 990 (grey melange). Scraps in color 138 (red) and 102 (black) for the face 2, 2½ and 3 mm needles 3 mm double-pointed needles (for the hat) Two 2 mm double-pointed needles Wool needle A 15 cm long doll needle Stuffing (machine washable)

Measurements

Height: 40 cm (without hat) Circumference around belly: 24 cm

Gauge

Arwetta Classic: 32 sts and 40 rows in stockinette stitch on $2\frac{1}{2}$ mm needles = 10×10 cm (body). Arwetta Classic: 30 sts and 38 rows in stockinette stitch on 3 mm needles = 10×10 cm (clothes). Merci: 30 sts and 38 rows in stockinette stitch on $2\frac{1}{2}$ mm needles = 10×10 cm (body and head).







Special abbreviations

 $\underline{\text{M1}}$: Make 1 - increase one stitch by lifting the chain between sts onto the left needle and knitting it through the back loop.

<u>Skp</u>: slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit one.

Directions for knitting

All parts of the body (and most of the clothes) are knit back and forth on two needles and seamed together afterwards. If you choose to work in the round instead, do remember to leave a slit in the back for stuffing the doll. he two top stripes on the arms must also be worked flat for the same reason.

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The parts are seamed from the RS using mattress stitch.

Legs, body and head

Right leg: *Cast on 40 sts on 2½ mm needles using skin colored Merci (do not cast on too tightly!).

Row 1 (RS): Knit into the front and back of every stitch (= 80 sts on the needle).

Work 21 rows in stockinette stitch, starting with a WS row*.

Next row (RS): k8, [k2tog]. Repeat from [to] a total of 24 times, k24 (= 56 sts on the needle). Purl 1 row.

Next row (RS): k6, [k2tog]. Repeat from [to] a total of 14 times, 22 r (= 42 sts on the needle).

Work 49 rows in stockinette stitch, starting with a WS row. The leg is finished. Break the yarn and place the sts on a stitch holder.

Left leg: Work the same as the right leg from * to *. Next row (RS): k24, [k2tog]. Repeat from [to] a total of 24 times, k8 (= 56 sts on the needle). Purl 1 row.

Next row (RS): k24, [k2tog]. Repeat from [to] a total of 14 times, k6 (42 sts on the needle). Finish the same way as the right leg. Break the yarn.

Body: Begin from the RS using the dark green Arwetta Classic: Knit the 42 sts of the left leg, then knit the 42 sts of the right leg (= 84 sts on the needle). Work 3 rows in stockinette stitch, starting with a WS row.

Continue in stripes, woking in alternating 4-row stripes of dlightark green and dark green for a total of 14 stripes. Break the light green yarn.

Continue in dark green while working decreases for the shoulders on the next row (RS): k12, [k2tog]. Repeat from [to] a total of 10 times, k20, [k2tog]. Repeat from [to] a total of 10 times, k12 (= 64 sts on the needle).

Work 3 rows in stockinette stitch, starting with a WS row. Break the dark green yarn.

Head: Change to the skin colored Merci and work 2 rows in stockinette stitch.

Next row (RS): K16, knit into the front and back of the next 32 sts, k16 (= 96 sts on the needle). Work 45 rows in stockinette stitch, starting with a WS row.

Next row (RS): K2tog a total of 48 times (= 48 sts on the needle).

Purl 1 row.

Next row (RS): K2tog a total of 24 times (= 24 sts on the needle).

Break the yarn leaving a long tail and thread the tail onto a wool needle. Sew through all the sts on the needle, let them fall off the needle and pull to tighten. Weave in the end.

Arms: Cast on 20 sts using 2½ mm needles and the skin colored Merci.



Row 1 (RS): Knit into the front and back of every stitch (= 40 sts on the needle).

Work 17 rows in stockinette stitch, starting with a WS row.

Break the yarn and change to Arwetta Classic, starting with the dark green and working in alternating 4-row stripes of dark green and light green the same way as for the body for a total of 13 stripes. Break the dark green yarn and work one last stripe in the light green:

Work 2 rows in stockinette stitch.

Next row (RS): K2tog a total of 20 times (= 20 sts on the needle).

Bind off purl-wise on the next row. Work the second arm in the same way.

Nose: Cast on 6 sts using $2\frac{1}{2}$ mm needles and the skin colored Merci.

Row 1 (RS): Knit into the front and back of every stitch (= 12 sts on the needle).

Work 9 rows in stockinette stitch, starting with a WS row.

Next row: K2tog to end of row (= 6 sts on the needle). Break the yarn and pull the end though the remaining sts on the needle, pull to tighten. Weave in the end.

Fininishing

Body: Weave in ends and sew the seams on head, back and legs from the RS. Leave an opening in the back. Turn the legs inside out and sew the bottom of the feet together by holding the two sides right sides together and using back stitch. Sew so the work puckers at both ends to give the feet a rounded heel and toe. Turn legs and feet right side out. Stuff legs, body and head firmly and sew up the remaining seams.

Neck: Begin at the center of the back with a wool needle threaded with 2 strand of the skin colored Merci. Sew around the first row of the head, sewing alternately over and under the stitch. Pull and tighten the stitches to achieve a suitable neck width, tie a knot

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and carefully weave in the ends at the neck seam.

Ankles: Using the same method as on the neck, sew along the first row of the leg (after the decreases at the instep). Pull tight, tie a knot and weave in the ends.

Arms: Sew the sides of arm and hand together from the RS. Before sewing the top part of the arm, turn the work inside out and sew the tip of the hand the same way as the feet.

Stuff the arms, but no too firmly - they need to be bendable! Finish sewing the top of the arm. Wrist: Using the same method as for the neck and ankles, sew along the last row before the stripes. Sew the tops of the arms to the sides of the body at shoulder height, so the stripes match and sew the seams at the tops of the arms at the same time.

Face

The elf's nose and facial expression can be sewn and embroidered on with a wool needle, but the finishing touches are best made with the 15 cm long doll needle. Thread each end onto the needle and sew through to the back of the head, where the end is woven in. The ends will be hidden by the hair.

Nose: Sew through the 3 other edges of the nose using the end and pull. Lightly stuff the nose and pull the hole tight so the nose becomes ball shaped. Place the nose at the center of the face (approx. 6 cm above the neck) and sew it on. Weave the ends in through the head and out again at the top of the head (here you need the long needle).

Eyes: You need approx. 90 cm of black Arwetta Classic for each eye. Hold the yarn double and make a loop (eg. around 4 fingers of one hand), then put one end through the loop the same way as you would when tying a normal knot, but do it 5-6 times. Gently pull both ends of the yarn at the same time to tighten the knot into an oval shape.

The eyes are placed vertically approx. 6 cm apart, centered above the nose. Each eye is sewn in with a couple of vertical stitches on either side of the eye using each of the 2 ends of yarn. The ends are then threaded onto the doll needle and pulled through to the top of the head. Pull the threads so tightly that the eyes sinks slightly into the face.

Mouth: Split the red Arwetta Classic into two thinner threads and use these to embroider the mouth in back stitches. The mouth is a happy half circle.

Hair: Wrap yellow yarn 100 times around a book or a piece of cardboard 11-12 cm wide. Cut all of the loops of yarn along one side. Each thread is now approx. 20-22 cm long (since the yarn pulls a bit shorter when cut). Tie one length of the yarn tightly around the center of the remaining strands. Place the "wig" on top of the head and comb it through using your

fingers so all of the hair "radiates out" from the center (including a fringe, but no middle parting!). Sew the center of the hair to the top of the head, then sew a circle of back stitches around the center. Make more hair to cover the back of the neck by wrapping yellow yarn 48 times around a book or a piece of cardboard approx. 8 cm wide. Cut along one side. The strands are approx. 15 cm long. Attach the hairs folded in half and two at a time, approx. 3 cm higher than the hairline made by the first hair using a crochet hook. Secure each little bundle of hairs the same way as a fringe on a scarf. Begin at the centre of the neck and attach them to every other stitch.

Carefully smooth the hair using steam from a steam iron (without the iron touching the yarn), or hold the head and hair over a pot of steaming, boiling water. Trim the length.

Clothes

Hat: Cast on 96 sts using the dark red Arwetta Classic and 2 mm needles. Work back and forth in k1, p1 ribbing (or work in the round, if you prefer). Work a total of 25 rows of ribbing. Join in the round and continue in stockinette stitch on 3 mm needles. Place a marker for the beginning of the round and another after 48 sts.

Work 4 rounds of stockinette stitch

Decrease on the next round: [K1, skp, knit to 3 sts before the next marker, k2tog, k1, slip marker]. Repeat from [to] once more.

Continue working decreases as above every other round until there are 8 sts left on the needle. Strik endnu 1 omg, Break the yarn og træk gennem de sidste m.Knit 1 more round, break the yarn and pull it through the remaining sts on the needle.

Finishing: Sew up the seam on the rib edge from the RS (if you knit it flat, that is). Weave in the ends.

Ragsocks: Cast on 40 sts using 3 mm needle and the grey Arwetta Classic.

Row 1 (RS): Knit into the front and back of every stitch (= 80 sts on the needle).

Work 21 rows in stockinette stitch, starting with a WS row

Next row (RS): k16, [k2tog]. Repeat from [to] a total of 24 times, k16 (= 56 sts on the needle). Purl 1 row.

Next row (RS): k14, [k2tog]. Repeat from [to] a total of 14 times, k14 (= 42 sts on the needle). Purl 1 row.

Next row (RS): Work k1, p1 ribbing using two strand of yarn held together (still on 3 mm needles). Work another 8 rows in ribbing. Bind off in pattern (from the WS).

Work the second sock in the same way. Finishing: Sew the sock together from the RS. Sew the bottom of each sock together the same way as the dolls feet.

Trousers: Cast on 58 sts with the dark red Arwetta

Classic using 2 mm needles for the right trouser leg. Work back and forth, starting with 7 rows of garter stitch for the edge (the first row is a WS row). Next row (RS): Change to 3 mm needles, k1, M1, knit to the last stitch, M1, k1 (= 60 sts on the needle).

Work 39 rows in stockinette stitch, starting with a WS row.

Bind off 2 sts for the crotch at the beginning of the next 2 rows (= 56 sts on the needle).

Decrease on the next row (RS): K1, k2tog, knit to the last 3 sts, skp, k1. Purl 1 row.

Repeat from * to * twice (= 50 sts on the needle). Work 20 rows in stockinette stitch. Break the yarn and place the sts on a stitch holder.

Knit the left trouser leg the same way. Join the two legs with a rib edge.

Rib edge, Row 1 (RS): Work k1, p1 ribbing across left trouser leg, but knit the 2 last sts together. Continue in k1, k1 ribbing across the right trouser leg, but purl the first 2 sts together (= 98 sts on the needle). Work 3 more rows in ribbing.

Eyelet row (RS): K1, [p1, k1, yo, k2tog]. Repeat from [to]. End with p1.

Work another 3 rows of ribbing, knitting the yos on the first row, then bind off in pattern from the WS. Cord: Using two 2 mm double-pointed needles (or thinner). Cast on 4 sts, knit 1 row, *do not turn the work, but slide the sts to the other end of the needle, pull the yarn tightly along the back of the stitches and knit 1 more row*. Repeat from * to * until you have an approx. 50 cm long cord. Break the yarn and pull it through the sts on the needle. Weave in the ends. Finishing: Sew the seams of both trouser legs as well at the crotch seam and the ribbing. Pull the cord through the eyelets beginning and ending mid front. Optional: secure the cord with a few stitches at the center of the back.

Dress your elf!

